



\$1

Crosswords

Volume 23

Issue 21

13 October 2022

OUR LADY OF MONTSERRAT PARISH & ST JOSEPH'S SCHOOL

INVITES YOU TO OUR

Community Mass

Sunday 23rd October 2022

Following Mass join us for light refreshments at St Joseph's School. Tours of the school are available and children are more than welcome as the Playground will be open.

11.00am

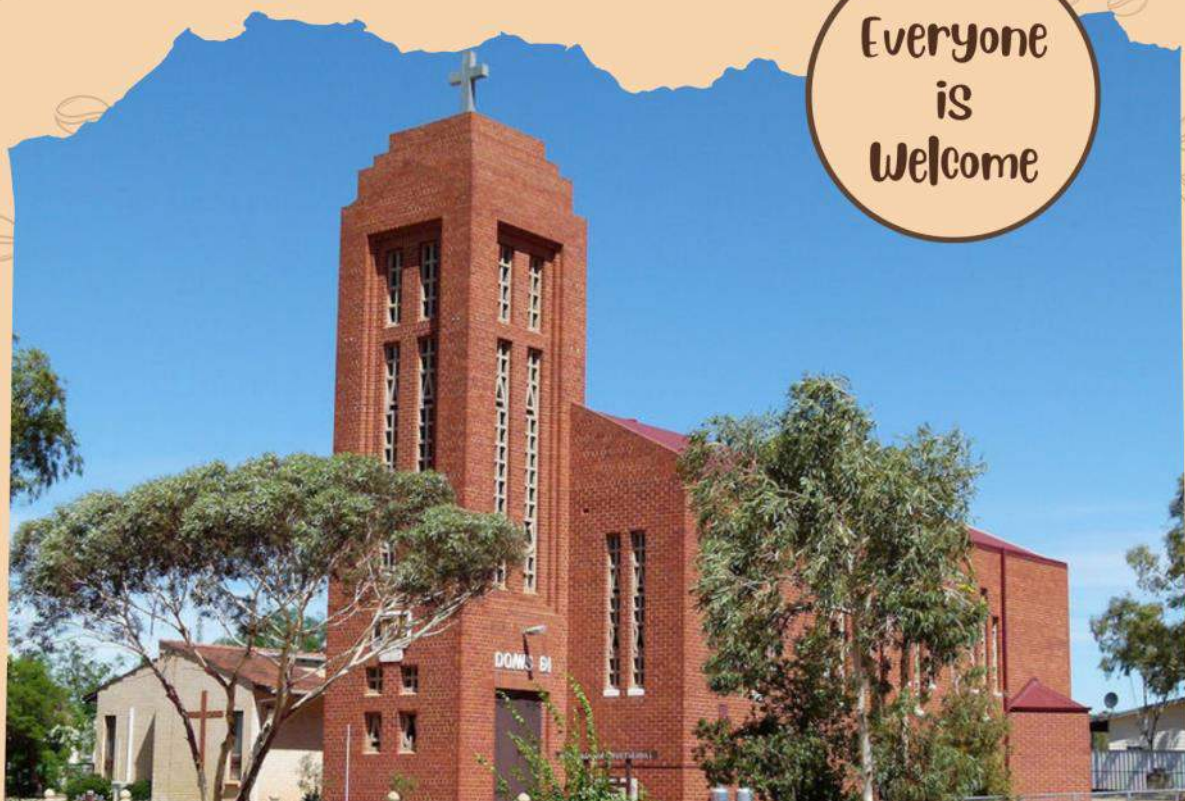
Community Mass @ Our
Lady of Montserrat Church
48 Altair Street,
Southern Cross

12.30pm

Light lunch @ St Joseph's
School.
51 Altair Street,
Southern Cross

If you are able to bring a Plate of food to share it would be much appreciated.

Everyone
is
Welcome





The Crosswords is produced by the Southern Cross CRC,
 PO Box 178, Canopus St,
 Southern Cross WA 6426
 Phone: 08 9049 1688 Fax: 08 9049 1686
 Email: crc@yilgarn.wa.gov.au

**Shire of Yilgarn
 Emergency information hotline**

Call (08) 9487 8777
 for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

Southern Cross Landfill Times
 The Tip Shop will also be open during the below hours. EFTPOS available for fee payment at Shire admin office.

Monday	1:00pm to 4:00pm
Tuesday	1:00pm to 4:00pm
Wednesday and Thursday	Closed
Friday	1:00pm to 4:00pm
Saturday	10:00am to 4:00pm
Sunday	10:00am to 4:00pm

Crosswords Disclaimer:
The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

Crosswords Advertising Rates 2022/23 (as of 1 July 2022)

Business Advertisements (Business premises outside of the Shire of Yilgarn)	Black		Colour	
	No Typesetting	With Typesetting	No Typesetting	With Typesetting
Full Page (A4)	\$35.00	\$55.00	\$160.00	\$180.00
1/2 Page (A5)	\$20.00	\$30.00	\$90.00	\$100.00
1/4 Page	\$15.00	\$25.00	\$50.00	\$60.00

Local Business and Non-Profit Organisations Advertisements
 (Business premises within the Shire of Yilgarn)

Full Page (A4)	\$30.00	\$50.00	\$130.00	\$160.00
1/2 Page (A5)	\$15.00	\$18.00	\$70.00	\$90.00
1/4 Page	\$10.00	\$15.00	\$35.00	\$40.00

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines)	\$8.00
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Advert size specifications for Crosswords (W x H)

- 1/4 page vertical 90mm x 120mm
- 1/4 page horizontal 180mm x 60mm
- 1/2 page vertical 90mm x 270mm
- 1/2 page horizontal 180mm x 120mm
- A4 Full page 180mm x 270mm

A5 adverts which are not horizontal will be displayed in print on their side to ensure no modification to advertisements.



