

CROSSWORDS \$1



KEEPING KIDS INJURY FREE IN THE WHEATBELT

Free Child Safety Workshop Presented by Kidsafe WA

SESSION DETAILS

Attend the Keeping Kids Safe Workshop for tips on how to keep your children injury free at home, during play and on the road. This session provides practical steps on how to reduce the risk of injuries covering topics such as poisoning, falls, burns, child car restraints and driveway safety.

WHO ARE THE SESSIONS TARGETED AT?

Parents, carers, grandparents or anyone interested in child safety!

WHERE

Southern Cross Community Resource Centre
Canopus Street, Southern Cross

WHEN

Tuesday 8th September 2020, 10.30am – 11.30am

RSVP

Please register your interest to Southern Cross CRC by emailing crc@yilgarn.wa.gov.au or calling 9049 1688

Partner:



Government of **Western Australia**
Department of **Health**

The Crosswords is produced by the
 Southern Cross CRC,
 PO Box 178, Canopus St,
 Southern Cross WA 6426
 Phone: 08 9049 1688 Fax: 08 9049 1686
 Email: crc@yilgarn.wa.gov.au

Crosswords Disclaimer:

The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

**Shire of Yilgarn
 Emergency information hotline
 Call (08) 9487 8777**

for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

Southern Cross Landfill Times

The Tip Shop will also be open during the below hours.

Monday	1:00pm to 4:00pm
Tuesday	1:00pm to 4:00pm
Wednesday	Closed
Thursday	Closed
Friday	1:00pm to 4:00pm
Saturday	10:00am to 4:00pm
Sunday	10:00am to 4:00pm

Crosswords Advertising Rates 2020/21 (as of 1 July 2020)

Business Advertisements (Business premises outside of the Shire of Yilgarn)	Black		Colour	
	No Typesetting	With Typesetting	No Typesetting	With Typesetting
Full Page (A4)	\$35.00	\$55.00	\$160.00	\$180.00
1/2 Page (A5)	\$20.00	\$30.00	\$90.00	\$100.00
1/4 Page	\$15.00	\$25.00	\$50.00	\$60.00

Local Business and Non-Profit Organisations Advertisements
 (Business premises within the Shire of Yilgarn)

Full Page (A4)	\$30.00	\$50.00	\$130.00	\$160.00
1/2 Page (A5)	\$15.00	\$18.00	\$70.00	\$90.00
1/4 Page	\$10.00	\$15.00	\$35.00	\$40.00

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines)	\$8.00
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Advert size specifications for Crosswords (W x H)

- 1/4 page vertical 90mm x 120mm
- 1/4 page horizontal 180mm x 60mm
- 1/2 page vertical 90mm x 270mm
- 1/2 page horizontal 180mm x 120mm
- A4 Full page 180mm x 270mm

A5 adverts which are not horizontal will be displayed in print on their side to ensure no modification to advertisements.



DON'T FORGET!
Crosswords' submissions
close every 2nd Tuesday at 12.00 noon

2020 Publishing Dates

Deadline 12 noon	Publishing Date
15/09/2020	17/09/2020
29/09/2020	1/10/2020
13/10/2020	15/10/2020
27/10/2020	29/10/2020
10/11/2020	12/11/2020
24/11/2020	26/11/2020
8/12/2020	10/12/2020

2021 Publishing Dates

Deadline 12 noon	Publishing Date
5/01/2021	7/01/2021
19/01/2021	21/01/2021
2/02/2021	4/02/2021
16/02/2021	18/02/2021
2/03/2021	4/03/2021
16/03/2021	18/03/2021
30/03/2021	1/04/2021
13/04/2021	15/04/2021
27/04/2021	29/04/2021
11/05/2021	13/05/2021
25/05/2021	27/05/2021
8/06/2021	10/06/2021
22/06/2021	24/06/2021
6/07/2021	8/07/2021
20/07/2021	22/07/2021
3/08/2021	5/08/2021
17/08/2021	19/08/2021
31/08/2021	2/09/2021
14/09/2021	16/09/2021
28/09/2021	30/09/2021
12/10/2021	14/10/2021
26/10/2021	28/10/2021
9/11/2021	11/11/2021
23/11/2021	25/11/2021
7/12/2021	9/12/2021

Church Notices / Updates



48 Altair Street, Southern Cross
 SX Presbytery: 9049 1049 (Fri to Sun)
 Kalgoorlie Presbytery: 9021 2100 (Mon to Thurs)
 Email: kalgoorlie@perthcatholic.org.au
 Facebook: Lucy Montserrat
 YouTube: Yilgarn Westonia Catholic

Public Mass re-commenced at Our Lady of Montserrat church on the weekend of 23/24 May. COVID-19 protocols are posted as a notice on the front door of the church. Please read this notice carefully before entering the church.

Mass Times

Saturday 6:30pm*
 Sunday 8:30am

* As well as being open to the public, Saturday evening Mass will be live-streamed each weekend. The live-stream is for those for whom getting to OLM church on the weekend is impractical. Live-streamed Masses will continue to be available in "Catch-up" mode via the parish YouTube channel.



Service held 1st Sunday of the month.

