



\$1

Crosswords

Volume 23 Issue 2 20 January 2022



AUSTRALIA DAY

BREKKY

**Wednesday
January 26th
8am to 11am**



CONSTELLATION PARK

**Breakfast 8am - 9.30am
Australia Day Awards - 9.30am
Entertainment until 11am**





The Crosswords is produced by the Southern Cross CRC,
PO Box 178, Canopus St,
Southern Cross WA 6426

Phone: 08 9049 1688 Fax: 08 9049 1686

Email: crc@yilgarn.wa.gov.au

Crosswords Disclaimer:

The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

**Shire of Yilgarn
Emergency information hotline**

Call (08) 9487 8777

for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

Southern Cross Landfill Times

The Tip Shop will also be open during the below hours.

Monday	1:00pm to 4:00pm
Tuesday	1:00pm to 4:00pm
Wednesday	Closed
Thursday	Closed
Friday	1:00pm to 4:00pm
Saturday	10:00am to 4:00pm
Sunday	10:00am to 4:00pm

Crosswords Advertising Rates 2021/22 (as of 1 July 2021)

Business Advertisements (Business premises outside of the Shire of Yilgarn)	Black		Colour	
	No Typesetting	With Typesetting	No Typesetting	With Typesetting
Full Page (A4)	\$35.00	\$55.00	\$160.00	\$180.00
1/2 Page (A5)	\$20.00	\$30.00	\$90.00	\$100.00
1/4 Page	\$15.00	\$25.00	\$50.00	\$60.00

Local Business and Non-Profit Organisations Advertisements

(Business premises within the Shire of Yilgarn)

Full Page (A4)	\$30.00	\$50.00	\$130.00	\$160.00
1/2 Page (A5)	\$15.00	\$18.00	\$70.00	\$90.00
1/4 Page	\$10.00	\$15.00	\$35.00	\$40.00

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines)	\$8.00
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Advert size specifications for Crosswords (W x H)

- 1/4 page vertical 90mm x 120mm
- 1/4 page horizontal 180mm x 60mm
- 1/2 page vertical 90mm x 270mm
- 1/2 page horizontal 180mm x 120mm
- A4 Full page 180mm x 270mm

A5 adverts which are not horizontal will be displayed in print on their side to ensure no modification to advertisements.



DON'T FORGET!
Crosswords' submissions
close every 2nd Tuesday at 12.00 noon

Church Notices / Updates



48 Altair Street, Southern Cross
 SX Presbytery: 9049 1049 (Sun to Mon)
 Bruce Rock Presbytery: 9061 1094 (Tues to Sat)
 Email: yilgarnwestoniacatholic@gmail.com
 Facebook: Yilgarn/Westonia Catholic Community
 YouTube: Yilgarn Westonia Catholic

2022 Publishing Dates

Deadline 12 noon	Publishing Date
1/02/2022	3/02/2022
15/02/2022	17/02/2022
1/03/2022	3/03/2022
15/03/2022	17/03/2022
29/03/2022	31/03/2022
12/04/2022	14/04/2022
26/04/2022	28/04/2022
10/05/2022	12/05/2022
24/05/2022	26/05/2022
7/06/2022	9/06/2022
21/06/2022	23/06/2022
5/07/2022	7/07/2022
19/07/2022	21/07/2022
2/08/2022	4/08/2022
16/08/2022	18/08/2022
30/08/2022	1/09/2022
13/09/2022	15/09/2022
27/09/2022	29/09/2022
11/10/2022	13/10/2022
25/10/2022	27/10/2022
8/11/2022	10/11/2022
22/11/2022	24/11/2022
6/12/2022	8/12/2022

As at publication, Our Lady of Montserrat church is operating at 100% capacity. Please check the parish Facebook page for any updates. COVID-19 protocols are posted as a notice on the front door of the church. Please read this notice carefully before entering.

Mass Times

Saturday 6:00pm @ Bruce Rock parish
 Sunday 5:30pm @ OLM church

Saturday evening Mass will be live-streamed from Bruce Rock parish each weekend. The live-stream is for those for whom getting to OLM church on Sunday evening is impractical. Live-streamed Masses will continue to be available in "Catch-up" mode via the parish YouTube channel.



Services for the Uniting Church are held on the first Sunday of each month.