DON'T FORGET!
Crosswords' submissions
close every 2nd Tuesday at 12.00 noon

2022 Publishing Dates

Deadline 12 noon	Publishing Date
25/10/2022	27/10/2022
8/11/2022	10/11/2022
22/11/2022	24/11/2022
6/12/2022	8/12/2022

2023 Publishing Dates

Deadline 12 noon	Publishing Date
3/01/2023	5/01/2023
17/01/2023	19/01/2023
31/01/2023	2/02/2023
14/02/2023	16/02/2023
28/02/2023	2/03/2023
14/03/2023	16/03/2023
28/03/2023	30/03/2023
11/04/2023	13/04/2023
25/04/2023	27/04/2023
9/05/2023	11/05/2023
23/05/2023	25/05/2023
6/06/2023	8/06/2023
20/06/2023	22/06/2023
4/07/2023	6/07/2023
18/07/2023	20/07/2023
1/08/2023	3/08/2023
15/08/2023	17/08/2023
29/08/2023	31/08/2023
12/09/2023	14/09/2023
26/09/2023	28/09/2023
10/10/2023	12/10/2023
24/10/2023	26/10/2023
7/11/2023	9/11/2023
21/11/2023	23/11/2023
5/12/2023	7/12/2023

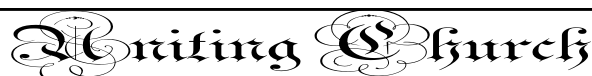
Church Notices / Updates



48 Altair Street, Southern Cross
 SX Presbytery: 9049 1049 (Sun to Mon)
 Bruce Rock Presbytery: 9061 1094 (Tues to Sat)
 Email: yilgarnwestoniacatholic@gmail.com
 Facebook: Yilgarn/Westonia Catholic Community
 YouTube: Yilgarn Westonia Catholic
CBH Grain Donations (SX): 40564452

Mass Times

Saturday 6:00pm @ Bruce Rock Parish **(live-stream)**
 Sunday 5:30pm @ OLM church



Services for the Uniting Church are held on the first Sunday of each month.

Contact:

Cheryl Auld 9049 8026
 Diane Della Bosca 9049 1149



Antares Street, Southern Cross

Enquiries: Leonie Gethin

Ph.: (08) **9049 1222**

2022 Christ Church Southern Cross

Anglican Services

All services are held at 11.00am on Saturdays

Everyone is warmly invited to come along

22nd October

17th December (Christmas Service)

SX SPEEDWAY

MEETS 1ST WEDNESDAY EVERY SECOND MONTH AT SENIORS CENTRE, 6PM—ALL WELCOME

COME AND SEE WHAT IS HAPPENING WITH THE SPEEDWAY AND ANY NEW IDEAS ARE

WELCOME

7th December,

1st February & 5th April

NOTICE OF CHANGE OF VENUE FOR OCTOBER 2022 MEETING OF COUNCIL

In accordance with regulation 12(3) of the *Local Government (Administration) Regulations 1996*, notice is hereby given that due to storm damage, the October 2022 meeting of Council will not be held at the Mt Hampton Hall as previously advertised.

The October 2022 meeting of Council will instead be held in Council Chambers, 23 Antares St, Southern Cross.

This meeting will be open to members of the public and the agenda will be publicly available on Council's website 72 hours prior to the meeting date.

Nic Warren
Chief Executive Officer

FAMILY COUNSELLING SERVICE

WHEATBELT AGCARE

COMMUNITY SUPPORT
SERVICES INC.

Shires Serviced:

- ◆ Kellerberrin
- ◆ Merredin
- ◆ Mount Marshall
- ◆ Mukinbudin
- ◆ Nungarin
- ◆ Trayning
- ◆ Westonia
- ◆ Yilgarn

FAMILY COUNSELLOR

*...helping rural people meet the
challenges of change*

Contact: Melanie Meier
PO Box 101
Nungarin WA 6490
Phone: (08) 9046 5091
Mobile: 0488 465 081
Email: wheatbeltagcare@hotmail.com



WHEATBELT AGCARE...

*"providing free, independent and
confidential family counselling for the Wheatbelt."*



Supported by the
Shire of Yilgarn

Shire of Yilgarn

Bushfires Act 1954

Notice to all Owners & Occupiers of Land within the Shire of Yilgarn

Requirements to Clear Firebreaks

Pursuant to the powers contained in Section 33(1) of the Bush Fires Act you are hereby required to plough, cultivate, scarify, burn or other-wise clear firebreaks on all land owned or occupied by you by 1 November 2022 and thereafter to keep these firebreaks clear of all flammable material until 31 March 2023. Firebreaks are required in locations and to the specifications detailed below.

LAND WITHIN TOWNSITES

- (a) On land not exceeding 2023 square metres in area, all flammable material shall be removed.
- (b) On land exceeding 2023 square metres in area, a firebreak 3 metres wide shall be constructed inside and immediately adjoining all external boundaries.
- (c) Firebreaks 3 metres wide shall be constructed immediately surrounding all buildings.
- (d) Haystacks must not be located more than 20 metres to an external boundary. They shall be surrounded by a 10 metre wide firebreak situated between 10 and 20 metres distance from stack.
- (e) Stored fuel, oil and flammable materials shall be protected from fire as prescribed in the Explosives and Dangerous Goods Act 1961 and the Flammable Liquids Regulations 1967.

RURAL LAND

- (a) Firebreaks 3 metres wide shall be constructed immediately inside and adjoining all property boundaries.
- (b) Firebreaks 3 metres wide shall be constructed immediately surrounding all buildings.
- (c) Firebreaks 3 metres wide shall be constructed between 10 and 20 metres distance from and surrounding all haystacks.
- (d) Stored fuel, oil and flammable materials shall be protected from fire as prescribed in the Explosives and Dangerous Goods Act 1961 and the Flammable Liquids Regulations 1967 and which include that a firebreak 6 metres wide will be provided immediately surrounding storage areas.

MINIMUM REQUIREMENTS DURING HARVEST AND RELATED ACTIVITIES

- (a) A minimum of 600 litres of water to be kept onsite at all times during harvest or related activities; and
- (b) By the 2023/2024 summer fire season, all minimum water requirements are to be carried by a motorised vehicle **OR** a trailer that is connected to a motorised vehicle at all times and is able to be deployed immediately

GENERAL

If for any reason it is considered by the owner or occupier of land that it is impractical to comply with the requirements of this notice, a request may be made to Council to approve alternative fire protection measures. Such application shall be accompanied by a sketch or drawing of the proposed variations and should be lodged at the Council offices no later than 31 October 2022.