Contact:

John McKane 9041 1117
 Mobile 0435 507 606

Cheryl Auld 9049 8026
 Diane Della Bosca 9049 1149



September	No Anglican service
October	Saturday 17 th 11.00am
November	No Anglican service
December	Saturday 19 th 11.00am "Christmas" service

Tenders

Tenders are invited and will be received until 4:00pm Friday 4th September 2020 at the Shire offices, Antares Street, Southern Cross WA 6426 for the outright purchase of the following vehicles:

Tender No. 2/2020-2021 one x 4x2 2015 Mitsubishi Canter Tray Top Personnel Carrier Seven Seats

Tender No. 3/2020-2021 one x 4x4 2015 Isuzu Tray Top Personnel Carrier Seven Seats

Tender No. 4/2020-2021 one x 4x2 Mitsubishi Canter Light Tip Truck

For further information and arrangements for inspection of these vehicles can be made by contacting Robert Bosenberg, Executive Manager Infrastructure, on 0409 791 135 or email: works@yilgarn.wa.gov.au

Tender documents can be obtained by contacting Laura Della Bosca on 08 – 90 491 001 or email: ea@yilgarn.wa.gov.au late tenders will not be accepted. The lowest or any tender not necessarily accepted.

Peter Clarke
Chief Executive Officer
Shire of Yilgarn

OFF ROAD VEHICLE USE

Concerns have been raised by Southern Cross residents relating to off-road vehicle use **within the boundaries of Southern Cross townsite**, including the bushland up to Three Boys Road.

Due to the nuisances caused to nearby residents, particularly noise issues and damage to the environs, off-road vehicle users are requested to avoid these areas.

What is an Off-Road Vehicle

The Control of Vehicles (Off-road Areas) Act 1978 (the Act), defines an off-road vehicle as:
"a vehicle which is not licensed, deemed to be licensed, or the subject of a permit granted, under the Road Traffic (Vehicles) Act 2012"

This includes but is not limited to motorbikes, quadbikes, some scooters and buggies.

Where can Off-Road Vehicles be Driven

The Act states off-road vehicles are only permitted to be driven/ridden:

- On privately owned land with the consent of the owners: and
- On land designated as a "permitted area" by the Minister of Local Government.

The Shire of Yilgarn has **no** "permitted areas" designated by the Minister, which means off-road vehicles should only be operated on private land, with the consent of the owner.

The Southern Cross Motorcycle Club is located on Southern Cross South Road. Visit their website for contact and membership details: <http://www.sxmcc.com.au/>

The Shire and Southern Cross Police will respond to nuisances around town sites and residences.

Nuisances

When riding, operators must do so in a responsible manner, such that noise and dust does not create a nuisance for residents.

Enforcement

Both the Shire of Yilgarn and WA Police can enforce the requirements of the Act.

The Shire has been in contact with Southern Cross Police, seeking assistance in policing nuisance riders of off-road vehicles **within the vicinity of the Southern Cross town site and bushland between Three Boys Road**. It should be noted penalties do apply and if caught on gazetted roads, your off-road vehicle may be seized.

For further information, please contact the Shire of Yilgarn on 9049 1001 or Southern Cross Police Station on 9081 2100.





CEACA

Supporting Age Friendly Communities

Private Accommodation *Now Available*

CEACA Inc are a charitable organisation who own and manage 71 private rentals across 11 shires in the Central East Wheatbelt Region. The primary focus for CEACA Inc is to ensure that those who are living in the shire can continue to do so for as long as possible and to welcome others from outside of the region.

MAKE THAT LIFESTYLE CHANGE!

- Unable to manage your current property and are looking for a home that is easy care?
- Would you benefit from being closer to doctor's and other services?
- Would you like to be closer to family, friends or relocate to the region?
- Do you work in the area and are struggling to find suitable accommodation?
- Would you like to live in a community setting?

CEACA units are situated in Bruce Rock, Beacon, Bencubbin, Kellerberrin, Koorda, Kununoppin, Merredin, Mukinbudin, Nungarin, Southern Cross, Westonia and Wyalkatchem and current vacancies are in Bruce Rock, Beacon, Kununoppin, Merredin and Southern Cross. We welcome requests to be added to the CEACA waiting list.

The rent is affordable and you can even bring your pet!
A maximum of two people per unit permitted.

Refer a friend, family member or acquaintance to our units and if the person they referred is successful, the referrer will be paid a one-off sum of **\$250!**



CEACA Inc do give priority to those over 65 years and those living with a disability, however we also consider applications from all ages who may own or rent a house currently, who are living in the region or would like to relocate to the region to start a new life or just to be close to family and friends. As this is private accommodation, tenants will be subject to references.

If unsure, please contact us 9441 4815 or send an email to info@ceaca.org.au and we will be in touch!

Shire of Yilgarn

Bushfires Act 1954

Notice to all Owners & Occupiers of Land within the Shire of Yilgarn Requirements to Clear Firebreaks

Pursuant to the powers contained in Section 33(1) of the Bush Fires Act you are hereby required to plough, cultivate, scarify, burn or other-wise clear firebreaks on all land owned or occupied by you by 1 November 2020 and thereafter to keep these firebreaks clear of all flammable material until 31 March 2021. Firebreaks are required in locations and to the specifications detailed below.

LAND WITHIN TOWNSITES

- a) On land not exceeding 2023 square metres in area, all flammable material shall be removed.
- b) On land exceeding 2023 square metres in area, a firebreak 3 metres wide shall be constructed inside and immediately adjoining all external boundaries.
- c) Firebreaks 3 metres wide shall be constructed immediately surrounding all buildings.
- d) Haystacks must not be located more than 20 metres to an external boundary. They shall be surrounded by a 10 metre wide firebreak situated between 10 and 20 metres distance from stack.
- e) Stored fuel, oil and flammable materials shall be protected from fire as prescribed in the Explosives and Dangerous Goods Act 1961 and the Flammable Liquids Regulations 1967.

