CROSSWORDS \$1









• FREE ENTRY •

KIDS WELCOME (accompanied)

Music 4pm – 8pm •

Food served 4.30 pm - 8pm: Bain-Marie & A la Carte

Volume 21 Issue 21 15 October 2020



The Crosswords is produced by the Southern Cross CRC, PO Box 178, Canopus St, Southern Cross WA 6426 Phone: 08 9049 1688 Fax: 08 9049 1686 Email: crc@yilgarn.wa.gov.au

Crosswords Disclaimer:

The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

Shire of Yilgarn Emergency information hotline Call (08) 9487 8777

for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

Southern Cross Landfill Times

The Tip Shop will also be open during the below hours.

| Monday | 1:00pm to 4:00pm |
|-----------|-------------------|
| Tuesday | 1:00pm to 4:00pm |
| Wednesday | Closed |
| Thursday | Closed |
| Friday | 1:00pm to 4:00pm |
| Saturday | 10:00am to 4:00pm |
| Sunday | 10:00am to 4:00pm |

\$8.00

Crosswords Advertising Rates 2020/21 (as of 1 July 2020)

| Business Advertisements (Business premises outside of the Shire | Black | | Colour | |
|--|----------------|---------------------|----------------|---------------------|
| of Yilgarn) | No Typesetting | With Typesetting | No Typesetting | With Typesetting |
| Full Page (A4) | \$35.00 | \$55.00 | \$160.00 | \$180.00 |
| 1/2 Page (A5) | \$20.00 | \$30.00 | \$90.00 | \$100.00 |
| 1/4 Page | \$15.00 | \$25.00 | \$50.00 | \$60.00 |

Local Business and Non-Profit Organisations Advertisements

(Business premises within the Shire of Yilgarn)

| Full Page (A4) | \$30.00 | \$50.00 | \$130.00 | \$160.00 |
|----------------|---------|---------|----------|----------|
| 1/2 Page (A5) | \$15.00 | \$18.00 | \$70.00 | \$90.00 |
| 1/4 Page | \$10.00 | \$15.00 | \$35.00 | \$40.00 |

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines)

Advert size specifications for Crosswords (W x H)

| 1/4 page vertical | 90mm x 120mm | , | * |
|----------------------|--|--------|----------|
| 1/4 page horizontal | 180mm x 60mm | ★ | * |
| 1/2 page vertical | 90mm x 270mm | | * |
| 1/2 page horizontal | 180mm x 120mm | | * |
| A4 Full page | 180mm x 270mm | | |
| A5 adverts which are | not horizontal will be displayed in print on their side to ensure no m | odific | ation to |
| advertisements. | | | |
| | | | |







"good country for hardy people"



SOUTHERN CROSS OVAL

SPRINC CARNIVAL

Saturday, 24th October 2020 10am to 3pm

Bouncy castles, stalls, food and fun! Some stalls include: ENVY Jewellery, Tupperware, Soft Serve Ice Cream & Slushies, Cakes, Jams & Relishes, Homemade crafted items and more!



For more information or to book a stall, contact Monica or Jodie at the Shire of Yilgarn: 9049 1001 or the CRC: 9049 1688



DON'T FORGET! Crosswords' submissions close every 2nd Tuesday at 12.00 noon

2020 Publishing Dates

| Deadline 12 noon | Publishing Date |
|------------------|-----------------|
| 27/10/2020 | 29/10/2020 |
| 10/11/2020 | 12/11/2020 |
| 24/11/2020 | 26/11/2020 |
| 8/12/2020 | 10/12/2020 |

2021 Publishing Dates

| Deadline 12 noon | Publishing Date |
|------------------|-----------------|
| 5/01/2021 | 7/01/2021 |
| 19/01/2021 | 21/01/2021 |
| 2/02/2021 | 4/02/2021 |
| 16/02/2021 | 18/02/2021 |
| 2/03/2021 | 4/03/2021 |
| 16/03/2021 | 18/03/2021 |
| 30/03/2021 | 1/04/2021 |
| 13/04/2021 | 15/04/2021 |
| 27/04/2021 | 29/04/2021 |
| 11/05/2021 | 13/05/2021 |
| 25/05/2021 | 27/05/2021 |
| 8/06/2021 | 10/06/2021 |
| 22/06/2021 | 24/06/2021 |
| 6/07/2021 | 8/07/2021 |
| 20/07/2021 | 22/07/2021 |
| 3/08/2021 | 5/08/2021 |
| 17/08/2021 | 19/08/2021 |
| 31/08/2021 | 2/09/2021 |
| 14/09/2021 | 16/09/2021 |
| 28/09/2021 | 30/09/2021 |
| 12/10/2021 | 14/10/2021 |
| 26/10/2021 | 28/10/2021 |
| 9/11/2021 | 11/11/2021 |
| 23/11/2021 | 25/11/2021 |
| 7/12/2021 | 9/12/2021 |
| | |