Where approval of a proposed variation is not granted by Council you shall comply with the requirements of this notice. The penalty for non-compliance with this notice is a maximum of \$5,000 and notwithstanding prosecution; Council may enter on the land and carry out the requisite works at the owner / occupiers expense.

RESTRICTED AND PROHIBITED BURNING TIMES

Restricted Burning Period: 19 September 2022 to 31 October 2022 and 16 February 2023 to 31 March 2023

(Note: Permits to burn during this period are required. Permits must be obtained from your nearest Bush Fire Control Officer)

Prohibited Burning Period: 1 November 2022 to 15 February 2023

(Note: Permits to burn stubble from the previous seasons crop will not be issued until 1 March 2023)

By order of the Council

Nic Warren

Chief Executive Officer

Community Funding Program 2022 / 2023

The “**Community Funding Program**” is currently open for applications in the 22/23 funding round.

Objectives of the funding project are:

- To provide a source of funding for non-profit community organisations operating within the district.
- To assist community organisations in maximising their future development.
- To provide an impartial means by which community organisations can access Council funds.

Applications for the following categories are invited:

A - Essential equipment/capital items (up to \$2,000)

Types of equipment:

- Ground maintenance equipment
- Sporting equipment
- Office equipment
- Minor plant equipment

B - Training & Travel Assistance for local officials/office bearers (up to \$500)

Funding is available to officials and/or office bearers of community organisations who are required to attend regional / state association organised seminars / courses / meetings as part of their duties. Knowledge gained at these activities must then be used to assist the local community organisation in its continued development.

Eligibility

To be eligible the applicant must be based in the Shire of Yilgarn and meet the following criteria:

- Funding is available for activities which will provide benefits directly to the people of the Shire of Yilgarn.
- Only non-profit community organisations operating within the Shire of Yilgarn are eligible to apply.
- Organisations that have failed to acquit funding from the last round by 30 June 2022 will not be eligible for this round of the funding program.

For further information and to obtain the “Guidelines and Application form” please visit www.yilgarn.wa.gov.au.

Applications must be received no later than Friday 28 October 2022 by 12.00pm.



Shire of Yilgarn Australia Day Active Citizenship Awards 2023

Nominate an inspiring local community member or group for one of three following awards, fostering community pride and spirit:

- Shire of Yilgarn Australia Day Active Citizenship Award
- Shire of Yilgarn Australia Day Active Citizenship Award for a person under 25 years
- Shire of Yilgarn Australia Day Active Citizenship Award for a Community group or event

Nomination forms are available from the Shire of Yilgarn, CRC or online: www.yilgarn.wa.gov.au

Please note nominations close:
COB Monday, 7th November 2022





EMERGENCY INFORMATION

There are a number of ways you can stay up to date with emergency information through the Shire and other organisations.

Harvest Bans

Current information on harvest and vehicle movement bans within the Shire of Yilgarn can be heard on the Shire's Emergency Information Service Hotline: (08) 9487 8777.

The service is updated daily and also includes information on road and airport closures; and will also be used to provide information in the event of an emergency so it is vital for everyone, not just farmers, to store this number in their phones or at home.

Whispir Alert System

The Shire of Yilgarn has an alert system for fires, road closures, harvest bans, airport closures, emergency information and community events. The alert system works via email and SMS. This is not just for farmers, as any relevant information during an emergency will also be dispersed via this method where possible.

If you would like to receive alerts from the Shire or wish to update your details, please contact the Shire office by phone on: 9049 1001 or by email yilgarn@yilgarn.wa.gov.au with "Whispir" in the subject line and provide your preferred email and mobile phone number and which alerts you wish to sign up for.

ABC Radio Harvest Ban Announcements

Closer to summer, ABC Local Radio will begin on air harvest ban announcements. The times will be advised closer to the commencement of announcements.

Bushfire Volunteer Brigade

The Yilgarn Bushfire Volunteer Brigade is currently seeking members, if you would like more information on becoming a member please contact the Shire on 9049 1001.



Department of
Local Government, Sport
and Cultural Industries

Sport and recreation funding for regional WA

Active Regional Communities Grants



Increases opportunities for people from regional WA to participate in sport and active recreation activities.

The program is tailored to meet the ever-changing demands and challenges of sport and active recreation groups within the nine diverse regions of the State.

Up to
\$5,000
Grants available

Available for:



regional organisations



State Sporting Associations



sport or active recreation clubs



not-for-profit community organisations



local governments

Three categories:



Participation

Initiatives that increase community and player participation with a focus on targeting new members.



Capacity building

Initiatives that improve the knowledge, skills and capabilities of people and build capacity in regional locations.



Event hosting

Host a significant inter-regional or higher-level competition.

Wheatbelt office (Northam)
298 Fitzgerald Street, Northam
PO Box 55, Northam WA 6401
61 8 9690 2400 wheatbelt@dlgsc.wa.gov.au

@dlgscwheatbelt

Wheatbelt office (Narrogin)
Narrogin Regional Leisure Centre 50 Clayton Road, Narrogin WA 6312
PO Box 55, Northam WA 6401
0429 881 369 wheatbelt@dlgsc.wa.gov.au

@dlgscwheatbelt

dlgsc.wa.gov.au

AFTER SCHOOL LEGO® CLUB

MONDAYS

(SCHOOL DAYS ONLY)

3:15 PM - 4:30 PM

FREE!



CAN YOU BUILD THE WEEKLY LEGO® CHALLENGE?

***complete it each week to get an entry into a monthly prize draw!! Four chances each month!**



SOUTHERN CROSS CRC

PARENTS/GUARDIANS ARE REQUIRED TO STAY WITH THEIR CHILD/CHILDREN

ATTENDING THE AFTER SCHOOL LEGO® CLUB.

TEA AND COFFEE (FOR THE ADULTS!) AND JUICE BOXES WILL BE PROVIDED.