RURAL LAND

- a) Firebreaks 3 metres wide shall be constructed immediately inside and adjoining all property boundaries.
- b) Firebreaks 3 metres wide shall be constructed immediately surrounding all buildings.
- c) Firebreaks 3 metres wide shall be constructed between 10 and 20 metres distance from and surrounding all haystacks.
- d) Stored fuel, oil and flammable materials shall be protected from fire as prescribed in the Explosives and Dangerous Goods Act 1961 and the Flammable Liquids Regulations 1967 and which include that a firebreak 6 metres wide will be provided immediately surrounding storage areas.

GENERAL

If for any reason it is considered by the owner or occupier of land that it is impractical to comply with the requirements of this notice, a request may be made to Council to approve alternative fire protection measures. Such application shall be accompanied by a sketch or drawing of the proposed variations and should be lodged at the Council offices no later than 31 October 2020.

Where approval of a proposed variation is not granted by Council you shall comply with the requirements of this notice. The penalty for non-compliance with this notice is a maximum of \$5,000 and notwithstanding prosecution; Council may enter on the land and carry out the requisite works at the owner / occupiers expense.

RESTRICTED AND PROHIBITED BURNING TIMES

Restricted Burning Period: 19 September 2020 to 31 October 2020 and 16 February 2021 to 31 March 2021

(Note: Permits to burn during this period are required. Permits must be obtained from your nearest Bush Fire Control Officer)

Prohibited Burning Period: 1 November 2020 to 15 February 2021

(Note: Permits to burn stubble from the previous seasons crop will not be issued until 1 March 2021)

By order of the Council
Peter Clarke
Chief Executive Officer



SOUTHERN CROSS OVAL

SPRING CARNIVAL

Saturday, 24th October 2020
10am to 3pm

Bouncy castles, stalls, food and fun!
Some stalls include: ENVY Jewellery, Tupperware,
Soft Serve Ice Cream & Slushies, Cakes, Jams &
Relishes, Homemade crafted items and more!



For more information or to book a stall, contact Monica or Jodie at the
Shire of Yilgarn: 9049 1001 or the CRC: 9049 1688

EXPRESSION OF INTEREST!

SENIORS BUS TRIP FOR THE LIZA MINNELLI & DEAN MARTIN TRIBUTE SHOW

Please note we will require 10 people to run the bus, and will need a volunteer bus driver.

If we get the numbers, the bus will run for free thanks to the Southern Cross CRC.

Contact the CRC on 9049 1688 to express interest by Monday 5th October.

*tickets and any food/beverages will be the responsibility of the attendees

Save the date

Westonia

Sat 17th October 11am @ Old Miner Hall

Liza Minnelli
& Dean Martin
Tribute Show

Tickets

\$10.00



Proudly brought to you by

Westonia CRC
Shire of Westonia &
Ramelius Resources.



NARELLE BELLE & SCOTT VANCE (LIZA MINNELLI AND DEAN MARTIN)



When it comes to performers of class, style and sass you can't go past Liza Minnelli and Dean Martin. For decades these two legendary performers have captivated audiences around the world, with their dynamic talent and unique wit.

You are invited to come on a journey to experience some of the greatest songs in history performed by two of the greatest artists. You will be singing along to For Once in my Life, Cabaret, Mack the Knife, That's Amore, New York New York and many more!

The 'Minnelli and Martin' show will transport you back to the golden era of 'total' entertainment.

Testimonial:

We had booked a Liza Minnelli Tribute for our Morning Melodies series and were delighted to be offered by Narelle Belle this double act, Minnelli n Martin. Narelle (Liza Minnelli) and Scott (Dean Martin) were so easy to work with and both did a fantastic job vocally, made even better by the way they improvised using a set that happened to be on stage - a hair dressing salon for the play 'Steel Magnolias'. Our audience, mainly seniors who remember the original "Minnelli n Martin" well, absolutely loved the show. We will definitely be looking to bring them back.'

Grants



Smart Farms Small Grants open for Big Impact

26 August 2020

Durack primary industry practitioners can now apply for Australian Government funding of up to \$100,000 to support their natural resource management efforts.

Federal Member for Durack, the Hon Melissa Price, said applications for Round 4 of Smart Farms Small Grants are now open.

“This is a hugely popular program that provides a real bang for buck when it comes to delivering benefits for farms, the environment and local communities,” Ms Price said.

Durack farmers not only produce some of the best food and fibre in the world, but they are also our greatest environmentalists.

“Our farmers have always looked after the land and through these grants we can give them a helping hand to adopt the next generation of sustainable farming practices,” Ms Price said.

There is \$6.5 million available under this round of Smart Farms Small Grants to support one to two-year projects that boost best practice sustainable farming awareness, skills and capacity.

We’re looking for projects across a range of areas such as pest control, vegetation management, farm input efficiency, climate and market management, and the use of new technologies.

“Previous rounds of this program have delivered benefits across the length and breadth of Durack, with successful previous recipients including Environs Kimberley and the Northern Agricultural Catchments Council Incorporated.

Smart Farms Small Grants is a sustainable agriculture element of the National Landcare Program (NLP). The Australian Government is investing more than \$1 billion towards the second phase of the NLP from 2018-2023.