Church Notices / Updates



48 Altair Street, Southern Cross SX Presbytery: 9049 1049 (Fri to Sun) Kalgoorlie Presbytery: 9021 2100 (Mon to Thurs) Email: <u>kalgoorlie@perthcatholic.org.au</u>

Facebook: Lucy Montserrat YouTube: Yilgarn Westonia Catholic

Public Mass re-commenced at Our Lady of Montserrat church on the weekend of 23/24 May. COVID-19 protocols are posted as a notice on the front door of the church. Please read this notice carefully before entering the church.

<u>Mass Times</u> Saturday 6:30pm* Sunday 8:30am

* As well as being open to the public, Saturday evening Mass will be live-streamed each weekend. The live-stream is for those for whom getting to OLM church on the weekend is impractical. Live-streamed Masses will continue to be available in "Catch-up" mode via the parish YouTube channel.

Acriting Bhurch

Service held 1st Sunday of the month.

| Contact: | |
|-------------------|--------------|
| John McKane | 9041 1117 |
| Mobile | 0435 507 606 |
| Cheryl Auld | 9049 8026 |
| Diane Della Bosca | 9049 1149 |



Antares Street, Southern Cross Enquiries: Leonie Gethin Ph.: (08) **9049 1222**

| October | Saturday 24 th 11.00am |
|----------|--|
| November | No Anglican service |
| December | Saturday 19 th 11.00am "Christmas" service |

Shire news



Shire of Yilgarn

Bushfires Act 1954

Notice to all Owners & Occupiers of Land within the Shire of Yilgarn

Requirements to Clear Firebreaks

Pursuant to the powers contained in Section 33(1) of the Bush Fires Act you are hereby required to plough, cultivate, scarify, burn or other-wise clear firebreaks on all land owned or occupied by you by 1 November 2020 and thereafter to keep these firebreaks clear of all flammable material until 31 March 2021. Firebreaks are required in locations and to the specifications detailed below.

LAND WITHIN TOWNSITES

- a) On land not exceeding 2023 square metres in area, all flammable material shall be removed.
- b) On land exceeding 2023 square metres in area, a firebreak 3 metres wide shall be constructed inside and immediately adjoining all external boundaries.
- c) Firebreaks 3 metres wide shall be constructed immediately surrounding all buildings.
- d) Haystacks must not be located more than 20 metres to an external boundary. They shall be surrounded by a 10 metre wide firebreak situated between 10 and 20 metres distance from stack.
- e) Stored fuel, oil and flammable materials shall be protected from fire as prescribed in the Explosives and Dangerous Goods Act 1961 and the Flammable Liquids Regulations 1967.

RURAL LAND

- a) Firebreaks 3 metres wide shall be constructed immediately inside and adjoining all property boundaries.
- b) Firebreaks 3 metres wide shall be constructed immediately surrounding all buildings.
- c) Firebreaks 3 metres wide shall be constructed between 10 and 20 metres distance from and surrounding all haystacks.
- d) Stored fuel, oil and flammable materials shall be protected from fire as prescribed in the Explosives and Dangerous Goods Act 1961 and the Flammable Liquids Regulations 1967 and which include that a firebreak 6 metres wide will be provided immediately surrounding storage areas.

GENERAL

If for any reason it is considered by the owner or occupier of land that it is impractical to comply with the requirements of this notice, a request may be made to Council to approve alternative fire protection measures. Such application shall be accompanied by a sketch or drawing of the proposed variations and should be lodged at the Council offices no later than 31 October 2020.

Where approval of a proposed variation is not granted by Council you shall comply with the requirements of this notice. The penalty for non-compliance with this notice is a maximum of \$5,000 and notwithstanding prosecution; Council may enter on the land and carry out the requisite works at the owner / occupiers expense.

RESTRICTED AND PROHIBITED BURNING TIMES

Restricted Burning Period: 19 September 2020 to 31 October 2020 and 16 February 2021 to 31 March 2021

(Note: Permits to burn during this period are required. Permits must be obtained from your nearest Bush Fire Control Officer)

Prohibited Burning Period: 1 November 2020 to 15 February 2021

(Note: Permits to burn stubble from the previous seasons crop will not be issued until 1 March 2021)

By order of the Council Peter Clarke Chief Executive Officer

Shire news



The Yilgarn Recreation Centre had new court flooring installed on the week of the 5th October from Techlay. The new flooring has been laid over the old court which consists of a tile like panel that clicks together and a soft underlay beneath that.