**NASAL &
LOLLIPOP TYPES
AVAILABLE!**

FREE MASKS & RAT TESTS AVAILABLE FROM THE CRC!*

**limited number per household*

If you are in isolation, or are physically unable to collect your packs, please call the CRC on 9049 1688 to organise collection on your behalf.

Limits for rats and masks have been expanded—contact or come into the CRC to find out what your household is entitled to.

Attend the CRC during business hours to collect your free RATs and masks.

Please note you can only collect for your own household.

If you suspect you have COVID-19, please stay home and call the COVID hotline for directions on 13-COVID.



Provided by



Department of
Primary Industries and
Regional Development

Story TIME Squad

Expressions of interest wanted

The Southern Cross CRC & Public Library are seeking expressions of interest from the community in starting up "Story Time Squad" to promote early literacy and learning in the 0-5 years age group.

The proposed plan will include seeking funding to purchase books for each child that attends the sessions, however would require firm numbers to ensure we would be able to order enough books, and have enough interest to continue the "Story Time Squad" into the future.

The starting date for the sessions would be early January 2023. At this stage a day and time has not been discussed, so suggestions are welcomed.

For more information, or to express your interest, please contact the CRC on crc@yilgarn.wa.gov.au or call 9049 1688.



Government services—closer than you think

At the Southern Cross CRC you can access Centrelink, Medicare and other government programs and services.

We are an Australian Government Agency of Services Australia Access Point.

Using our computer, you can log in to your MyGov account and do your business on the spot.

There is a phone for you to access phone self-service or speak to an agency service officer.

If you would rather use your mobile phone or tablet, we have free Wi-Fi available 24/7.

You do not need a password so you can get online straight away.

You can also use the Wi-Fi to download and install the Express Plus mobile apps.

Our staff will even certify your identity documents for you.

So next time you need to do some government business, drop in and see us.

We are open Monday to Friday, 8.30am—12noon, 1.00pm to 4.30pm at the CRC building on Canopus Street, Southern Cross.

Community News

Pioneers of Yilgarn

Stage 1.

Citizens who built this district between years
1887 and 1914

Black, Percy: A prospector and miner who worked at Bullfinch and Southern Cross around 1912. When the First World War was declared he joined the 1st 16th Battalion as a private.

He was promoted to Corporal 4th Brigade machine gun unit, embarking on the "Ceramic" from Melbourne to Gallipoli, where he landed on 25th April, 1915.

At Gallipoli he was wounded twice and was one of the last to be evacuated. In the battle fields of Europe he was promoted to Lieutenant, then to Captain, and later to Major.

As an N.C.O. he won the D. C. M. As a Commissioned Officer he won the M.C – D.S.O. – Croix Militaire – Croix de Guerre. Percy Black was killed in Action at Bullecourt on the 11th April, 1917 aged 37.

He is regarded as one of the most outstanding officers and one of the bravest soldiers in the war.

©Lance Stevens

Yilgarn Bowling Club

Tuesday bowls (social), names in by
9am.

Sunday social bowls, names in by
1pm.

Everyone welcome.

Contact Cheryl Auld 0427 900 051.

Southern Cross Tennis Club

Southern Cross Tennis Club will be commencing their 22/23 season on
Sunday 16th October.

Play to commence at 3.30pm.

Join us in a BBQ tea (BYO meat) and shared salad to be enjoyed at the end of the day's games. If you are new to town or interested to have a try at tennis, please come down to the courts and join in. The club has racquets that are available to use on the day.
Looking forward to a great season.



PLEASE NOTE

The CRC will be closed Friday 14th October for the day.

atWork Australia clients will be able to still attend their appointments at the CRC, and are asked to knock on the door when they arrive and will be let in for their appointment.

Customers wishing to get photocopies, printing, scan & emailing etc can come to the Shire admin office.

Bags, tags, rats & masks will be available at the Shire office for Friday only.

We apologise for any inconvenience.

Crosswords for

FREE?!

If you wish to receive the Crosswords for free via email, send an email to crc@yilgarn.wa.gov.au to register.

Employment



Position Vacant

A casual position is available at SX Hardware & News in Southern Cross for a friendly, well presented and multi skilled person to work in our store. We are a family-owned business that offers many different services to our small community. Our store is a Hardware, Licensed Post Office, News Agency and Lottery west retailer all in one.

Duties will include but not limited to:

- Post Office duties
- Lottery west counter
- News agency services
- Hardware computer program
- General cleaning
- Stocking shelves
- Customer service

Requirements

- Applicant must be able to pass a National Police Clearance.
- Hardware knowledge would be preferred, although not a must.

For further information enquire within on (08) 9049 1014.

APPLICATIONS CLOSE ON 21 OCTOBER 2022



Government of Western Australia
Department of Health

All Purpose Orderley

Position Profile: Southern Cross Health Service is seeking a motivated person for the All Purpose Orderley position. In this role you will be responsible for the provision of Orderly support services as required by the needs of the Health Service.

This role contributes to the delivery of safe patient centred care and the consumers' experience ensuring services and practices align with the requirements of the National Safety and Quality Health Service Standards and other recognised health standards.

Area Profile: The WA Country Health Service (WACHS) is the largest country health system in Australia and one of the biggest in the world, providing health services to approximately half a million people, including 45,000 Aboriginal people, over a vast two and a half million square kilometre area. The organisation comprises seven regions, with a strong network of public hospitals, health services and health centres located across rural and remote Western Australia. Our core business is the provision of quality, accessible health services to country WA residents and visitors.

Employee Benefits: In addition to the great salary our employees enjoy an amazing range of benefits which may include (in line with operational requirements):

- 10.5% employer contributed superannuation into a fund of your choice. For further information click here.
- Access to generous salary packaging arrangements
- Professional Development Opportunities and Study Leave/assistance
- Flexible working arrangements
- Flexible leave arrangements
- Other professional and location based allowances

Selection Criteria: Please see the attached Job Description Form (available online at www.jobs.health.wa.gov.au).

For Further Job Related Information: We encourage you to contact Diane Dixon on 08 9081 3222.

