

**\$1**

# Crosswords

Volume 24

Issue 21

12 October 2023



## How to make your answer matter

REFERENDUM | SATURDAY 14 OCTOBER

Voting in a referendum is different from an election.

1. You need to complete **one** ballot paper.
2. The ballot paper will show a question about a proposed change to the Constitution.
3. To vote, write either **'Yes'** OR **'No'** inside the box on your ballot paper.

All Australian citizens aged 18 and over must vote.

Don't worry if you make a mistake. Ask for another ballot paper, and start again.

Commonwealth of Australia  
**BALLOT PAPER**  
State/territory

**Referendum on proposed Constitution alteration**

**DIRECTIONS TO VOTER**  
Write **"YES"** or **"NO"** in the space provided opposite the question set out below.

**A PROPOSED LAW:**  
There would be a description of the proposed constitutional change here.

**DO YOU APPROVE THIS PROPOSED ALTERATION?**

WRITE "YES" OR "NO"

**AEC**  
Australian Electoral Commission

**SAMPLE**

Sample ballot paper

→ Learn more  
at [aec.gov.au](http://aec.gov.au)  
or call 13 23 26

**YOUR  
Answer  
MATTERS**

Authorised by the Electoral Commissioner, 10 Mort Street, Canberra, ACT.

**VOTING DAY: Saturday 14th October, 8am to 6pm**  
**Southern Cross Community Centre (Town Hall)**  
**Antares St, Southern Cross WA 6426**



The Crosswords is produced by the  
Southern Cross CRC,  
PO Box 178, Canopus St,  
Southern Cross WA 6426  
Phone: 08 9049 1688 Fax: 08 9049 1686  
Email: [crc@yilgarn.wa.gov.au](mailto:crc@yilgarn.wa.gov.au)

#### Crosswords Disclaimer:

The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

## Shire of Yilgarn Emergency information hotline

**Call (08) 9487 8777**

for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

## Southern Cross Landfill Times

The Tip Shop will also be open during the below hours. EFTPOS available for fee payment at Shire admin office.

<b>Monday</b>	<b>1:00pm to 4:00pm</b>
<b>Tuesday</b>	<b>1:00pm to 4:00pm</b>
<b>Wednesday and Thursday</b>	<b>Closed</b>
<b>Friday</b>	<b>1:00pm to 4:00pm</b>
<b>Saturday</b>	<b>10:00am to 4:00pm</b>
<b>Sunday</b>	<b>10:00am to 4:00pm</b>

## Crosswords Advertising Rates 2023/24 (as of 1 July 2023)

### Business Advertisements

(Business premises outside of the Shire of Yilgarn)

	Black		Colour	
	No Typesetting	With Typesetting	No Typesetting	With Typesetting
Full Page (A4)	\$35.00	\$55.00	\$160.00	\$180.00
1/2 Page (A5)	\$20.00	\$30.00	\$90.00	\$100.00
1/4 Page	\$15.00	\$25.00	\$50.00	\$60.00

### Local Business and Non-Profit Organisations Advertisements

(Business premises within the Shire of Yilgarn)

Full Page (A4)	\$30.00	\$50.00	\$130.00	\$160.00
1/2 Page (A5)	\$15.00	\$18.00	\$70.00	\$90.00
1/4 Page	\$10.00	\$15.00	\$35.00	\$40.00

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines)	\$8.00
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## Advert size specifications for Crosswords (W x H)

1/4 page vertical	90mm x 120mm
1/4 page horizontal	180mm x 60mm
1/2 page vertical	90mm x 270mm
1/2 page horizontal	180mm x 120mm
A4 Full page	180mm x 270mm

A5 adverts which are not horizontal will be displayed in print on their side to ensure no modification to advertisements.



**DON'T FORGET!**  
**Crosswords' submissions**  
**close every 2nd Tuesday at 12.00 noon**

## 2023 Publishing Dates

Deadline 12 noon	Publishing Date
24/10/2023	26/10/2023
7/11/2023	9/11/2023
21/11/2023	23/11/2023
5/12/2023	7/12/2023

## 2024 Publishing Dates

Deadline 12 noon	Publishing Date
16/01/2024	18/01/2024
30/01/2024	1/02/2024
13/02/2024	15/02/2024
27/02/2024	29/02/2024
12/03/2024	14/03/2024
26/03/2024	28/03/2024
9/04/2024	11/04/2024
23/04/2024	26/04/2024
7/05/2024	9/05/2024
21/05/2024	23/05/2024
4/06/2024	6/06/2024
18/06/2024	20/06/2024
2/07/2024	4/07/2024
16/07/2024	18/07/2024
30/07/2024	01/08/2024

## Crosswords for

**FREE?!**

If you wish to receive the Crosswords for free via email, send an email to [crc@yilgarn.wa.gov.au](mailto:crc@yilgarn.wa.gov.au) to register.