This is a floating floor system which has a give in the floor to help with shock absorption which will reduce player joint impact and creates a safer playing surface.

The new flooring is going to be a great feature and help for our local Basketball, Netball clubs, local schools and the like for use going forward. The total cost of the flooring was \$53,845.00 which was budgeted for the 20/21 budget.













"good country for hardy people"

Australia Day Active Citizenship Award

Nominate an inspiring local community member or group for one of three following awards, fostering community pride and spirit:

- Australia Day Active Citizenship Award
- Australia Day Active Citizenship Award for a person under 25 years
- Australia Day Active Citizenship Award
 <u>for a Community group or event</u>

Nomination forms are available from the Shire of Yilgarn, CRC or online: <u>www.yilgarn.wa.gov.au</u>

> Please note nominations close: COB Friday, 6th November 2020





2020 has seen many changes to community events and unfortunately the Shire of Yilgarn has made the decision to cancel the 2020 Senior's Luncheon.

The Shire of Yilgarn would still like to thank our seniors by providing a gift voucher for all residents over the age of 60 that register before

Monday, 30th November 2020

please contact the Shire on 9049 1001 or <u>aso@yilgarn.wa.gov.au</u> to confirm your registration.

MAIN ROADS ROAD WORKS UPDATE



The shoulder sealing crew working between Merredin and Walgoolan are making good progress and should be finished in the next few weeks.

The widening works and overtaking lane between Carrabin and Bodallin are also on track and should be finished in mid-November 2020.

The pavement repair crew are working between Kellerberrin and Merredin over the next few weeks.

They will then progress between Merredin and Walgoolan and are due to be completed by the end of October 2020.

We thank you for your patience. If you need to contact Main Roads, we have a 24 hour call centre that can be contacted on 138 138.

Information on roadworks can be found on our Travelmap <u>https://travelmap.mainroads.wa.gov.au/</u>



Community Meeting Southern Cross Ambulance Service

We need you!

St John Ambulance Southern Cross and the Shire of Yilgarn have joined forces to encourage residents to become volunteers and help keep vital ambulance services in the Yilgarn community operational.

The information evening will be facilitated by the Yilgarn Shire President, Cr Wayne Della Bosca, and St John WA Assistant Regional Manager, Matthew Guile. This meeting intends to dispel some common misconceptions about volunteering regarding the level of commitment, roles available, training and skills required to get involved.

Even a small amount of your time can help make a real difference. Please consider if you're in a position to assist in some capacity as it's important to help share the load for those community members that are currently volunteering. With no on-going commitments, we encourage residents to come along to this important event to find out more.

| Date: | Wednesday 4th November 2020 |
|-----------|---|
| Time: | 6pm - 7pm |
| Location: | Recreation Centre Complex Lounge |
| | Cnr Spica & Canopus Streets, Southern Cross |

Light refreshments will be served

If you would like to find out more, please email: SouthernCross@stjohnwa.com.au or phone: 08 9049 1240 or email ceo@yilgarn.wa.gov.au or phone: 08 9049 1001.

CASH IN YOUR CONTAINERS AT WHEATBELT CASH FOR CONTAINERS

Get 10 cents for each one

IT'S EASY TO GET YOUR REFUND, RIGHT HERE IN SOUTHERN CROSS!

- 1. VISIT CONTAINERSFORCHANGE.COM.AU TO CREATE YOUR SCHEME ID.
- 2. VISIT THE COMMUNITY RESOURCE CENTRE TO COLLECT BAGS AND TAGS.
- 3. FILL UP YOUR BAG WITH ELIGIBLE CONTAINERS.
- 4. FILL OUT THE TAG AND PUT IT INSIDE YOUR BAG THEN PUT YOUR BAG INTO THE BAG DROP POINT AT THE RECREATION GROUND. (CNR. ACHERNAR AND SPICA STREET)
- 5. WAIT A FEW DAYS AND RECEIVE YOUR REFUND DIRECTLY INTO YOUR BANK ACCOUNT! (BAGS COLLECTED EVERY WEDNESDAY)

PHONE **0429 467 178** OR EMAIL **CASHFORCONTAINERS@OUTLOOK.COM** TO ARRANGE COLLECTION OF BULK QUANTITIES FROM COMMERCIAL ENTERPRISES, COMMUNITY GROUPS AND SPORTING CLUBS.

✓ ELIGIBLE CONTAINERS



Most glass, plastic, aluminium, steel and paper-based cartons between 150mL and 3L.



Containers not commonly found in litter, including all plain milk, flavoured milks 1L and above, pure juice drinks, wine and spirit bottles, cordials.