If you experience difficulties while applying online, please contact Employee Services on 13 44 77 for immediate assistance during business hours.

Application Instructions: Applicants are requested to apply online (www.jobs.health.wa.gov.au).

It is preferable for your referee to be a current supervisor or manager.

Applicants are advised to write a statement addressing the selection criteria and provide a detailed curriculum vitae which summarises your experience and how you are able to meet the position requirements.

These documents should be complete and ready to attach prior to applying online. Please ensure you allow sufficient time to complete the online application process as you will be required to answer various questions and attach your documentation.

Eligibility to Apply: Australian citizenship or permanent residency is an essential requirement for applicants to be considered for permanent positions in the public sector.

All WA health system employees are required to be fully vaccinated against COVID-19 (including the booster vaccination when they are eligible) in order to access health care facilities, pursuant to the *Health Worker (Restrictions on Access) Directions* (HWD) (or its replacement), *COVID-19 Mandatory Vaccination and Vaccination Program Policy*, and the *Booster Vaccination (Restriction on Access) Directions (no 2)* (or its replacement) (BVD), unless the employee is exempt pursuant to the HWD and/or BVD.

Lodgement is system generated. Any submissions on, or after, 4:00pm will not be accepted.

LATE OR EMAIL APPLICATIONS WILL NOT BE CONSIDERED.

DOH_11135



YME Club Choice Car – Alan Simpson with a 1971 Holden HG Panel Van
YME Club Choice Bike – Scott Powley with a 1981 Harley Davidson Shovelhead

People's Choice 1st Car – Alan Simpson with a 1971 Holden HG Panel Van
People's Choice 2nd Car – Paul Bartlett with a 1969 Ford Mustang
Best Local Car – Fredo Pedrin with a 1954 Holden FJ Panel Van

People's Choice 1st Bike – John Keenan with a 1916 Indian Powerplus
People's Choice 2nd Bike – Scott Powley with a 1981 Harley Davidson Shovelhead
Best Local Bike – Adam Della Bosca with a 2015 Harley Davidson Switchback

**Thank you to our sponsors below, without their assistance we could not run this event.
 We are sure the children loved the entertainment that your sponsorship provided:**

Shire of Yilgarn ~ Minerals Resources ~ Yilgarn Plumbing & Gas ~ Barto Gold Pty Ltd ~ St Fireball ~ Thomson Drilling
 Southern Cross Motel ~ JDC Drilling ~ P & D Stephen Transport ~ Avon Waste ~ Granich Contractors ~ The Club Hotel
 BP Roadhouse ~ Thackray Family ~ Dunnings Roadhouse ~ Foodworks ~ Southern Cross Tyre and Auto Services ~ Cockies Ag
 Local Pest Control ~ Hutton & Northey Sales ~ Go Mad Discount Store ~ McKenzie Family Funerals ~ HavCon Engineering

Thank You:

Dave Pasini & Paul Della Bosca for the webbers. Anne Hanretty - Laurita Symes - Amanda Eiffler for volunteering - SX Bowls & Tennis Club for the chairs - SX Football Club for the bain marie - John Ciabbari for the Sunday music on the oval & at the dinner and Raylene Roberts and Josie & Joel Kent for running the bar.

All of our great members and volunteers who cooked roasts, potato bakes, cheesy veg, garlic potatoes and made salads. Also our Members & volunteers who bagged goody bags, manned the kitchen, gate, office, positioned cars, bikes & stalls as well as setting up the complex lounge, putting tents up & down and lugged equipment back and forth to our club house.

Thank you to our food stalls - Bona Pizza and Southern Cross Motorcycle Club
 and all the market stalls and swap meets stalls for attending, we hope you had a good trading day.

Also thank you to our wonderful St John Ambulance volunteers for being in attendance in case anyone needed their assistance.
 Thank you Tanika Treloar for organising the wonderful things that go into our goody bags and
 Bryan Close for allowing her the time to chase all those contacts.

Lastly thank you to all our members for their tireless hard work in organising and running of our event. We would also like to thank all of our wonderful volunteers for their help on the day, some of whom are not even members of our club. We are only a small club with 23 members (with only 10 members being available on Sunday), so it is a massive effort. The weather was kind and the day seemed to be enjoyed by those that attended. The kids certainly seemed to have fun on the rides and having their faces painted!
 We always have lovely feedback from our visiting car and bike enthusiasts about how friendly and welcoming our community is, this is wonderful to hear.

Australia's first Mad Max/
Wastelander festival to take
place in Southern Cross
from the 20th-23rd of
October at SXMCC!

Come in Costume-
Bands, DJ's Cars, Stalls
-event is BYO.

Local day pass Tickets now
available from SX, CRC

POX-ECLIPSE

AUSTRALIA'S FIRST MAJOR WASTELANDER EVENT



Government of Western Australia
WA Country Health Service



WA Country Health Service - Wheatbelt

We are hiring!

**Allied Health Assistant | Clinical Midwife
Speech Pathologist | Occupational Therapist**

Contact the Primary Health Manager for more information:
08 9081 3222 | merredin.healthservice@health.wa.gov.au

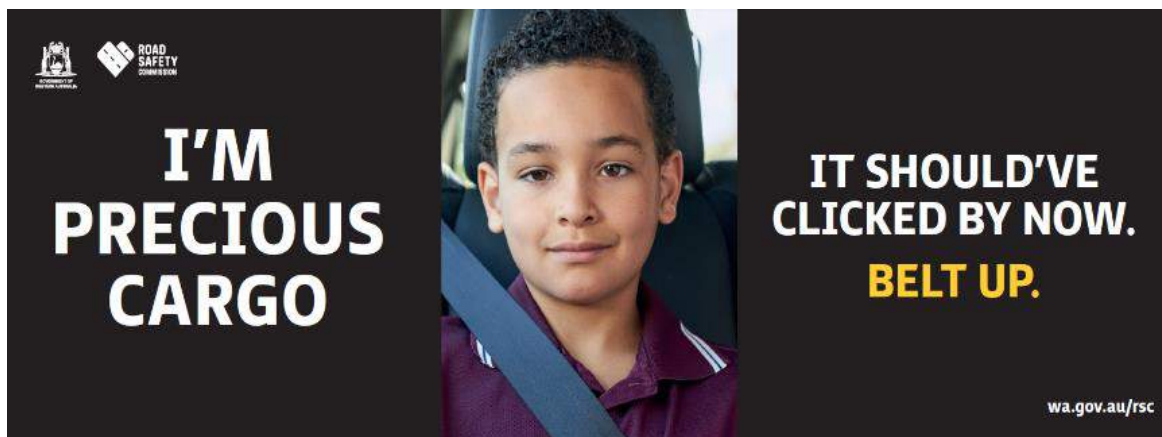
Precious Cargo: They're Only Little for a Little While!