## Church Notices / Updates

### Catholic Church

48 Altair Street, Southern Cross  
SX Presbytery: 9049 1049 (Sun to Mon)  
Bruce Rock Presbytery: 9061 1094 (Tues to Sat)  
Email: [yilgarnwestoniacatholic@gmail.com](mailto:yilgarnwestoniacatholic@gmail.com)  
Facebook: Yilgarn/Westonia Catholic Community  
YouTube: Yilgarn Westonia Catholic  
**CBH Grain Donations (SX): 40564452**

Sun 29 Oct - Southern Cross Community Mass @  
Our Lady of Montserrat Church, 11.00am

### Mass Times

Saturday 6:00pm @ Bruce Rock Parish(**live-stream**)  
Sunday 5:30pm @ OLM church

### Uniting Church

Services for the Uniting Church are held on the  
first Sunday of each month.

### Contact:

Cheryl Auld 9049 8026  
Diane Della Bosca 9049 1149

### Anglican Church

Antares Street, Southern Cross  
Enquiries: Leonie Gethin  
Ph.: 0429 498 035

2023 Christ Church Southern Cross  
Anglican Services

All services are held at 11.00am on Saturdays  
Everyone is warmly invited to come along

21st October  
16th December ("Christmas" Service)

## SX SPEEDWAY

MEETS 1ST WEDNESDAY EVERY SECOND MONTH AT  
SENIORS CENTRE, 6PM—ALL WELCOME  
COME AND SEE WHAT IS HAPPENING WITH THE  
SPEEDWAY AND ANY NEW IDEAS ARE  
WELCOME

8th November



**LOCAL GOVERNMENT ORDINARY POSTAL ELECTION  
ELECTION NOTICE  
Shire of Yilgarn  
(Local Government Act 1995, s4.64)**

The Shire of Yilgarn is holding an election by postal vote on Saturday, 21 October 2023 to fill vacancies in the offices of Councillors as listed below:

District	3 Councillors
BRADFORD, Bianca	
GRANT-WILLIAMS, Elizabeth	
NOLAN, Philip	
NEWBURY, Donna	
ROSE, Linda	

**Election Packages** will be sent to all electors on the local government electoral roll where there is an election in their electorate.

**You may hand deliver** your postal voting papers, or **obtain a replacement package** (if the package is not received, or should any papers be missing), **during business hours before election day** from the following location(s):

Shire of Yilgarn, 23 Antares Street, SOUTHERN CROSS

**Post your vote early.** Completed postal voting packages must reach the Returning Officer by 6.00pm on election day, Saturday, 21 October 2023.

**You may hand deliver** your postal voting papers to an electoral officer, or **obtain a replacement package** (if the package is not received, or should any papers be missing), between 8.00am and 6.00pm **on election day** at the following location(s):

**Chief Polling Place:**

Shire of Yilgarn, 23 Antares Street, SOUTHERN CROSS

**The count of votes** will commence after 6.00pm at the Shire of Yilgarn Council Chambers, 23 Antares Street, SOUTHERN CROSS.

**Electronic Counting Place**

30 Beaufort Street, Northbridge **may** be used as an electronic counting place.

**ROBERT KENNEDY  
ELECTORAL COMMISSIONER  
13 63 06**



**WESTERN AUSTRALIAN  
Electoral Commission**

## PLANNING AND DEVELOPMENT ACT 2005

### SHIRE OF YILGARN

#### NOTICE OF PUBLIC ADVERTISEMENT OF FORM 1 –

#### RENEWABLE ENERGY FACILITY (WIND FARM)

The Shire has received a DAP Form 1 application proposing a renewable energy facility on various lots located approximately 12 kilometres to the south east of the Southern Cross townsite.

Ten wind turbines are proposed on Lot 620, Lot 622 (No 282) Glendower Road, Lot 231 and 640. The lots are located between Great Eastern Highway to the north, Emu Fence Road to the east, and Southern Cross Marvel Loch Road to the west.