For more information and to apply, visit the Community Grants Hub <https://www.communitygrants.gov.au/grants>.

Ends;

Media Contact;
Rose Crane 0427 587 395, Rosemea.Crane@aph.gov.au



First Friends

A playgroup session suitable for 0-4 years with parents/grandparents/carers.

Come along to our first friends sessions.

Meet up with friends & spend time together in the sunshine or keep warm inside with the heater. All our toys and playground are clean and ready to be enjoyed.

PLEASE BE COVID SAFE

Every Thursday 8:45 am - 10:45 am

Early Childhood Centre SXDHS

Look for the flag!





St Joseph's Catholic School is a vibrant and friendly community, which caters for children from Pre-Kindergarten to Year 6.

We believe it to be a shared responsibility of family, teachers and the wider community to enhance the development of children. We pride ourselves on the partnerships that are forged with parents, as we offer every child who enters our doors the very best start as minds are inspired, characters are formed, and values and traditions of the past form the foundations of the future.

Our school boasts quality facilities and resources, 21st century learning, the latest technology, highly skilled and dedicated teachers, and a wonderful sense of unity and community. Children are encouraged to play, run and thrive in a safe, inclusive and secure environment. Children in the Early Years engage in play-based learning and have the opportunity to play, learn, inquire and explore in our nature playground.

We value the importance of literacy and numeracy, which is reflected in the high standards set by our staff. Our versatile curriculum includes innovative programs and an integrated education which encourages physical, intellectual, moral, social, spiritual and creative growth. We offer a range of opportunities for all children to develop their gifts and talents and offer specialist programs in Science, HASS, Physical Education, Drama, Dance and Chinese.

We are proud of our children and all that they achieve and share with them a great pride in our school.

We offer low cost, high quality Catholic Education so please contact us to discover how St Joseph's Catholic School can support your child's learning journey!

ADDRESS 51 Altair Street, Southern Cross WA 6426
TELEPHONE (08) 9049 2100
EMAIL: admin@stjoessx.wa.edu.au
WEBPAGE: www.stjoessx.wa.edu.au



GREAT EASTERN HIGHWAY UPGRADES



Main Roads are undertaking a significant amount of road and bridge works on the Great Eastern Highway to improve road safety and freight efficiency.

Widening works and construction of the overtaking lane between Carrabin and Bodallin will recommence from 1 September 2020 and are due to be completed in November 2020. This will involve several work sites with manned traffic lights during the day.

We are currently sealing the shoulders between Kellerberrin and Walgoolan to ensure a 11m wide seal. The widening works are due to be completed in October 2020.

In early 2021, works on Bridge 0629 in Walgoolan will commence. A new bridge will be constructed away from the road and there will be little impact on the highway until the end of the works. Bridge 0630A at Moorine Rock will also be widened at the same time. Works are due to be completed in early 2022.

For the safety of road users and road workers, there will be lane closures and speed restrictions. Road users are urged to slow down when approaching worksites, obey all signs and signals and show courtesy to other road users. We understand this will involve delays to travel and we appreciate the patience of road users.

For further information on roadworks please see Travel Map (<https://travelmap.mainroads.wa.gov.au/Home/Map>) or contact Main Roads on 138 138.

Community News

Thank you

We would like to thank everyone for the love and support given to us during this sad time. Your cards, calls and attendance at Mila's funeral have been greatly appreciated.

We would especially like to thank the wonderful staff at the Southern Cross hospital who looked after Mila during the last 12 years of her life. She could not have had any better care.

Joe, Elaine, Ana, Nada and families

AGM

Yilgarn Motoring Enthusiasts Inc

AGM Meeting

25th of October at 10am

At our Club Room at the bitumen Netball Courts.

PLEASE NOTE

**CRC WILL BE CLOSED ALL DAY
MONDAY 21 SEPTEMBER**

We will reopen on
Tuesday 22 September at 8:30am.

We apologise for any inconvenience.

YILGARN HISTORY MUSEUM

VOLUNTEER/S CURATOR POSITION

The Yilgarn History Museum Committee, which is an Advisory Committee of the Shire of Yilgarn, is seeking the services of a Volunteer/s interested in undertaking the duties of Curator at the Museum.

The position involves the collating of local historical artefacts at the Museum and recording of these items on a specific software program. Knowledge of computers would be an advantage and it is envisaged that approximately one day per week of volunteered time would be required to undertake these duties. These duties could be shared by two like-minded people interested in recording our local history.

If you believe that you could devote this valuable time to enable our local history to be recorded and held in perpetuity for the future residents of the Yilgarn district, training will be offered by the Museum's current Volunteer Curator.

Please contact the undersigned to register your interest.

Robin Stevens

Curator

Yilgarn Historical Museum Committee

ONLINE SURVEY

Impact of COVID-19 on the Physical and Mental well-being of the Western Australian Community Researchers at [The University of Notre Australia](https://www.notredame.edu.au/) are inviting Western Australians over the age of 18 year to complete an online survey to provide insights on how the COVID-19 lockdown impacted on their "body and mind".

The outcomes of the study will help inform development and delivery of health promotional activities at state and local government level should WA be impacted by a second wave of the virus or similar emergency.

This [state government funded](https://notredame.syd1.qualtrics.com/jfe/form/SV_2i6cRGer71duajP) survey can be found [here](https://notredame.syd1.qualtrics.com/jfe/form/SV_2i6cRGer71duajP):

https://notredame.syd1.qualtrics.com/jfe/form/SV_2i6cRGer71duajP and takes about 20 minutes to complete.