Before 9.00am and after 3.00pm, watch out for increased traffic around schools, and remember to drop your speed to 40km/h or less in school zones 7.30-9am and 2.30-4pm.

Also, ensure your children are in the correct child car restraint. (1)

Minimum child car restraint age requirements (2)

- **Birth to six months:** Children must be placed in a rearward facing restraint capsule or rearward facing convertible restraint.
- **Six months to four years:** Children must be fastened in a rearward facing restraint, or a forward-facing restraint with a five-point internal harness, forward facing convertible restraint with a five-point internal harness, or a combination restraint used with a five-point internal harness.
- **Four to seven years:** Children need to use a forward-facing restraint with a five-point internal harness, or booster seat with a lap and sash seatbelt or h-harness, or combination restraint used in a booster seat mode.
- **Seven years and over:** Children aged seven years and over should remain in a suitable child restraint until they are big enough to meet all parts of the five-step test to use a lap-sash seatbelt in a vehicle:
 - Can the child sit with their back against the vehicle seat back?
 - Do the child's knees bend in front of the edge of the seat?
 - Does the sash belt sit across the middle of the shoulder?
 - Is the lap belt sitting low across the hips touching the thighs?
 - Can the child stay seated like this for the whole trip?



For more on Child Car Restraints, contact Road Safety Advisor Cliff Simpson on 0409 686 138

1 [Child Car Restraints Landing Page » WALGA RoadWise](#) or Child Car Restraint info line: Tel: 1300 780 713

2 [Child safety on WA roads \(www.wa.gov.au\)](#)

GIDDY UP FOR THE CUP

Pub & TAB open from 10am till late

Lunch service 12noon till 2pm

\$10 GT NORTHERN 4.2% PINTS



ENTER TO WIN

Funniest head wear will win

a free pint on us!

P| 0417 275 034 E| admin@marvellochhotel.com.au

53-55 LENNEBERG STREET MARVEL LOCH

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Hon Mia DAVIES MLA

Member for Central Wheatbelt
Leader of The Nationals WA
Leader of The Opposition

MEDIA RELEASE

MIA'S LOCAL HERO GRANTS ROUND OPENS

7 October 2022

Member for Central Wheatbelt Mia Davies MLA has launched her latest round of *Mia's Local Hero Grants*, a small grants program to help support local community groups across the Central Wheatbelt electorate.

Ms Davies said that in her role as the local State Member she was pleased to support groups with the program offering small but meaningful grants to the community.

"My latest *Mia's Local Hero Grants* program will provide amounts of up to \$200 for local groups who support and enrich our communities."

"This grant round officially opens today and I'd encourage all eligible groups to make an application," Ms Davies said.

"The funds could be used to support or sponsor a local event, contribute toward the purchase of new equipment or materials, or to assist your group to better support your members or community."

Ms Davies said the grants provided an opportunity to show her support, thanks and appreciation for the hardworking volunteer and not-for-profit organisations that make such a difference in our community.

"The application process isn't onerous, but it will be competitive so make sure you explain clearly how the money will be used and why it will benefit the community or people you support," she said.

"I'm looking forward to receiving the applications, and if anyone has concerns about their eligibility they should contact my office."

Round 6 opens Friday 7th October 2022 and closes at 4.00pm on Thursday 27th October 2022 .

For application forms or further information on how to apply email: mia.davies@mp.wa.gov.au or contact the electorate office directly on 9622 2871 (Northam) or 9041 1702 (Merredin).

For media enquiries please contact Mia Davies on 9041 1702 (Merredin office), 9622 2871 (Northam office) or email mia.davies@mp.wa.gov.au.

mia.davies@mp.wa.gov.au

 [MiaDaviesMLA](https://twitter.com/MiaDaviesMLA)  facebook.com/MiaDaviesMLA

 [@miadaviesmla](https://www.instagram.com/miadaviesmla) www.miadavies.com.au

THE NATIONALS for Regional WA

October is Breast Cancer Awareness Month

Did you know?

Breast cancer is the most common cancer affecting women in Western Australia, though men can also develop breast cancer.

In 2019, 1,890 Western Australian women were diagnosed with breast cancer, accounting for almost a third of all female cancer cases, and sadly 252 women in WA died from the disease.

Common symptoms of breast cancer include:

- A lump or hard area in your breast or underarm, especially if it is only on one side
- A change in the size, shape or feel of your breast
- Change in the look of your breast, like: your skin looks like the skin of an orange, your skin is wrinkling in small folds, redness or rash.
- Changes to the nipple, like it's: pulled inwards, leaking, itchy or has a sore that won't heal
- Breast pain or discomfort, especially if it is only on one side
- An area of the breast that feels different to the rest.



Get to know your breasts and what's normal for you and if you notice any unusual changes tell your doctor, clinic nurse or Aboriginal health worker. If it is breast cancer, the earlier it's found, the greater the chance of successful treatment. Please visit www.findcancerearly.com.au for more information about breast cancer.

Screening for breast cancer

Women aged between 50 and 74 are invited to access free screening mammograms every two years via the BreastScreen Australia Program.

It is recommended that women with a strong family history of breast or ovarian cancer, aged between 40 and 49 or over 75 discuss options with their GP, or contact BreastScreen Australia on 13 20 50.