The application proposes up to 10 wind turbines, up to 10 MWh of battery storage, and associated infrastructure including transformers, above and below ground cabling, roads, crane hardstands, switch rooms and communication equipment.

The combined blade length and tower height of turbines will have a maximum height of 240m Above Ground Level (AGL).

The application will be determined by a Development Assessment Panel (DAP) and the Shire is advertising the application for public comment.

Details of the application including technical reports on noise, aviation and visual impact can be viewed on the Shire's website.

Written submissions may be made on the proposal by close of business on the 19th day of October 2023, Submissions can be posted to the Shire of Yilgarn, PO Box 86, Southern Cross WA 6426 or emailed to [rso@yilgarn.wa.gov.au](mailto:rso@yilgarn.wa.gov.au)

Submissions by email or in word format are encouraged.

Signed:



Cameron Watson

ACTING CHIEF EXECUTIVE OFFICER

For and on behalf of the Shire of Yilgarn

Dated:

29 September 2023





# Shire of Yilgarn Australia Day Active Citizenship Awards 2024

Nominate an inspiring local community member or group for one of three following awards, fostering community pride and spirit:

- Shire of Yilgarn Australia Day Active Citizenship Award
- Shire of Yilgarn Australia Day Active Citizenship Award  
for a person under 25 years
- Shire of Yilgarn Australia Day Active Citizenship Award  
for a Community group or event

Nomination forms are available from the Shire of Yilgarn, CRC or online: [www.yilgarn.wa.gov.au](http://www.yilgarn.wa.gov.au)

Please note nominations close:  
COB Monday, 6th November 2023



## **Community Funding Program 2023 / 2024**

The “**Community Funding Program**” has now opened for applications in the 23/24 funding round.

Objectives of the funding project are:

- To provide a source of funding for non-profit community organisations operating within the district.
- To assist community organisations in maximising their future development.
- To provide an impartial means by which community organisations can access Council funds.

**Applications for the following categories are invited:**

**A - Essential equipment/capital items** (up to \$2,000)

Types of equipment:

- Ground maintenance equipment
- Sporting equipment
- Office equipment
- Minor plant equipment

**B - Community / Sporting Event related expenses** (up to \$2,000)

Funding is available for event related expenses to help cover for, but not limited to, guest speakers, facilitators and other event hire costs. Written quotes must be provided at the time of application.

**C - Training & Travel Assistance for local officials/office bearers** (up to \$500)

Funding is available to officials and/or office bearers of community organisations who are required to attend regional / state association organised seminars / courses / meetings as part of their duties. Knowledge gained at these activities must then be used to assist the local community organisation in its continued development.

### **Eligibility**

To be eligible the applicant must be based in the Shire of Yilgarn and meet the following criteria:

- Funding is available for activities which will provide benefits directly to the people of the Shire of Yilgarn.
- Only non-profit community organisations operating within the Shire of Yilgarn are eligible to apply.
- Organisations that have failed to acquit funding from the last round by 30 June 2023 will not be eligible for this round of the funding program.

For further information, general conditions and to obtain the “Guidelines and Application form” please visit [www.yilgarn.wa.gov.au](http://www.yilgarn.wa.gov.au).

Applications must be received no later than Friday 27 October 2023 by 12.00pm.

# *Shire of Yilgarn*

*Bushfires Act 1954*

## *Notice to all Owners & Occupiers of Land within the Shire of Yilgarn*

### *Requirements to Clear Firebreaks*

Pursuant to the powers contained in Section 33(1) of the Bush Fires Act you are hereby required to plough, cultivate, scarify, burn or other-wise clear firebreaks on all land owned or occupied by you by 1 November 2023 and thereafter to keep these firebreaks clear of all flammable material until 31 March 2024. Firebreaks are required in locations and to the specifications detailed below.

#### LAND WITHIN TOWNSITES

- (a) On land not exceeding 2023 square metres in area, all flammable material shall be removed.
- (b) On land exceeding 2023 square metres in area, a firebreak 3 metres wide shall be constructed inside and immediately adjoining all external boundaries.
- (c) Firebreaks 3 metres wide shall be constructed immediately surrounding all buildings.
- (d) Haystacks must not be located more than 20 metres to an external boundary. They shall be surrounded by a 10 metre wide firebreak situated between 10 and 20 metres distance from stack.
- (e) Stored fuel, oil and flammable materials shall be protected from fire as prescribed in the Explosives and Dangerous Goods Act 1961 and the Flammable Liquids Regulations 1967.