Contact:

Cheryl Auld 9049 8026

Diane Della Bosca 9049 1149



Antares Street, Southern Cross

Enquiries: Leonie Gethin

Ph.: (08) 9049 1222

2022 Christ Church Southern Cross

Anglican Services

All services are held at 11.00am on Saturdays

Everyone is warmly invited to come along

19th February 9th April (Palm Sunday Service)

19th June (Annual Meeting follows)

20th August 15th October

17th December (Christmas Service)

SKELETON WEED SUPPORT OFFICER **(Casual)**

The Shire of Yilgarn invites applications for the position of Skeleton Weed Support Officer, which is a casual role. The position will involve 35 hours per fortnight **(as required)**, with flexible working arrangements available. The primary responsibilities of the position are:

- Providing administrative support for the Yilgarn Local Action Group;
- Provide reception support for Department of Primary Industries and Regional Development;
- Assist affected landholders meet their skeleton weed program requirements;
- Assist Yilgarn Local Action Group with winter treatment of affected sites;
- Collect and maintain information related to Skeleton weed searching and treatment;
- Assist in preparing reports and financial acquittal/budget applications.

While no previous experience working with skeleton weed is required, a basic knowledge of the plant, control program and the Yilgarn area would be beneficial.

The position is fully funded by the Grains, Seeds and Hay Industry Funding Scheme, and therefore is reliant on grant funding to continue each year and operates out of the DPIRD Office located on Arcturus Street, Southern Cross.

Council operates under the Shire of Yilgarn Enterprise Agreement 2021, salary and conditions will be in accordance with this agreement. This casual position is classified as a Level 5 and will be applied on a pro-rata basis. The salary package for a level 5 position is as follows:

- \$29.15 per hour
- 25% Casual Loading

An application pack is available at www.yilgarn.wa.gov.au. Further information can be obtained by contacting Executive Manager Regulatory Services – Shane Chambers on 9049 1001 or emrs@yilgarn.wa.gov.au.

Written applications, addressed to the CEO and marked confidential, will be received up to **4:00pm Friday 28th January 2022** and should be marked "Confidential Application – Skeleton Weed Support Officer". Refer to the Application Pack on what forms to complete and how to apply.

Nic Warren
Chief Executive Officer
Shire of Yilgarn
PO Box 86
SOUTHERN CROSS WA 6426

PLEASE NOTE: Canvassing of Councillors will lead to disqualification. If successful in obtaining the position you will be required to obtain relevant police checks, and to provide evidence of all claimed qualifications prior to commencing employment. This position is subject to a National Police Clearance and Pre-Employment Medical Assessment.

PERMANENT PART-TIME CLEANER

The Shire of Yilgarn currently has an opportunity for a reliable person to join our team on a permanent part-time basis. The primary responsibilities of the position is the cleaning of Shire owned premises.

The applicant must be:

- Responsible
- Have a strong work ethic
- Reliable
- Have good personal presentation
- Attention to detail
- Capable of working alone
- Physically able to undertake manual work including lifting, carrying and kneeling
- Excellent communication skills
- Self-motivated

The successful applicant must have a valid C class drivers licence

An information package is available at www.yilgarn.wa.gov.au. Further information can be obtained by contacting our Asset Management Officer – Kim Chrisp on 0429 593 586.

The successful candidate may be required to work early morning or late afternoon/evening hours.

Cleaning equipment and products provided.

Interested candidates are requested to obtain an application pack from:

- administration office at 23 Antares Street, Southern Cross, or
- telephone Corporate Services Officer 08 9049 1001, or
- email payroll@yilgarn.wa.gov.au , or
- website www.yilgarn.wa.gov.au.

Applications **must be received** by **4:00pm** on **Friday 4 February 2022** and should be marked "Confidential Application – Permanent Part-time Cleaner".

Nic Warren
Chief Executive Officer
Shire of Yilgarn
PO Box 86
SOUTHERN CROSS WA 6426

PLEASE NOTE: Canvassing of Councillors will disqualify. The successful applicant is required to obtain relevant police checks, and to provide evidence of all claimed qualifications prior to commencing employment. This position is subject to a Pre-Employment Medical and a National Police Clearance.

SHIRE OF YILGARN

2022 COUNCIL MEETING SCHEDULE

In accordance with Section 12 of the *Local Government (Administration) Regulations 1996*, it is hereby notified for public information that the following dates and times have been set for the Shire of Yilgarn's 2022 Ordinary meetings of Council:-

Monthly Ordinary Council meetings to commence at 4:00pm on the following dates: -