Visit **containersforchange.com.au** to find out more and create your scheme ID



Grants & Funding

Hon Mia Davies MLA

Member for Central Wheatbelt

MEDIA RELEASE

6 October 2020

Central Wheatbelt farmers get second chance at Federal drought mitigation funding

Local Member Mia Davies MLA has welcomed the Federal Government's decision to double funding to a program helping Central Wheatbelt farmers, pastoralists and horticulturalists mitigate the effects of drought.

Ms Davies said an extra \$50 million for the On-Farm Emergency Water Infrastructure Rebate Scheme would allow producers who missed out on rebates to reapply before the onset of summer.

"The initial \$50 million available nationally was quickly exhausted and there were many West Australian agricultural businesses that missed out," she said.

"It was exacerbated when the WA Government processed applications too slowly and the State was forced to hand back \$1.35 million in grant money to the Federal Government.

"The Nationals WA have since written to the Federal Government requesting a top-up of the program and it is encouraging the Commonwealth has responded."

Under the scheme farmers/pastoralists/horticulturalists in the Central Wheatbelt can apply for rebates up to \$25,000 to cover up to 25 per cent of new infrastructure that make on-farm operations more drought resilient.

Livestock producers can use the reimbursement for tanks and troughs, pipes, fittings and pumps associated with water distribution systems, new bores and the desilting of dams by a contractor.

Horticulturists can also apply for rebates for work associated with drilling bores and desilting dams.

Ms Davies said State Government funding options to improve on-farm water security had dried up after Labor killed off the popular Farm and Pastoral Water Rebate schemes two years ago.

"That's why the initial On-Farm Emergency Water Infrastructure Rebate Scheme was heavily oversubscribed and so many applicants in WA missed out first time round," she said.

"I urge the Labor Government to respond quickly so as many WA applicants as possible benefit from rebates and we don't repeat having to hand money back to the Feds."

West Australian applicants can visit the DWER website for information about eligibility criteria and how to apply.

For media enquiries contact Mia Davies on 9041 1702 (Merredin), 9622 2871 (Northam) or email mia.davies@mp.wa.gov.au



ENATIONALS for Regional WA



Public notice

Hydrant and Valve upgrades in Southern Cross and Marvel Loch

Water Corporation is conducting essential hydrant and valve upgrades across Southern Cross and Marvel Loch to improve the reliability of the water network in these areas.

Work will take place from October to December 2020.

Customers may experience a temporary disruption to water supply and written notification will be provided at least 48 hours prior to any planned outage.

Safety is our priority and our contractors are following government advice relating to COVID-19 to complete this work. Please keep a safe distance from our worksites and workers.

Thank you for your patience while this essential work is carried out. If you have any questions, please contact our Water Corporation Community Engagement team on (08) 9420 3265.

For more information, please visit watercorporation.com.au/firehydrant

Faults, emergencies and security 13 13 75 (24 hours)

Our Lady of Montserrat Catholic Church, Southern Cross



Sunday 25th October, 2020 11.00am Mass

All are welcome.

After Mass there will be a blessing of the St Joseph's School Memorial Garden, followed by refreshments served at the school. Please bring a plate of food to share.



SOUTHERN CROSS POLICE STATION STAFF UPDATE

You may have noticed some changes to our staffing just recently, two recent vacancies were snapped up very quickly and we are back up to a full complement of staff at the station.

I would like to welcome our two newest Police Officers to Southern Cross;

Senior Constable Martin REID and Senior Constable Adam SIMMONS. Both officers come to Southern Cross with a wealth of knowledge and enthusiasm.

Senior Constable Martin REID transferred from Cue Police Station and prior to that from Mount Magnet, Fitzroy and Nullagine Police Stations.

Senior Constable Adam SIMMONS comes to us most recently from Perth Police Station, Joondalup and Midland Police Stations.

Please feel free to give them a wave when you see them out and about or pop into the station to say hello.

Finally, on a more sombre note I would like to say goodbye, I have recently been promoted to the rank of Sergeant and will be leaving Southern Cross Police Station in about four weeks' time for the Pilbara region. I would like to thank the community for making me feel so welcome during my time in Southern Cross and I am very sad to leave this lovely community.

Please feel free to pop in and say goodbye or give me a wave when I'm out on patrol.

Best wishes

Sergeant Deb ANDREWS 9081 2100

Community News

AGM

Yilgarn Men's Shed AGM 22nd October 2020 @ 10am Sirius Street Southern Cross

Yilgarn Motoring Enthusiasts Inc AGM Meeting 25th of October at 10am At our Club Room at the bitumen Netball Courts.

Wanted

Wanted to buy

1. Steiger Series III Panther tractor. Must be in reasonable working condition for its age and still have some life left!