YILGARN SKELETON WEED LOCAL ACTION GROUP

FACTS YOU MAY NOT KNOW:

- Skeleton Weed is a **declared** plant in the Yilgarn
- You **CAN NOT** seed through code 1 squares
- All plants need reporting, the program is **still active**
- Our AGM will be held on **Wednesday 16th September 2020**
6pm at the Shire of Yilgarn Council Chambers. Landholders are encouraged to attend.

Robbie Della Bosca, LAG Co-ordinator: 0427-791-135
To RSVP/receive an Agenda: Bec Maddock, LAG Admin on 9049 2007 or
email rebecca.maddock@dpird.wa.gov.au



PARNANA PIKURTU WILDLIFE SANCTUARY INC.
THE PALACE HOTEL FUNDRAISER
09/08/2020
FINAL TOTAL RAISED ON THE NIGHT \$9000

On behalf of all the furred and feathered critters at Parnana Pikurtu wildlife Sanctuary, Laura Black and Ron Goodhill would like to say a massive thank you to the following people:-

Liz Sheehan, manager of The Palace Hotel Southern Cross who had the idea to have a fundraiser for us and then proceeded to organise everything. The band, auctioneer, items for auction, raffle prizes, posters, extra staff for the night, including her own family members, and a fundraiser on her own Facebook page. There are not enough words to describe your energy, commitment, drive and support, or to adequately thank you. Thanks Liz, you are a legend.

Jamie Turner from Australian Premium Feeds who organised 18 framed Sports Memorabilia items for auction which he brought with him from Perth. Thanks so much Jamie, your contribution and support was fantastic.

The Benny Mayhem Band who played great music all evening and long after the advertised end time of 8pm. Not only did they entertain us and get us all up dancing but Ben MC'd the night as well. Thanks guys you were fabulous.

Craig Wildman, Liz's brother in law and auctioneer extraordinaire! Thank you so much for such a great job. We wouldn't have achieved nearly the amount we did without your skills. Craig was ably assisted by Liz's sister and his wife Dee Sheehan and they both helped out clearing tables as well. Thank you both. Glen Brooks held all the auction items up high so everyone could see them, so thanks to you too. All the businesses and individuals around town and from Perth who donated such great prizes for the raffle. Our heartfelt thanks.

All the kitchen and bar staff, including Liz and her sisters, who ran their feet off all evening serving food and drinks to everyone. You all did such a wonderful job. Sister number two, Orla Cresswell and her husband Shane stocked the bar, washed glasses and donated a raffle prize. Val Mullins and Emma Brooks sold raffle tickets, cleaned tables and were waitresses for the night. Thanks to Jona Halimi and Katie Slack who were troopers behind the bar and Glen and Emma's son Tom who did his first stint behind the bar as he had just done his RSA. Considering how busy it was, he was remarkably cool, calm and collected! Head chef Julian Corbett and his army of kitchen staff fed delicious food to the masses all evening. Thank you all.

And lastly but by no means least, to all members of our local community who showed up on a cold and rainy night to support us and made the night the roaring success it was. Thank you all so much. We had so much fun and we are so grateful for the support.

Funds will go towards the following:-

- Ongoing feed. Joey milk, alpaca mix and hay for the roos, and fruit and veg, seed and nuts, frozen mice and king worms for the birds.
- Aviary building and furnishing and Soft release enclosures
- Vet bills



wheatbelt
natural resource
management



Field Day UWA Future Farm - Bio-amendments

Can straw, compost or biochar fast track your soil health?

Join us at the UWA Future Farm in Pingelly to see a demonstration of land restoration options using straw, compost and biochar.

How can we use organic materials to restore soil function?

Get your hands dirty looking at the results and contribute to a 'How to' manual that will assist in the use of permeable biomass barriers.

Event Details

When: Thursday 10 September, 10am-2pm with lunch provided

Address: Ridgefield, UWA Future Farm, West Pingelly WA 6308

RSVP is Essential

Contact Jacquie Lucas on jlucas@wheatbeltnrm.org.au or 9670 3113.

Participants will receive a map and materials prior to the event.

wheatbeltnrm.org.au/events



National
Landcare
Program



THE UNIVERSITY OF
**WESTERN
AUSTRALIA**

Institute of
Agriculture

This project is supported by Wheatbelt NRM through funding from the Australian Government's National Landcare Program

Did You Know?

Did you know that Southern Cross Hotel started its life on a mining lease near Frasers mine? It opened its doors in December 1889.

When the town was laid out two years later, the pub was outside the town boundary, leading to it being abandoned, and another Southern Cross Hotel built where the medical centre now stands.

The Southern Cross hotel was delicensed in 1924 when the town's population fell to about 350. For a number of years afterwards the old pub was used as a boarding house, and then RSL meeting room. The building was sited crossways, part on lot 17 and part on lot 18.

Did you know that Southern Cross had its own roller skating rink back in the early 1900's? It was situated behind the present supermarket, and known as the Stadium. Roller skating contests were popular.

The hall was also used for pictures and dancing and boxing contests. Dancing was popular, the way that boys met girls, sometimes held in places such as Yellowdine or Marvel Loch or Bullfinch, or Bodallin.

These were often lit by hurricane lamps, with gum leaves decorating the walls. The district boasted several dance bands in those days.