<i>January 2022</i>	<i>No Meeting Scheduled</i>	
<i>Thursday, 17th</i>	<i>February 2022</i>	<i>Council Chambers Southern Cross</i>
<i>Thursday, 17th</i>	<i>March 2022</i>	<i>Council Chambers Southern Cross</i>
<i>Thursday, 21st</i>	<i>April 2022</i>	<i>Council Chambers Southern Cross</i>
<i>Thursday, 19th</i>	<i>May 2022</i>	<i>Council Chambers Southern Cross</i>
<i>Thursday, 16th</i>	<i>June 2022</i>	<i>Council Chambers Southern Cross</i>
<i>Thursday, 21st</i>	<i>July 2022</i>	<i>Council Chambers Southern Cross</i>
<i>Thursday, 18th</i>	<i>August 2022</i>	<i>Council Chambers Southern Cross</i>
<i>Thursday, 15th</i>	<i>September 2022</i>	<i>Council Chambers Southern Cross</i>
<i>Thursday, 20th</i>	<i>October 2022</i>	<i>Mt. Hampton Hall</i>
<i>Thursday, 17th</i>	<i>November 2022</i>	<i>Council Chambers Southern Cross</i>
<i>Thursday, 15th</i>	<i>December 2022</i>	<i>Council Chambers Southern Cross</i>

The above meetings are open to the public and commence at **4.00pm**. A 15 minute Public Question Time is allocated at the commencement of each meeting where residents are welcome to ask questions, with or without notice, or raise an issue considered relevant to the operations of Council. In some cases prior notification of a proposed question is considered prudent, particularly if the matter requires some research. Residents are also welcome to attend the whole meeting however, they are not permitted to speak (unless directed by the Shire President) or take part in debate on any agenda item.

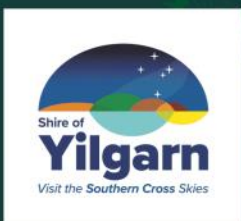
Other meetings such as the Annual Meeting of Electors and Special Meetings of Council called for a specific issue are advertised separately.

Nic Warren
CHIEF EXECUTIVE OFFICER

DON'T MESS WITH THE DUMMIES



**Southern Cross
Community Centre
Saturday 5th February
2022**



Doors Open 6pm & Show Starts 6.30pm

Gold Coin Donation Entry

DUMMIES
CORP.

Certified Customer Service Excellence (CCSE) program



Training Details – Southern Cross

Location: Southern Cross Community Resource Centre, Canopus Street (within the High School grounds)

When: Monday 28 February 2022
9.30am – 12.30pm

- Lunch, tea & coffee provided (please advise any dietary requirements)
- There is no cost to participants but spaces are strictly limited!
- RSVP's are essential by Monday 14 February 2022 to rebekah@150square.com.au (cc_crc@yilgarn.wa.gov.au)

Learn how to deliver exceptional customer service and to be a true customer advocate.

The Certified Customer Service Excellence (CCSE) program focuses on the essential skills and techniques that make customer service better. The program helps build cognitive and effective empathy skills and trains participants to deliver customer service excellence as part of the wider organisational goal of improving customer service and customer advocacy.

Key Learning Outcomes

After completion of this workshop, participants will:

- Recognise how the customer experience links to online reputation
- How to manage customer expectations so that they have a positive experience
- The fundamentals of good customer service and how to deal with difficult customers



About WEROC

The Wheatbelt East Regional Organisation of Councils (WEROC) Inc. is an incorporated not-for-profit organisation whose membership is comprised of representatives from the Shire's of Bruce Rock, Kellerberrin, Merredin, Tammin, Westonia and Yilgarn. WEROC Inc. is partnering with CSIA in delivering their customer service training to support local business development.

About CSIA

Since 1997, CSIA has been recognised as the authority on customer service in Australia. Our certification, training and recognition programs support organisations and individuals to excel and deliver exceptional customer experiences.

P 1300 912 700 E info@csia.com.au



Looking for hosts for medical students

Wheatbelt Medical Student Immersion Program

TUESDAY 15 MARCH TO FRIDAY 18 MARCH 2022

Share what **living** in the **Wheatbelt** is like with **future doctors**

Two hundred medical students will be spending one week in the Wheatbelt in March 2022. During their stay, students will visit local farms, industry, general practices, hospitals and schools, and participate in community activities.

We need you to provide real-life experiences that will give students an understanding of what it is like to live in the Wheatbelt and perhaps inspire them to become rural doctors.

Students will visit the following towns:

The University of Notre Dame Australia students

Bruce Rock, Merredin, Narrogin, Southern Cross and Westonia.

Curtin University students

Cunderdin, Corrigin, Kellerberrin, Moora and Wongan Hills.

As a host, we ask you to provide accommodation and meals for two or more students; live no more than 30 minutes from

town and be able to assist with transport to/from town; share what it is like to live in your town; and come along to a Thank You Dinner hosted in your town by the students.