2. Symonds Blade plough. Up to 3 to 4 metres wide.

Call Simon on 0417 919 235

Southern Cross CRC

PLEASE NOTE

The Southern Cross CRC will be closed all day Monday 2nd November. We will reopen at 8:30am on Tuesday 3rd November.

We apologise for any inconvenience.

Garage Sale

GARAGE SALE

Saturday 17th October 2020

At 26 Altair Street

Time: 8.30am to 3.30pm

Yilgarn Bowling Club

Mens

| Sat 17 | Pennants: Corrigin Blue v Yilgarn |
|--------|---------------------------------------|
| Sun 18 | Club Day |
| Sat 24 | Pennants: Yilgarn v Civic Blue 9:30am |
| Sun 25 | Club Day |
| Sun 25 | Corrigin Fours |
| Sat 31 | Pennants: Yilgarn v Bruce Rock Gold |
| | |
| Ladies | |
| Tue 20 | Social Bowls |
| Sun 25 | Civic Carnival |
| Tue 27 | Fours Championships |
| c 24 | T |

Sun 31 Tammin Carnival

Southern Cross Tennis Club

Southern Cross Tennis Club Open Day Sunday 25 October 2pm start BBQ to follow BYO meat and a salad to share Hope to see you there!



Mentally Healthy WA

being active, having a sense of belonging and having a purpose in life all contribute to happiness and good mental health

Employment



HavCon Engineering is a leading provider for Fabrication, Maintenance and Construction services supporting the mining and industrial sectors in Western Australia. Due to increasing demand, we are looking for an enthusiastic and flexible person to join our team on a casual basis in Southern Cross.

The duties that be required for this role will include:

- Cleaning of accommodation rooms
- Maintain cleanliness of common areas at accommodation facility
- Maintain cleanliness of workshop lunch rooms and office building
- Daily communication with Havcon head office
- Be part of a roster for weekend check in requirements

If you would like to be part of a loyal and growing company then we want to hear from you.

To register your interest please send a detailed cover letter and resume outlining your skills and experience to:

Sally Campbell – HR Manager sally@havconeng.com.au

FAMILY COUNSELLING SERVICE WHEATBELT AGCARE

COMMUNITY SUPPORT SERVICES INC.

Shires Serviced:

- Kellerberrin
- Merredin
- Mount Marshall
- Mukinbudin
- Nungarin
- Trayning
- Westonia
- Vilgarn
- Yilgarn

VOLUNTEER/S CURATOR POSITION

The Yilgarn History Museum Committee, which is an Advisory Committee of the Shire of Yilgarn, is seeking the services of a Volunteer/s interested in undertaking the duties of Curator at the Museum.

YILGARN HISTORY MUSEUM

The position involves the collating of local historical artefacts at the Museum and recording of these items on a specific software program. Knowledge of computers would be an advantage and it is envisaged that approximately one day per week of volunteered time would be required to undertake these duties. These duties could be shared by two like-minded people interested in recording our local history.

If you believe that you could devote this valuable time to enable our local history to be recorded and held in perpetuity for the future residents of the Yilgarn district, training will be offered by the Museum's current Volunteer Curator.

Please contact the undersigned to register your interest.

Robin Stevens Curator Yilgarn Historical Museum Committee





...helping rural people meet the challenges of change

Contact: Kaye Bell **PO Box 101 Nungarin WA 6490** Phone: (08) 9046 5091 Fax: (08) 9046 5063 Mobile: 0488 465 081 **Email: wheatbeltfamily@wn.com.au**

WHEATBELT AGCARE...

"providing free, independent and confidential family counselling for the Wheatbelt."



"good country for hardy people"

Supported by the Shire of Yilgarn



Sipa Resources Limited

PUBLIC NOTICE

Upcoming Exploration Activities

Sipa Resources Limited, the Perth based exploration company has four exploration licence applications (E77/2705 – E77/2708), 65km south of Southern Cross. The location of the survey is shown in Figure 1 and Figure 2. The Company would like to notify the general community that MagSpec Airborne Surveys will be performing an airborne geophysical survey commencing late October - early November 2020, which will have an expected duration of approximately 7 days.

The survey aeroplane will be flown at a height 30-40 metres above the land surface along a continuous series of east-west oriented flight lines, spaced 100 metres apart.

This mineral exploration technique is designed to measure the magnetic nature of the rocks hidden by soil cover. The results will aid in mapping the rocks and to determine the mineral prospectivity of the area.