Getting back to the Stadium, old timers may remember this hall as Bob Liddle's garage during the 1930's and 40's. In recent years the building was pulled down to make way for the present ambulance hall.

White ants had got into the oregon roof trusses and they were not worth saving. A feature of the Stadium was the large advertisements of various businesses in town, painted on interior wall panels. Many have been saved, a link with the past.

©Lance Stevens



Right at Home Kalgoorlie Wheatbelt is an in-home care and assistance provider dedicated to supporting our older Australians, and people living with a disability and recovering from surgery or disease.

Our mission is to improve the quality of life for those we serve. We live and breathe this mission everyday and are focused on making sure you and your loved one receive the right care, whenever and wherever it's needed.

We provide the support our clients and their families want, when they want it, and how they want it so that they can continue living independently in their homes.

If you require home care assistance but are unsure what kind of help you need or how care would fit within your homecare package, we strongly recommend contacting us about our free in-home care consultation.

Our experienced care co-ordinator will visit your home and assess your needs and provide a care plan that you can use to decide what would best suit you.

We offer:

- Free, no obligation 30-minute consultation by a health professional.
- Get an individualised care plan that you can use with our carers.
- We do not have any administration fees, care management or package management fees.

This means we can offer more hours of care and support to you or your loved one.

- We work with home care packages, NDIS or we provide private pay.

Feel the difference and experience the Right at Home approach by contacting our office on (08) 9035 0417.

SUPPORT SERVICES

000 (emergency)

Rural Link: 1800 552 002

Mental Health Emergency Response Line: 1300 555 788

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Lifeline Text Service: 0477 13 11 14 (only available 6:00 pm to 10:00 pm EST)

Beyond Blue: 1300 224 636

Kids Helpline: 1800 551 800

headspace (9am till 1am EST): 1800 650 890

Samaritans Crisis Line: 135 247

The Salvation Army: 1300 363 622

Crisis Care (Child Protection & Family Support): 1800 199 008

Reachout: www.reachout.com

Mensline: 1300 789 978

Grief Line (midday to 3am EST): 1300 845 745

Alcohol & Drug Support Line: 1800 198 024 or 9442 5000

Parent and Family Drug Support Line: 1800 653 203 or 9442 5050

Narrogin & Upper Great Southern Domestic Violence Helpline 1800 007 570

Wheatbelt Domestic Violence Helpline 1800 353 122

Women's Domestic Violence Helpline: 1800 007 339

Men's Domestic Violence Helpline: 1800 000 599

1800 RESPECT: 1800 737 732

Elder Abuse Helpline WA - 1300 724 679

Suicide Bereavement Service: 0474 076 849

Sexual Assault Referral Centre: 1800 199 888

HealthDirect: 1800 022 222

Holyoake

Northam: (08) 9621 1055

Narrogin: (08) 9881 1999

Merredin: (08) 9081 3396

Victoria Park: (08) 9416 4444

Midland: (08) 9274 7055

Freecall: 1800 447 172

WACHS Wheatbelt Mental Health Service – (08) 9621 0999



Information and Initiatives to assist people who work in agribusiness/agricultural areas, and men living in country areas	
Regional Men's Health Initiative	Raising awareness of men's wellbeing in regional, rural and remote WA – https://regionalmenshealth.org.au/
Are You Bugged Mate?	Are you bogged mate? is all about helping country blokes talk about mental health and suicide while spreading awareness about depression in the bush https://www.areyouboggedmate.com.au/
Mensline Australia	MensLine Australia is a telephone and online counselling service for men with emotional health and relationship concerns - https://mensline.org.au/
ifarmwell	A free online tool kit to help farmers cope effectively with life's challenges and get the most out of every day – https://www.ifarmwell.com.au/
National Centre for Farmer Health Telehealth Platform	Professional support with Qualified Australian Psychologists who understand the many factors of farming life and work that contribute to mental health challenges https://fh.welysn.com/
Rural and Remote Mental Health	Key programs that are culturally tailored for people who live and work in the harsh, challenging environments of rural and remote Australia – https://www.rrmh.com.au/
Kind Minds	Rural and remote Aussies doing what they do best – sticking together – https://www.rrmh.com.au/covid-19/kind-minds/
You Got This Mate	'You got this mate' - a dedicated website for rural men (18+ years) which provides action-focussed tips and information to help men reach their best possible mental health – https://www.yougotthismate.com.au/
'Toughen Your Nut' – developed by the Black Dog Institute	Headgear App 'Toughen Your Nut' FREE mobile app. Includes toolbox, mood tracker and 30-day daily exercise challenge – https://apps.apple.com/au/app/headgear/id1160049475
Weathering Well	Weathering Well provides a structured 'low-intensity' mental health, wellbeing, and alcohol and drug intervention using strength-based motivational interviewing techniques. It is specifically designed to support the wellbeing of Australian farmers, growers and graziers https://www.weatheringwell.com/
Support for Fathers	Providing dads with options and information about fatherhood, the relationship with their partner and connecting with their kids – https://supportforfathers.com.au/
Farm Hub	FarmHub connects Australian farmers to a range of helpful services and support https://farmhub.org.au/
Tackle Your Feelings	Champion of positive change in mental health through your AFL community club – https://www.tackleyourfeelings.org.au/



WHEATBELT CANCER SUPPORT.