Why host?

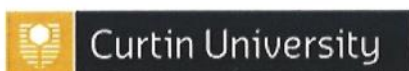
This is a life-changing experience for the students, with many having no previous exposure to rural life or the Wheatbelt.

By providing these rural immersion opportunities early in their degree, it has been proven that students are more likely to consider rural career opportunities.

Some students continue to keep in touch and visit their host families; some return to do seasonal work and placements. Others have inspired host family members to pursue tertiary studies in health and medicine.

For further information, contact **Betony Dawson:**

T 08 6389 4567 | E betony.dawson@ruralhw.com.au





Protective Behaviours - Parenting Workshop

A FREE WORKSHOP FOR PARENTS AND CARERS OF YOUNG CHILDREN.

- Learn how to help children develop their problem-solving and assertiveness skills.
- Understand abuse and abuse prevention.
- Increase your child's personal safety.
- Gain knowledge of the core concepts and strategies of Protective Behaviours.

Where: Southern Cross CRC - Canopus St, Southern Cross WA 6426

When: 10th February 2022 12.00 to 2.00.

Cost: FREE

Facilitator: Janine Wallis, Parenting Connection

Phone: 0447 622 736 or **Email:** jwallis@wanslea.org.au

Supported by



Government of **Western Australia**
Department of **Communities**

Delivered by





Yilgarn Local Action Group: Skeleton Weed

The Yilgarn Local Action Group would like to wish all its landholders well for 2022. Plants are out and flowering so watch out!

There have not been changes to the Skeleton Weed program for the 21/22 season, as directed by the Department of Primary Industry & Regional Development:

- **New Finds, Code 1 & Code 3** paddocks are eligible for search assistance (\$6/ha.)
- Code 2 paddocks: If you find plants, it immediately becomes a Code 1 and eligible for search assistance after a FULL search is carried out.
- All **code one** paddocks needed be to be searched by the **31st of December 2021**. All **other codes** need to be searched by the **31st of January 2022**.
- All property and **paddock records** to be sent in by the **15th February 2022**.
- Whilst invoices need to be sent in by March 15th, the sooner you complete paperwork, the sooner you'll be paid. :)



For any further information please contact:

Robbie Della: 0427 791 135

Email: yilgarnLAG@outlook.com

(fax no longer connected, please email returns.)

Or: PO BOX 179, Southern Cross, WA 6426.



Mutated plant.



St Joseph's School, Southern Cross

An affordable, quality Catholic Education

\$250 school fees for PP - Year 6 (no additional costs - *excluding uniform*)

Enquire now for 2022

 www.stjoessx.wa.edu.au

Email: admin@stjoessx.wa.edu.au Phone: 9049 2100



DRIVER REVIVER – CHRISTMAS 2021

Over Christmas the Driver Reviver Van operated from the Pioneer Cemetery. The Van was in operation for a total of 22 hours with having 14 vehicles stop and providing refreshments for 19 Drivers and Passengers. This result is an improvement on last Christmas's figures, so it makes these activities worthwhile.

On behalf of the Yilgarn Community Support Group, I wish to thank Glen Brigg, Rob Pownall and the Shire Workers for getting the Van in place for us and for organising our signage, SX Hardware & News for allowing us to leave the Roster, the Water Corp for the bottles of water, the CRC for the advertising in the Crosswords and special thanks to Yilgarn Plumbing & Gas for donating the cost and supplying a portable toilet for the volunteers to use.

Most importantly, the Driver Reviver wouldn't be successful without the generous time given from our Volunteers. I wish to thank Josephine Pollard, Leonie Gethin, Colin & Ursula Cuffe, Lisa Granich, Laurita Symes, Glenice Divitini, Diane Della Bosca and Pat & Lisa Boso.

Thank you Everyone and hope we can count on your support again for Easter 2022.

Community News

Thank you

The Yilgarn Netball Association Would like to thank the Shire of Yilgarn for their Community Funding Program.

Our Association can now purchase a new laptop and new dresses for when we play competitions. The YNA greatly appreciate your continued support!

Raffle results

Southern Cross Hospital Auxiliary
Christmas Raffle results

- 1st Prize—Anne Carnicelli
- 2nd Prize—Laurita Symes
- 3rd Prize—Lisa Boso

PLEASE NOTE

Due to power works being conducted by Western Power on Tuesday 25th January, the following may be closed for the day:

- Southern Cross Aquatic Centre (Pool)
- Southern Cross CRC

We apologise for any inconvenience.