If you do not have any symptoms then it is highly recommended to partake in the program. However, if you are experiencing symptoms, instead visit your doctor without delay.

Visit <https://www.cancer.org.au/cancer-information/causes-and-prevention/early-detection-and-screening/breast-cancer-screening> for more information.

TRY THIS: Healthy Prawn and Avocado Rice Paper Rolls Recipe

- 50 g rice noodles
- 150 g snow pea, ends trimmed
- 1 large avocado, peeled and stoned
- 12 rice paper rounds (22cm)
- 18 cooked prawns, shelled, deveined and cut in half lengthways
- 1/3 cup mint leaves
- 1/3 cup coriander leaves
- 1 large carrot, peeled and grated
- 1/3 cup sweet chilli sauce

View this recipe [here](#) or search it at livelighter.com.au

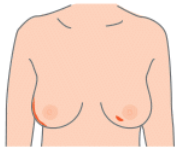


For cancer information and support call 13 11 20

BREAST CANCER

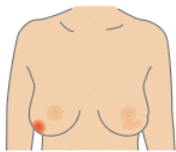
Find
Cancer
Early

Common symptoms:



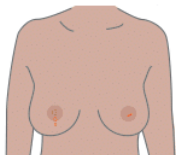
Lumps and bumps

A lump or hard area in your breast or underarm, especially if it is only on one side.



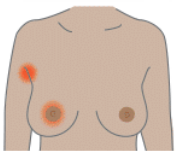
Unusual dimpling or rashes

Change in the look of your breast, like: your skin looks like the skin of an orange, your skin looks and feels different in one area, redness or rash.



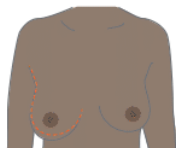
Changes to the nipple

Changes to the nipple, like: it's pulled inwards, leaking, itchy or has a sore that won't heal.



Pain or swelling

Breast pain or discomfort, especially if it is only on one side.



A change in size

A change in the size, shape or feel of your breast.

Get to know your breasts and what is normal for you. If you notice any of these symptoms or unusual changes, talk to a doctor, clinic nurse or Aboriginal health worker without delay.

If you have a symptom, it does not mean you have breast cancer. Often these symptoms turn out to be something less serious. However, it is important to get these symptoms or any unusual changes in your body checked out just in case.

For further information visit findcancerearly.com.au or call **13 11 20**.



Government of Western Australia
Department of Health



Cancer
Council
WA



Local Hearing Services for Southern Cross!

Hearing has never been more important than during these challenging times as we try and stay connected with family and friends via phone or video chat. Hearing services are essential and as such we are providing much needed hearing services to Southern Cross.

We are conveniently located within the:
Southern Cross Community Resource Centre
Canopus Street
Southern Cross WA 6426
BY APPOINTMENT ONLY ON 1300 061 650

The range of services we provide include:

- Onsite hearing aid repairs and batteries
- **Free hearing services to eligible pension and DVA card holders***
- Industrial deafness and workcover claims
- Hearing test and hearing loss rehabilitation
- Amplification devices/Hearing aids
- Trials of the latest in hearing technology
- Wireless TV accessories/Phones
- Ear protection/Swimming plugs
- Ear wax removal
- Tinnitus management
- Private patients welcome, no referral required.

* On behalf of the Government Hearing Services Program

** Free hearing screening for over 18yrs of age



ASHLEY YONG
LOCAL - IHEAR
AUDIOMETRIST

I was fortunate enough to start my working career in Kalgoorlie and from then on I always knew I would come back to live.

Now I am here to set up to provide hearing care to Kalgoorlie, Norseman, Leonora, Esperance, Kambalda and Southern Cross. I believe this will enhance the lives of generations of locals, helping them to hear, allowing them to engage so they can be heard and helping to maintain the connection that hearing brings with friends and loved ones.

ihear
Life is worth hearing

BOOK YOUR
FREE HEARING CHECK**
NOW ON 1300 061 650

How to check in on someone

Helping others and providing support can make a difference for someone who is having problems and going through a tough time. If you think someone you care about isn't going so well, try the following tips on how to support them and continue to check in on them.



Talk

For most people, just asking if they are okay and listening can make a difference.

By simply being there for someone, they can feel less alone and more supported to open up and talk about how they are really feeling.

Asking open ended questions that require a response is a good way to start the conversation.

FOR EXAMPLE:

- How are you going? What's been happening in your life lately?
- You don't seem quite yourself lately, is something bothering you?
- You seem upset or worried, what's going on? Can I help with something?
- I've noticed you're not going out much lately, anything going on?



Listen

Just being there for someone and offering a listening ear can make a difference.

1. Show them that you care and are here to listen to them.
2. Have patience, let others talk and don't judge.
3. Be reflective by repeating what they have said.
4. Keep calm and accept that they may disagree with you.



Provide support

If the person you're concerned about is in a life threatening situation, or is at risk of harm to themselves or others, call 000.

Getting help early can make a difference. A good place to start is:

- Talk to your GP or someone you trust.
- Call a support line.
- Contact a support service.
- Try the Think Mental Health check-up tool.

They may also need your support while they look for professional help.



Do an activity together

Activities create conversation. Find an opportunity during everyday life activities to start the conversation and ask them how they are really feeling. Try doing activities together such as:



GOING FOR A WALK



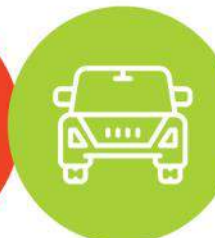
GOING TO AN EVENT TOGETHER



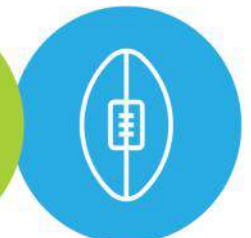
GOING FOR A COFFEE OR A MEAL



KICKING THE FOOTY, PLAYING A GAME, SURFING ETC



GOING FOR A DRIVE



ANYTHING THAT ENCOURAGES OR PROVIDES AN OPPORTUNITY TO HAVE A CHAT


think
MENTAL HEALTH

For more information visit
thinkmentalhealthwa.com.au

Optimistic October 2022

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



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- Order by October 31st 2022.
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- Nominate your requirements within the FSO period for priority access to product available for fixed supply contracts.