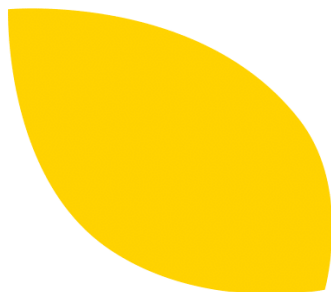
**Are you affected by cancer, or do you care for someone who is?
Would you like an opportunity to talk to someone about what
support is available?**

Barbara Brennan from Cancer Council WA is an experienced health professional who is the Cancer Support Coordinator for the Wheatbelt Region.

Barbara can connect you and your family to Cancer Council WA and other community services available in your area.

Please call **Barbara on 08 9621 1810** if you would like to discuss:

- information on all aspects of cancer
- accommodation during treatment in Perth
- practical and financial assistance
- emotional support



We're your compass through cancer
call us on 13 11 20

Our Commitment to You

We believe that partnerships with the community are integral to our success.

This commitment is supported by us seeking your input into our business through surveys, customer feedback and our advisory groups who represent the community, specific interest groups and industry bodies.

For all concerns, suggestions or complaints regarding Great Eastern Highway, Marvel Loch Road and Bullfinch Road contact Main Roads.

Your suggestions... how can we improve?

We welcome any feedback you may have, including suggestions on how we can improve our services to you and your feedback on what we are doing well. Call 138 138 or email us at enquiries@mainroads.wa.gov.au.

We are also committed to an accessible, fair and equitable complaints handling process where we work together with you, our customers, to drive business decisions and improvements.

For more information on how to make a **complaint online** please visit

<https://www.mainroads.wa.gov.au/Pages/complaintsFeedback.aspx>



CBH GROUP PRE-HARVEST MEETINGS

The pre-harvest meetings are an opportunity to get involved with the planning for your local sites and hear about any important changes for the coming harvest. We encourage and welcome everyone to come along and provide their input.



Find your local meetings here:

DATE	TIME	LOCATION	SITES
15/09/2020	3PM	BRUCE ROCK REC CENTRE	BRUCE ROCK / SHACKLETON
22/09/2020	9AM	MT HAMPTON HALL	DULYALBIN / HOLLETON / STH YILGARN
22/09/2020	2PM	MUNTADGIN PUB	MUNTADGIN / WOGARL
23/09/2020	8AM	BODALLIN CBH SITE	BODALLIN / MOORINE ROCK
23/09/2020	11AM	SOUTHERN CROSS CRC	SOUTHERN CROSS
24/09/2020	11AM	NAREMBEEN REC CENTRE	NAREMBEEN / SOUTH KUMMININ / MT WALKER
24/09/2020	3PM	MERREDIN BOWLING CLUB	MERREDIN / NUNGARIN BARRACOPPIN / WARRALAKIN

For more information:

Contact your local
CBH office:

Ph | 9041 9000

Monday to Friday
8am to 5pm

www.cbh.com.au



MERREDIN VETERINARY CLINIC AND HOSPITAL

Louise French Pty. Ltd. ABN 46 661 403 944



Dr. LOUISE FRENCH B.V.Sc.(Hons)
& ASSOCIATES
Veterinary Surgeons
& Physicians

Po Box 388
29 Todd Street
Merredin WA 6415

Telephone (08) 9041 1734
Facsimile (08) 9041 2791

Southern Cross Clinic Dates 2020

Location: Away Side Football Change Rooms Rec Grounds

September 16th

October 14th

November 11th

December 9th

Please contact 90411734 to make an appointment

FAMILY COUNSELLING SERVICE

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SERVICES INC.

FAMILY COUNSELLOR

*...helping rural people meet the
challenges of change*



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- ◆ Merredin
- ◆ Mount Marshall
- ◆ Mukinbudin
- ◆ Nungarin
- ◆ Trayning
- ◆ Westonia
- ◆ Yilgarn

Contact: Kaye Bell

PO Box 101

Nungarin WA 6490

Phone: (08) 9046 5091

Fax: (08) 9046 5063

Mobile: 0488 465 081

Email: wheatbeltfamily@wn.com.au

WHEATBELT AGCARE...

*"providing free, independent and
confidential family counselling for the Wheatbelt."*



"good country for hardy people"

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Shire of Yilgarn

Eastern Districts Petfood
BULLFINCH
regular deliveries to
SOUTHERN CROSS

camel, roo, beef, rabbit, roo tails

Injured or un-stock removed!
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Feral dog control.

NOW BUYING IN KANGAROO CARCASSES ONLY FROM LICENCED SHOOTERS WITH DEC

Kangaroos under 20kg not accepted.

Also buying in beef & horse for dog bait purposes.

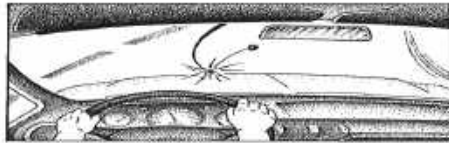
Drop off by appointment only.

Encouraging local farmers to get on board.

PROFESSIONAL. Police clearances available on request. **LICENSED and INSURED.**

Phone Andrew or Tyler Now

9049 5317



Coming to Southern Cross

Eastern Districts Panel Beaters
Merredin's Windscreens O'Brien Authorized Dealer

will be in **SOUTHERN CROSS** on the

September 16, October 21, November 18, December 16
January 20, February 17, March 17, April 21, May 19, June 16

- Auto Glass—Front, Rear & Side for all Makes & Models
- All Fleet & Insurance Work with Direct Billing
- Trucks & Heavy Machinery
- Chip Repairs
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Eastern Districts Panel Beaters
PO Box 247, Barrack Street East
MERREDIN WA 6415
Email: edpb@bigpond.com

PH: 08 9041 1592
MBL: 0407 020 413
FAX: 08 9041 1149

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Smash Repair Quotes, either Insurance or Private.