For further information, please contact: Mathew Cooper (Consultant Geophysicist) 0412 863 651, or Peter Spencer at MagSpec (08) 6260 2041

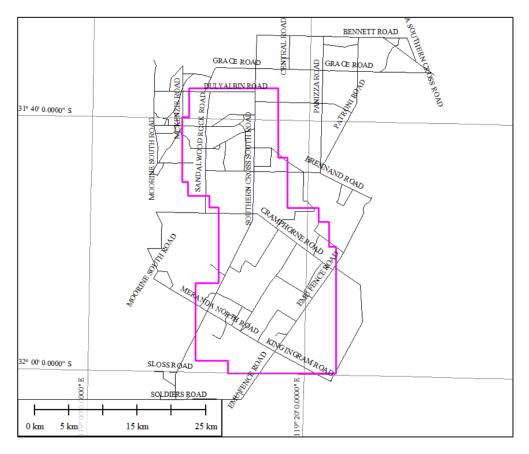


Figure 1: Survey outline (pink polygon) and local roads

Sipa Resources Limited: Unit 5, 1st Floor Subiaco Court, 12-20 Railway Road, Subiaco, WA, 6008 www.sipa.com.au reception@sipa.com.au



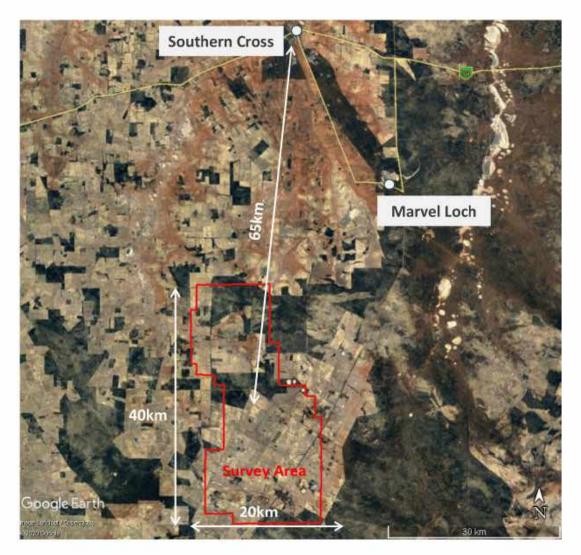


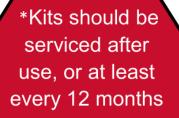
Figure 2 Survey location map

Sipa Resources Limited: Unit 5, 1st Floor Subiaco Court, 12-20 Railway Road, Subiaco, WA, 6008 www.sipa.com.au reception@sipa.com.au

Did you know that we offer First Aid Kit Servicing

to your business or farm

- ► Help provide a safer workplace
- Help to keep your employees healthier
- Assist with Worksafe compliance



*Safework Aust

What we offer to your Business:

We come with a fully stocked kit service van

We save you time and money

A signed 1st Aid Kit compliance sticker

Only \$75* and revenue supports <u>YOUR</u>

LOCAL St John Ambulance Sub Centre

*Plus replacement parts

Glenn Bradbury

Field Servicing Officer

St John Ambulance Western Australia

29 Tamplin St | Northam WA | 6401 08 9621 1613 glenn.bradbury@stjohnambulance.com.au www.stjohnambulance.com.au



Glenn will also be at the St John Stall at the Spring Carnival on Saturday 24 October!



-MIA'S-CHRISTMAS CARD COMPETITION 2020

Open to all children in the Central Wheatbelt electorate aged between 6 and 11 years. Entry form online at www.miadavies.com.au or from the electorate office.

Entries close Friday 30th October, return via post, email or in person!

Mia DAVIES MLA Member for Central Wheatbelt

MERREDIN ELECTORATE OFFICE Old Town Hall, Mitchell Street Phone 9041 1702 NORTHAM ELECTORATE OFFICE Boulevard Shopping Centre, Fitzgerald Street Phone 9622 2871

EMAIL mia.davies@mp.wa.gov.au POST PO Box 92 Northam

BREAST CANCER



Common symptoms include the following for more than four weeks:

- A lump, lumpiness or thickening in your breast or armpit, especially if it is only on one side
- Change in the size, shape or feel of your breast
- Change in appearance of your breast, for example dimpling (skin looks or feels like the skin of an orange), puckering (wrinkling in small folds) or redness on or around the breast
- Change to your nipple, for example its position, the nipple is pulled inwards (inversion), new discharge or itchy, ulcerated skin
- New, or persistent breast discomfort or pain, especially if it is only on one side
- An area of your breast that feels different to the rest

Get to know your breasts and what is normal for you. If you notice any of these symptoms or unusual changes, talk to a doctor, clinic nurse or Aboriginal health worker without delay.

If you have a symptom, it does not mean you have breast cancer. Often these symptoms turn out to be something less serious. However, it is important to get these symptoms or any unusual changes in your body, checked out just in case.