SENIORS GAMES 2022

Unfortunately due to COVID-19 and the border opening, the games have been cancelled for this year.

We will call for numbers towards the end of this year if the event has been rescheduled for 2023.

Yilgarn Bowling Club

Mens

January

- Sun 23 Club Day
25/26 SEBL Australia Day Open 4's
@ Narembeen
Sat 29 Yilgarn Pairs @ SX
Sun 30 Yilgarn 4's @ SX

February

- 5-6 Interzone Round Robin Busselton
Sun 6 Club Day
Tue 8 SEBL Corrigin 3's
12-13 Singles Championships, Southern Cross

Ladies

- Tue 25 Social Bowls
29/30 Men's Carnival @ SX

February

- Tue 1 Social Bowls
Tue 8 Singles Championships
Sun 13 Bruce Rock Carnival, Bruce Rock
Tue 15 Social Bowls

Moorine Rock Tennis Club

- Sat 5 Feb Fun teams event 3pm start
Pizza tea, sponsored by McIntosh & Son
- Sat 12 Feb Mens & Ladies doubles round robin
Nicholson & Lapsley Shields
3pm start, steak & salad tea
Entries to Lib by 10/02/22
Sponsored by Process Worx

WANT TO PLACE A FOR RENT OR HOUSE FOR SALE ADVERT?

Contact the CRC on 9049 1688 or
crc@yilgarn.wa.gov.au to
organise your ad to
appear in our next
edition!



Did you know?

Did you know it was the condensers that saved the goldfields from water shortage in the early years? Fresh water, or lack of it, was the bane of early Southern Cross and other finds. Although huge reservoirs of salt water existed under the numerous salt lakes, in its natural form the lake water was seven times saltier than the sea. Finding a way to utilise this water saved the goldfields. Condensers were designed to turn salt water into fresh by boiling. They were little more than overgrown kettles. Boiling water in tanks produced steam, which was diverted through a series of pipes to drip out at the end as drinking water. In effect a distilling plant. William Cameron built the first condenser in Southern Cross during 1889 with the aid of a handyman. It was erected near his store where the Palace Hotel now stands. For the next 13 years condensed water augmented supplies available from soaks and dams. Every summer there was a water shortage. Baths were a forgotten luxury. Most lakebeds surrounding Southern Cross were graced with condensers. Individuals who sold their water to the public did a roaring trade. The railways owned their own condenser, as did the Government. By setting a fair price for their water, the Government helped regulate the price charged by private individuals. Nevertheless exploitation and overcharging was rife.

During times of shortage it was not uncommon to queue for half a day to obtain a waterbag full. Operators used carts to hawk their product around town. Condensed water was used mainly for drinking and cooking, the less expensive dam water given to animals and used for washing clothes and bathing. Condensed water was not particularly palatable, but better than the muddy liquid available from dams. Condensed water played havoc with babies by lifting the lining off their delicate stomach. It was referred to as 'condenser belly.' Condensing sites stood out. During daylight the mounds of salt accumulated from the boiled water would dazzle in the sunlight, and at night the fires could be seen for miles. The condensers burnt for 24 hours as the operators set about 'cooking water.' They were built on the edge of lakes, with a well or depression sunk nearby in the lakebed to supply the salt water. Even if no water was visible on the surface it could be located at a shallow depth by digging. Salt build up inside the condensers was an ongoing problem, and on Sundays the fires were withdrawn so as to enable a man to crawl inside and chip it off.

Most of the mines had their own condensers, using back-heat off their steam engines which powered the machinery. Their salt water was obtained from the shafts, with 100 gallons condensing down to 60 gallons of fresh. The boilers needed fresh water, while the crushing plant could operate on salt water. Mine workers were allocated 4gallons per day and it was termed 'washing water.' The condensers devoured an enormous amount of firewood. This led to large areas surrounding goldfields townships including Southern Cross being denuded of vegetation. It is only in recent years that the Green Belt around town has grown again, thanks to our Shire.

Did you know that remains of condenser sites are still visible on Southern Cross lakes? For those interested in a treasure hunt, try finding the sites of ash heaps, stone fire places, and depressions of former wells. To start you off I will give you a few tips:

- 1) Opposite the old cemetery. This was one of the largest and at one time belonged to Harold Cocking. The road to Coolgardie passed here.
- 2) On the lake at the rear of the hospital. At one time owned by Turnbull. A photo of this condenser is available at the museum. The original road to Coolgardie passed here.
- 3) Near the hospital buildings. This may have been owned by the hospital.
- 4) Four condenser sites are visible along the Koolyanobbing road close to town.
- 5) Near the previous rubbish tip. A large earth ramp can be seen as well as channels dug into the lakebed. This was the Government condenser and more substantial than the others.
- 6) In the lake opposite the sports oval. This is an excellent specimen with some timberwork still intact today.
- 7) Alongside Owen McMahon's house on the east side of town, used in his aerated water factory. The Wesley family now owns this property.