Speak to Kobus about your fertilizer requirements for 2023



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NOW BUYING IN KANGAROO CARCASSES ONLY FROM LICENCED SHOOTERS WITH DEC

Kangaroos under 20kg not accepted.

Also buying in beef & horse for dog bait purposes.

Drop off by appointment only.

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Facsimile (08) 9041 2791

Southern Cross Clinic Dates 2022

Location: Away Side Football Change Rooms Rec Grounds

October 12th

November 9th

December 7th

Please call 90411734 to make an appointment

Two-bedroom, unfurnished property currently available for rent.

- Wet area and wider hallways – both suitable for applicants with mobility issues.
- Vertical blinds throughout.
- Modern, easy-care interior.
- Ceiling fans in bedrooms and split-system air-conditioner in the lounge.
- Vinyl planking flooring to the main living areas and carpeted bedrooms.
- Open plan kitchen, dining and living area with raised ceiling.
- Solar system.
- One pet per household permitted (conditions apply).



Although priority is given to applicants over 65 years of age, people living with a disability or households on low income, we also invite applications from:

- Individuals or couples who may be struggling to maintain their current property and need to downsize due to health or mobility issues.
- Those with current assets (conditions apply).
- Individuals or couples who are on a very low or low income.
- Individuals or couples seeking employment in the area (conditions apply).

If you wish to apply, please send your details to info@ceaca.org.au. Upon receipt an information pack will be sent to you containing an application form, rental information and images of the property.



The Online Hub for Family and Local History in the Central Goldfields of Western Australia



**Outback
FAMILY HISTORY**

Discover more about people's lives in the Central Goldfields of Western Australia or explore more about the history of places in this vast region. FREE resources and information for all family and local history researchers.



**Western
Australian
Virtual
Miners
Memorial**

An online place where the men and women of Western Australia who have lost their lives in the mining industry, can be remembered and honoured for their supreme sacrifice.

The Outback Family History website:
www.outbackfamilyhistory.com.au
Our library of information and photographs

The Outback Family History blog:
www.outbackfamilyhistoryblog.com
Stories of people and places.

WA Virtual Miners Memorial website:
www.wavmm.com
A profile page for every person



[@OutbackFamilyHistory](https://www.instagram.com/OutbackFamilyHistory) | Email: moyasharp@westnet.com.au



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- ~Ants
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- ~Cockroaches
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sense of belonging and
having a purpose in life all
contribute to happiness
and good mental health

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- 3 Bedroom house with an additional room that can be used as an extra bedroom or games room.
- Has ducted evaporative air con, tile fire & refrigerated air con/heater to games room & garage.
- Garage currently being used as an extra room.
- Has a large secure back yard with entertaining area, additional single garage, chook yards & back lane access.
- The gardens are fully reticulated & controlled by a water computer.
- Located on a 1/4 acre block within walking distance to schools, sporting area and shops.
- Currently tenanted.

\$108,000 ONO.

Call Kerry on 0427491448 for an inspection.

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Merredin WA 6415

State Licence No. 4294

Phone/Fax: 9041 2018

Registration No. 311

Services Listing space available!

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further information.

9049 1688

crc@yilgarn.wa.gov.au

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Nick Walsh

Owner

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Address - 68 McInnes Street, Moorine Rock

Email - nick.mrbuilder@gmail.com



Southern Cross Tyre & Auto Services

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8-10 Spica Street,

Southern Cross WA 6426

Ph: 9049 1172 Email: info@sxtas.com.au

Website: www.sxtas.com.au

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& Equipment Hire.

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Calendar of Events

Sat 15 Oct	Yilgarn Ladies Day
Sun 16 Oct	Southern Cross Tennis Club season 22/23 start date, 3.30pm
Thu 20 Oct	Shire of Yilgarn Council Meeting @ Council Chambers, 4pm
Sun 23 Oct	Community Mass @ Our Lady of Montserrat Catholic Church, 11am
Thu 27 Oct	Pat & Chat Mobile Vet in town
Wed 9 Nov	Merredin Veterinary Clinic in town @ oval changerooms
Thu 24 Nov	Pat & Chat Mobile Vet in town
Wed 7 Dec	Merredin Veterinary Clinic in town @ oval changerooms
Wed 7 Dec	SX Speedway meeting @ Senior Centre 6pm
Wed 14 Dec	Pat & Chat Mobile Vet in town
Fri 16 Dec	Carols by Candlelight @ Senior Citizen's Centre 6.30pm
Sun 18 Dec	SAVE THE DATE: Community Xmas Tree
Wed 1 Feb 23	SX Speedway meeting @ Senior Centre 6pm
Wed 5 Apr 23	SX Speedway meeting @ Senior Centre 6pm

Looking to get involved in a group or club? There are many local groups you can join!

- | | | |
|--------------------------------------|-------------------------------------|-----------------------------------|
| ✓ Art Group | ✓ Southern Cross St John Ambulance | <i>Sporting groups including:</i> |
| ✓ Country Women's Association | ✓ Southern Cross Vol. Fire & Rescue | ✓ Basketball |
| ✓ P & C / P & F Organisations | ✓ Volunteer Bush Fire Brigade | ✓ Darts |
| ✓ Patchworking | ✓ Yilgarn Agricultural Society | ✓ Football |
| ✓ Progress Associations | ✓ Yilgarn Community Support Group | ✓ Golf |
| ✓ Scrapbooking | ✓ Yilgarn Entertainers | ✓ Lawn Bowls |
| ✓ Senior Citizen's Centre activities | ✓ Yilgarn History Museum | ✓ Motorcycle Club |
| ✓ Southern Cross Gardening Club | ✓ Yilgarn Men's Shed | ✓ Netball |
| ✓ Southern Cross Hospital Auxiliary | ✓ Yilgarn Motoring Enthusiasts | ✓ Shooting |
| | | ✓ Tennis |

Recycling Days 2022

Oct 14

Nov 11

Dec 9

Oct 28

Nov 25

Dec 23