Are you ready for summer?

The Op Shop has a large range of new bathers in all shapes and sizes for only \$5.00!! We also have all our summer clothes on display so you are sure to find a bargain.

Once again, we ask you to hold off on bringing in ladies clothes until further notice. We are, however still accepting linens, kitchenware and menswear.



Did You Know?

Did you know that Southern Cross held several debutant balls over the years? It was the traditional way the next generation was introduced to society. The following newspaper account of the debutant ball at Southern Cross in 1963 should bring some nostalgia:

'On July 13, fourteen lovely debutantes were presented to Lionel Kelly MLA at the Golf Ball held in the town hall. The debutantes passed through an archway covered with wisteria and through a gate before descending the steps into the hall. The debutantes were preceded by four little flower girls. They looked a picture in their dresses: Debutantes and partners:

Pat Hatch partnered by Bob Blair Marie Boso partnered by Phillip Borona Deidre Hilton partnered by Noel Browne Marlene Coward partnered by Romolo Patroni Diane Guerini partnered by Ken Hessen Nola Middlemas partnered by Ray Eiffler Jean Newbury partnered by Kerry Leggett Sandra Guerini partnered by Joe Nadi Margaret Wesley partnered by John Cotton Lorraine DeMamiel partnered by Horace Panizza Beverley Davies partnered by Peter Gobetti Dorothy Watts partnered by Arthur Greensill

Jack Cunningham ably carried out the duties of Master of Ceremonies

After the event, a young Romolo Patroni spoke a few words on behalf of the other partners. It may have been his first occasion at a leadership and public speaking role, a gift that became a benefit to Southern Cross for the next 50 years. ©Lance Stevens



SUPPORT SERVICES

000 (emergency)

Rural Link: 1800 552 002

Mental Health Emergency Response Line: 1300 555 788

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Lifeline Text Service: 0477 13 11 14 (only available 6:00 pm to 10:00 pm EST)

Beyond Blue: 1300 224 636

Kids Helpline: 1800 551 800

headspace (9am till 1am EST): 1800 650 890

Samaritans Crisis Line: 135 247

The Salvation Army: 1300 363 622

Crisis Care (Child Protection & Family Support): 1800 199 008

Reachout: www.reachout.com

Mensline: 1300 789 978

Grief Line (midday to 3am EST): 1300 845 745

Alcohol & Drug Support Line: 1800 198 024 or 9442 5000

Parent and Family Drug Support Line: 1800 653 203 or 9442 5050

Narrogin & Upper Great Southern Domestic Violence Helpline 1800 007 570

Wheatbelt Domestic Violence Helpline 1800 353 122

Women's Domestic Violence Helpline: 1800 007 339

Men's Domestic Violence Helpline: 1800 000 599

1800 RESPECT: 1800 737 732

Elder Abuse Helpline WA - 1300 724 679

Suicide Bereavement Service: 0474 076 849

Sexual Assault Referral Centre: 1800 199 888

HealthDirect: 1800 022 222

Holyoake

Northam: (08) 9621 1055 Narrogin: (08) 9881 1999 Merredin: (08) 9081 3396 Victoria Park: (08) 9416 4444 Midland: (08) 9274 7055 Freecall: 1800 447 172

WACHS Wheatbelt Mental Health Service - (08) 9621 0999





Right at Home Kalgoorlie Wheatbelt is an in-home care and assistance provider dedicated to supporting our older Australians, and people living with a disability and recovering from surgery or disease.

Our mission is to improve the quality of life for those we serve. We live and breathe this mission everyday and are focused on making sure you and your loved one receive the right care, whenever and wherever it's needed.

We provide the support our clients and their families want, when they want it, and how they want it so that they can continue living independently in their homes.

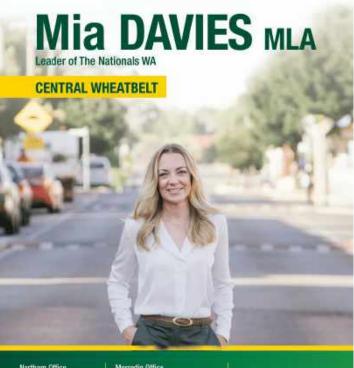
If you require home care assistance but are unsure what kind of help you need or how care would fit within your homecare package, we strongly recommend contacting us about our free in-home care consultation.

Our experienced care co-ordinator will visit your home and assess your needs and provide a care plan that you can use to decide what would best suit you.

We offer:

- Free, no obligation 30-minute consultation by a health professional.
- Get an individualised care plan that you can use with our carers.
- We do not have any administration fees, care management or package management fees.
- This means we can offer more hours of care and support to you or your loved one.
- We work with home care packages, NDIS or we provide private pay.