Undoubtedly a number of condensers were spaced along the west side of Lake Polaris, running parallel with the town, but have since been covered over as buildings and earthworks encroached into the lake. Although much has been made of the Coolgardie Water Scheme, it was the condensers that saved the goldfields from being abandoned in the early years.

©Lance Stevens

Find Cancer Early in 2022

Cancer Council WA is asking people over 40 years of age in regional WA to make their health a priority in 2022 by knowing the two different ways to detect cancer early. Cancer Council WA's Wheatbelt Regional Education Officer Kaylor Andrews said one way is to be cancer symptom aware and visit your local medical clinic if symptoms exist.

"Research indicates regional West Aussies tend to present at the GP at a later stage for a number of reasons including because they can be more optimistic, laid back and sometimes make excuses for not seeking help, which may contribute to later stage cancer diagnoses," Kaylor said.

"The Find Cancer Early program is designed to tackle some of these relaxed attitudes and motivate people with symptoms to push past the barriers and seek medical advice as soon as possible."

"The program also aims to inform regional West Aussies of the symptoms of the five most common cancers – prostate, breast, skin, bowel and lung cancer – which make up around 60 per cent of new cancers diagnosed in WA each year."

Kaylor recommended regional people could be symptom aware in 2022 by printing off the cancer symptom checklist from www.findcancerearly.com.au/ and putting it on the bathroom mirror or fridge as a regular reminder.

Cancer Council WA recommends visiting your GP, clinic nurse or Aboriginal health worker if you experience any of the below symptoms:

- blood in your poo, blood in your pee or you've coughed up blood, even just on one occasion
- Or for more than four weeks you've noticed problems peeing, unexplained weight loss, an unusual pain, lump or swelling anywhere in your body, shortness of breath, a persistent cough, or changes to your bowel habits, including runny poo, pooing more often or constipation

"Whatever the outcome, it's best to find out what's going on early and get onto any recommended treatment. If it turns out to be nothing you have peace of mind and can save yourself the uncertainty of the 'wait and see' approach," she said.

"The other way to detect cancer early is to participate in the three national screening programs. It's important to remember the national screening program tests such as the National bowel cancer screening program 'poo testing' kit, BreastscreenWA mammograms and cervical screening are designed for people who aren't experiencing symptoms."

"If you do not have any symptoms and you are eligible, please participate in Australia's free national cancer screening programs (available for bowel, breast, and cervical cancer)."

If you would like to promote the Find Cancer Early campaign at your community group or organisation this year you can get in touch with Kaylor Andrews CCWA Regional Education Officer - Wheatbelt at 0408 926 259 or Kaylor.Andrews@cancerwa.asn.au

For cancer information and support call 13 11 20



Have you had any of these...

... for more than 4 weeks?

- Problems peeing
- Runny poo
- Unexplained weight loss
- An unusual pain, lump or swelling anywhere in your body
- Becoming more short of breath
- A persistent cough
- A new or changed spot on your skin

... once or more?

- Blood in your poo
- Coughing up blood
- Blood in your pee

If you have and you are over 40...

Tell your doctor

The earlier cancer is found, the greater the chance of successful treatment.

Partner:  Department of Health  Cancer Council WA

For more information visit findcancerearly.com.au or call 13 11 20



Providing Health & Wellbeing Solutions

Integrated Primary Mental Health Care Program

Amity Health will be offering a brief intervention individual counselling service to the following rural communities:

+ Beacon & Bencubbin

Frequency: Fortnightly on Wednesdays

+ Kellerberrin

Frequency: Fortnightly on Tuesdays

+ Mukinbudin

Frequency: Fortnightly on Mondays

+ Southern Cross

Frequency: Weekly on Thursdays

Please continue to send GP or Allied Health referrals to:

Amity Health
PO Box 5294
ALBANY WA 6332
f: 9842 2798
e: query@amityhealth.com.au

For more information please contact:

Visiting Mental Health Clinician - Nicola Granich
m: 0437 588 890
or
Amity Health on 9842 2797

SUPPORT SERVICES

000 (emergency)

Rural Link: 1800 552 002

Mental Health Emergency Response Line: 1300 555 788

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Lifeline Text Service: 0477 13 11 14 (only available 6:00 pm to 10:00 pm EST)