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Rob Southall

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7 days a week

8am—5.30pm



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- ~Pre-purchase Inspections
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- ~Termite Control
- ~Ants
- ~Rodents
- ~Cockroaches
- ~Other Household Pests

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Mobile: 0428 412 018

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PHD License No 311

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\$195,000

- ✓ 4 bedrooms all with built-in wardrobes and split system air conditioners
- ✓ 1 bathroom with bath and shower
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- ✓ Linen cupboard
- ✓ HUGE family room
- ✓ User friendly kitchen with heaps of overhead cupboards, natural light, dishwasher and walk-in pantry. 5 burner gas cooktop, electric oven
- ✓ Split system air conditioners throughout main living area
- ✓ Windows have either blinds and/or curtains
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- ✓ Heaps of storage
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- ✓ 3 sheds, one with two roller doors and powered workshop
- ✓ Citrus trees
- ✓ Raised garden beds
- ✓ Chicken coop
- ✓ Rainwater tank
- ✓ Rear access
- ✓ Reticulated garden and lawn

Walking distance to shops, schools and most sporting facilities.

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If you wish to receive the
Crosswords for free via email,
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crc@yilgarn.wa.gov.au to register.

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LOCAL PEST CONTROL

We specialise in All Types Of Pests

Deon & Leah King
0428 412 018

PO Box 313

Merredin WA 6415

State Licence No. 4294

Phone/Fax: 9041 2018

Registration No. 311

Services Listing space available!

Please contact the CRC for
further information.

9049 1688

crc@yilgarn.wa.gov.au

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Ph: 9049 1172 Email: info@sxtas.com.au
Website: www.sxtas.com.au

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Hydraulics, Automotive Parts & Servicing,
Agriculture, Mining, Kalexpress Freight
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& Equipment Hire.

Find Us on Facebook!

Calendar of Events

Thu 3 Sep	Pat & Chat Mobile Vet in town
Wed 16 Sep	Eastern District Panel Beaters in town
Wed 16 Sep	Merredin Veterinary Clinic in town @ oval (change rooms)
Wed 16 Sep	Yilgarn Skeleton Weed Local Action Group AGM @ Council Chambers 6pm
Thu 17 Sep	Shire of Yilgarn Council Meeting @ 4:00pm
Mon 21 Sep	CRC CLOSED FOR THE DAY
Wed 23 Sep	CBH Pre-Harvest Meeting @ CRC 11am
Fri 2 Oct	Pat & Chat Mobile Vet in town
Wed 14 Oct	Merredin Veterinary Clinic in town @ oval (change rooms)
Thu 15 Oct	Shire of Yilgarn Council Meeting @ 4:00pm Mt Hampton Hall
Wed 21 Oct	Eastern District Panel Beaters in town
Sat 24 Oct	Spring Carnival @ Southern Cross Oval, 10am—3pm, FREE!
Sun 25 Oct	Yilgarn Motoring Enthusiasts AGM @ club room (netball courts) 10am

ACTION CALENDAR: SELF-CARE SEPTEMBER 2020

MONDAY
 7 Remember it's ok not to be ok. We all have difficult days.
 14 Talk kindly to yourself like you would to someone you love.
 21 Remind yourself that you are loved and worthy of love.
 28 Accept your mistakes as a way of helping you make progress.

TUESDAY
 1 Remember that self-care is not selfish. It's essential.
 8 Notice the things you do well today, however small.
 15 Find a caring, calming phrase to say to yourself when feeling low.
 22 Look at photos from a time with happy memories.
 29 Write down three things you appreciate about yourself today.

WEDNESDAY
 2 Be willing to share how you feel and ask for help when needed.
 9 Avoid saying 'I ought to' or 'I should' to yourself.
 16 Notice what you are feeling today, without any judgment.
 23 Let go of other people's expectations of you today.
 30 You matter. Remember that you are enough, just as you are.

THURSDAY
 3 Free up time in your diary by cancelling any unnecessary plans.
 10 Give yourself permission to say No to requests from others.
 17 Leave positive messages for yourself to see regularly.
 24 Ask a trusted friend to tell you what they like about you.

FRIDAY
 4 Forgive yourself when things go wrong. We all make mistakes.
 11 Aim to be good enough, rather than perfect.
 18 Don't compare how you feel inside to how others appear outside.
 25 Release yourself from inner demands and self-criticism.

SATURDAY
 5 Plan a fun or relaxing activity this weekend and make time for it.
 12 Let go of being busy. Allow yourself to take some breaks today.
 19 Get active outside and give your mind & body a natural boost.
 26 Find a new way to use one of your strengths or talents today.

SUNDAY
 6 Focus on the basics: eat well, exercise and go to bed on time.
 13 Make time today to do something you really enjoy.
 20 No plans day - make time to slow down and be kind to yourself.
 27 Take your time. Make space to just breathe and be still.

Self-care is not selfish. You can't pour from an empty cup.

ACTION FOR HAPPINESS
www.actionforhappiness.org
 Learn more about this month's theme at www.actionforhappiness.org/self-care-september
 Keep Calm · Stay Wise · Be Kind

Recycling Days

September 11
 September 25
 October 9
 October 23

November 13
 November 27
 December 11
 December 25