Feel the difference and experience the Right at Home approach by contacting our office on (08) 9035 0417. WESTONIA AG-MAG NEUTRALISE & FERTILISE + TRACE ELEMENTS High MAGNESIUM Clay Crushed & Screened 4 Sand, Intermediate & Gravel Soils LIMITED STOCK Westonia Pickup \$17.60/t 0428 467 766 SOIL REPAIR NATURALLY



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Arthritised by M.Gawey, Northam Reviewant Dispring Cretin, Etcanold Street, Northam

ENATIONALS for Regional WA

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camel, roo, beef, rabbit, roo tails

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Feral dog control.

NOW BUYING IN KANGAROO CARCASSES ONLY FROM LICENCED SHOOTERS WITH DEC

Kangaroos under 20kg not accepted.

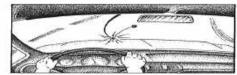
Also buying in beef & horse for dog bait purposes. Drop off by appointment only.

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<u>9049 5317</u>



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- Chip Repairs
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Dr Andrea Roberts BVMS, PO Box 543 MERREDIN WA 6415 Ph:0428212945 ABN 23036138418

SOUTHERN CROSS 2020 MOBILE VET VISIT DATES

Thurs 29th Oct Thurs 26th Nov Wed 16th Dec

Real Estate

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A neat and tidy three bedroom, one bathroom home waiting for its new owners. Built in 1987, this well-loved home features: - Large sunroom / enclosed verandah with tile fire on the southern side of the house

- Ducted evaporative air conditioning
- Electric HWS
- Single car garage
- Large established trees in backyard
- Landscaped gardens at the front
- Near new stove
- Immaculate lounge room

A great house that would suit first home buyers, retirees, employee accommodation and young families.

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Enquiries – Karen Teale: (08) 90491 078 or 0428 491 079

House for Rent

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- ★ Air Con
- * Clean and tidy
- * Partially Furnished

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HOUSE FOR SALE 61 Spica Street Southern Cross \$195,000

- ✓ 4 bedrooms all with built-in wardrobes and split system air conditioners
- ✓ 1 bathroom with bath and shower
- ✓ 2 toilets
- ✓ Linen cupboard
- ✓ HUGE family room
- User friendly kitchen with heaps of overhead cupboards, natural light, dishwasher and walk-in pantry. 5 burner gas cooktop, electric oven
- ✓ Split system air conditioners throughout main living area
- ✓ Windows have either blinds and/or curtains
- ✓ Electric HWS
- ✓ Large decking
- ✓ Heaps of storage
- ✓ Great NBN internet connection
- ✓ Carport
- ✓ 3 sheds, one with two roller doors and powered workshop
- ✓ Citrus trees
- ✓ Raised garden beds
- ✓ Chicken coop
- ✓ Rainwater tank
- ✓ Rear access
- ✓ Reticulated garden and lawn

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| Ca | lendar of Events |
|------------|--|
| Wed 21 Oct | Eastern District Panel Beaters in town |
| Thu 22 Oct | Yilgarn Men's Shed AGM @ Men's Shed 10am |
| Sat 24 Oct | Spring Carnival @ Southern Cross Oval, 10am—3pm, FREE ENTRY! |
| Sun 25 Oct | Yilgarn Motoring Enthusiasts AGM @ club room (netball courts) 10am |
| Sun 25 Oct | Community Mass 11am & Blessing of the St Joseph's School Memorial Garden after. At Our Lady of Montserrat Catholic Church, Southern Cross, then St Joseph's School. |
| Sun 25 Oct | Live Music (Benny Mayhem) at the Palace Hotel starting from 4pm—free entry! |
| Thu 29 Oct | Pat & Chat Mobile Vet in town |
| Mon 2 Nov | CRC closed for the day |
| Wed 4 Nov | St John Community Meeting @ Complex Lounge 6pm |
| Wed 11 Nov | Merredin Veterinary Clinic in town @ oval (change rooms) |
| Wed 18 Nov | Eastern District Panel Beaters in town |
| Thu 19 Nov | Shire of Yilgarn Council Meeting @ 4:00pm |
| Thu 26 Nov | Pat & Chat Mobile Vet in town |
| Wed 9 Dec | Merredin Veterinary Clinic in town @ oval (change rooms) |
| Wed 16 Dec | Eastern District Panel Beaters in town |
| Wed 16 Dec | Pat & Chat Mobile Vet in town |
| Thu 17 Dec | Shire of Yilgarn Council Meeting @ 4:00pm |

Recycling Days

October 23 November 13 November 27 December 11 December 25 January 8