Beyond Blue: 1300 224 636

Kids Helpline: 1800 551 800

headspace (9am till 1am EST): 1800 650 890

Samaritans Crisis Line: 135 247

The Salvation Army: 1300 363 622

Crisis Care (Child Protection & Family Support): 1800 199 008

Reachout: www.reachout.com

Mensline: 1300 789 978

Grief Line (midday to 3am EST): 1300 845 745

Alcohol & Drug Support Line: 1800 198 024 or 9442 5000

Parent and Family Drug Support Line: 1800 653 203 or 9442 5050

Narrogin & Upper Great Southern Domestic Violence Helpline 1800 007 570

Wheatbelt Domestic Violence Helpline 1800 353 122

Women's Domestic Violence Helpline: 1800 007 339

Men's Domestic Violence Helpline: 1800 000 599

1800 RESPECT: 1800 737 732

Elder Abuse Helpline WA - 1300 724 679

Suicide Bereavement Service: 0474 076 849

Sexual Assault Referral Centre: 1800 199 888

HealthDirect: 1800 022 222

Holyoake

Northam: (08) 9621 1055

Narrogin: (08) 9881 1999

Merredin: (08) 9081 3396

Victoria Park: (08) 9416 4444

Midland: (08) 9274 7055

Freecall: 1800 447 172

WACHS Wheatbelt Mental Health Service – (08) 9621 0999





You don't have to get behind the wheel to help.

Responding to emergency calls is only one part of volunteering. St John volunteers perform other routine roles that don't involve driving an ambulance.

Southern Cross needs volunteers who can help behind the scenes.

Volunteering with St John is easier than you might think. Our volunteers choose their own hours, because we know your spare time is important too. Non-clinical roles require a minimum commitment of only one hour per month!

There are a lot of roles that keep St John going, and a few of them are probably things you are already good at. If you would rather help out with the books, wash vans or look after supplies, we'd love to hear from you.

See how you can help save a life without leaving the St John centre.

Ordering medical supplies and medications	1 hr/month
Events assistance – arranging equipment and rostering officers	1 hr/month
Vehicle maintenance – cleaning, servicing parts, testing batteries	2 hrs/month
General cleaning of centre premises	2 hrs/month & after events
Building & grounds maintenance – bins out, blower cleaning the shed, minor maintenance	2 hrs/month
Public Relations – social media, advertising, photography support	2 hrs/month
Ambulance stocking, expiry checking and replenishment	3 hrs/month

Email southerncross@stjohnwa.com.au, visit stjohnchangelives.com.au or call us on **0457 001 264**.

MERREDIN VETERINARY CLINIC AND HOSPITAL

Louise French Pty. Ltd. ABN 46 661 403 944



Dr. LOUISE FRENCH B.V.Sc.(Hons)
& ASSOCIATES
Veterinary Surgeons
& Physicians

Po Box 388
29 Todd Street
Merredin WA 6415

Telephone (08) 9041 1734
Facsimile (08) 9041 2791

Southern Cross Clinic Dates 2022

Location: Away Side Football Change Rooms Rec Grounds

February 2nd
March 2nd
March 30th
April 27th

May 25th
June 22nd
July 20th
August 17th

September 14th
October 12th
November 9th
December 7th

Please call 90411734 to make an appointment

Our Commitment to You

We believe that partnerships with the community are integral to our success.

This commitment is supported by us seeking your input into our business through surveys, customer feedback and our advisory groups who represent the community, specific interest groups and industry bodies.

For all concerns, suggestions or complaints regarding Great Eastern Highway, Marvel Loch Road and Bullfinch Road contact Main Roads.

Your suggestions... how can we improve?

We welcome any feedback you may have, including suggestions on how we can improve our services to you and your feedback on what we are doing well. **Call 138 138 or email us at enquiries@mainroads.wa.gov.au.**

We are also committed to an accessible, fair and equitable complaints handling process where we work together with you, our customers, to drive business decisions and improvements.

For more information on how to make a **complaint online** please visit

<https://www.mainroads.wa.gov.au/Pages/complaintsFeedback.aspx>



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being active, having a sense of belonging and having a purpose in life all contribute to happiness and good mental health

LOCAL PEST CONTROL

Domestic and Commercial

- ~Pre-purchase Inspections
- ~Spiders
- ~Termite Control
- ~Ants
- ~Rodents
- ~Cockroaches
- ~Other Household Pests

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Mobile: 0428 412 018
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Eastern Districts Petfood **BULLFINCH** regular deliveries to **SOUTHERN CROSS**

camel, roo, beef, rabbit, roo tails

Injured or un-stock removed!
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NOW BUYING IN KANGAROO CARCASSES ONLY FROM LICENCED SHOOTERS WITH DEC

Kangaroos under 20kg not accepted.

Also buying in beef & horse for dog bait purposes.

Drop off by appointment only.

Encouraging local farmers to get on board.

PROFESSIONAL. Police clearances available on request. **LICENSED and INSURED.**

Phone Andrew or Tyler Now

9049 5317

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**FAMILY
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- ◆ Trayning
- ◆ Westonia
- ◆ Yilgarn

WHEATBELT AGCARE...

*"providing free, independent and
confidential family counselling for the Wheatbelt."*

Contact: Kaye Bell
PO Box 101
Nungarin WA 6490
Phone: (08) 9046 5091
Fax: (08) 9046 5063
Mobile: 0488 465 081
Email:
wheatbeltfamily@wn.com.au



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SOUTHERN CROSS

1,012m2



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- Ideal family home with plenty of open plan living space
- 4 bedrooms, 2 of which have built in robes and full length mirrors
- Master bedroom has been well thought of being a good size with, walk in robes and en-suite
- Kitchen has an abundance of storage options and overlooks the patio area.
- The living area features a large tile fire the home is also serviced by an evaporative ducted air conditioner and reverse cycle air conditioner in the master bedroom
- Hallway connects all bedrooms, family bathroom and laundry whilst also having a large linen cupboard.
- Laundry has a separate storage room and separate toilet
- Large backyard with established luscious lawn and low maintenance flower beds
- This home is the whole package, viewings recommended.

Genuine Enquiries Only

P.O.A

**Phone: 0409 825 317
0427 990 591**

Crosswords for

FREE?!

If you wish to receive the
Crosswords for free via email, send
an email to crc@yilgarn.wa.gov.au
to register.

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Services Listing



We specialise in All Types Of Pests

Deon & Leah King

0428 412 018

PO Box 313

Merredin WA 6415

State Licence No. 4294

Phone/Fax: 9041 2018

Registration No. 311

Services Listing space available!

Please contact the CRC for
further information.

9049 1688

crc@yilgarn.wa.gov.au

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Rob Southall

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Nick Walsh

Owner

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Address - 68 McInnes Street, Moorine Rock

Email - nick.mrbuilder@gmail.com



Southern Cross Tyre & Auto Services

License No: MRB5934 ARC Lic No: AU37376

8-10 Spica Street,

Southern Cross WA 6426

Ph: 9049 1172 Email: info@sxtas.com.au

Website: www.sxtas.com.au

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& Equipment Hire.

Find Us on Facebook!

Calendar of Events

Wed 26 Jan	Australia Day Free Community Brekky @ Constellation Park, starting at 8am
Sat 5 Feb	Don't Mess With The Dummies @ Southern Cross Community Centre (Town Hall) - Doors open at 6pm, show starts 6.30pm
Thu 10 Feb	Protective Behaviours Parenting Workshop @ CRC, RSVP details on poster

ATTENTION CLUBS AND GROUPS!

Send through your annual club/group events, important dates and opening/closing days to crc@yilgarn.wa.gov.au to have them featured on the calendar of events for 2022!

Looking to get involved in a group or club? There are many local groups you can join!

- | | | |
|--------------------------------------|-------------------------------------|-----------------------------------|
| ✓ Art Group | ✓ Southern Cross St John Ambulance | <i>Sporting groups including:</i> |
| ✓ Country Women's Association | ✓ Southern Cross Vol. Fire & Rescue | ✓ Basketball |
| ✓ P & C / P & F Organisations | ✓ Volunteer Bush Fire Brigade | ✓ Darts |
| ✓ Patchworking | ✓ Yilgarn Agricultural Society | ✓ Football |
| ✓ Progress Associations | ✓ Yilgarn Community Support Group | ✓ Golf |
| ✓ Scrapbooking | ✓ Yilgarn Entertainers | ✓ Lawn Bowls |
| ✓ Senior Citizen's Centre activities | ✓ Yilgarn History Museum | ✓ Motorcycle Club |
| ✓ Southern Cross Gardening Club | ✓ Yilgarn Men's Shed | ✓ Netball |
| ✓ Southern Cross Hospital Auxiliary | ✓ Yilgarn Motoring Enthusiasts | ✓ Shooting |
| | | ✓ Tennis |

Recycling Days 2022

Jan 28

Feb 11

Feb 25

Mar 11

Mar 25

Apr 8

Apr 22

May 13

May 27