#### RURAL LAND

- (a) Firebreaks 3 metres wide shall be constructed immediately inside and adjoining all property boundaries.
- (b) Firebreaks 3 metres wide shall be constructed immediately surrounding all buildings.
- (c) Firebreaks 3 metres wide shall be constructed between 10 and 20 metres distance from and surrounding all haystacks.
- (d) Stored fuel, oil and flammable materials shall be protected from fire as prescribed in the Explosives and Dangerous Goods Act 1961 and the Flammable Liquids Regulations 1967 and which include that a firebreak 6 metres wide will be provided immediately surrounding storage areas.

#### MINIMUM REQUIREMENTS DURING HARVEST AND RELATED ACTIVITIES

- (a) A minimum of 600 litres of water to be kept onsite at all times during harvest or related activities; and
- (b) By the 2024/2025 summer fire season, all minimum water requirements are to be carried by a motorised vehicle **OR** a trailer that is connected to a motorised vehicle at all times and is able to be deployed immediately

#### GENERAL

If for any reason it is considered by the owner or occupier of land that it is impractical to comply with the requirements of this notice, a request may be made to Council to approve alternative fire protection measures. Such application shall be accompanied by a sketch or drawing of the proposed variations and should be lodged at the Council offices no later than 31 October 2023.

Where approval of a proposed variation is not granted by Council you shall comply with the requirements of this notice. The penalty for non-compliance with this notice is a maximum of \$5,000 and notwithstanding prosecution; Council may enter on the land and carry out the requisite works at the owner / occupiers expense.

#### **RESTRICTED AND PROHIBITED BURNING TIMES**

**Restricted Burning Period: 19 September 2023 to 31 October 2023 and 16 February 2024 to 31 March 2024**

(Note: Permits to burn during this period are required. Permits must be obtained from your nearest Bush Fire Control Officer)

**Prohibited Burning Period: 1 November 2023 to 15 February 2024**

(Note: Permits to burn stubble from the previous seasons crop will not be issued until 1 March 2024)

**By order of the Council**

*Nic Warren*

*Chief Executive Officer*



# "Visit the Southern Cross Skies"

## Stargazing Event

Join us at the Southern Cross Golf Club on Saturday 4th November when volunteers from the Perth Observatory will be in Southern Cross. See Jupiter and Saturn as well as beautiful nebulae and enormous star clusters.

2 sessions will be held, one for children starting at 7.30pm for one hour, and one for adults starting afterwards for two hours

Sausage sizzle supplied



PERTH  
OBSERVATORY







# THE YILGARN COMMUNITY CHRISTMAS TREE

2023

ROTARY PARK, SOUTHERN CROSS

SUNDAY

3

DECEMBER

5PM - LATE

BYO PICNIC CHAIRS,  
NIBBLES & DRINKS

GIFTS PROVIDED TO CHILDREN UP TO YEAR 6

**\$15 PER CHILD**

INCLUDES PRESENT, JUICE BOX & LOLLY BAG

PLEASE RSVP BY **12 NOVEMBER**  
WITH **NAMES** AND **AGES** OF CHILDREN  
to [cwa.sxbranch@outlook.com](mailto:cwa.sxbranch@outlook.com)

**CWA PAYMENT DETAILS**

BSB: 036 128 ACC: 280026



LIVE MUSIC FROM 5PM



6PM SANTA ARRIVES



6:30PM CAROLS BY CANDLELIGHT IN THE PARK



7PM

LIGHTING OF THE TREE



7:15PM FREE SAUSAGE SIZZLE





Lions Cancer Institute Inc.



## ***FREE SKIN CANCER SCREENING***

### **Southern Cross CRC**

*As a joint project with*

### **The Lions Cancer Institute Inc.**

The team will conduct a ***Free*** Skin Cancer Screening in

Southern Cross

On Saturday 21<sup>st</sup> October 2023

At Senior Citizen's Centre

***To book a screening appointment visit:***

<https://app.10to8.com/book/cjaipzozumtrumqdpw/>

***Or call the CRC 9049 1688.***





**SOUTHERN CROSS**

Southern Cross  
Community Resource Centre  
*Your local connection*



# Brush & Bubbles

6.30pm Saturday 18th November 2023

Join us for some painting, and socialising! Choose your own paint by numbers canvas, or bring your own project, BYO drinks (tea & coffee provided) and enjoy some nibbles at the Senior Citizen's Centre.

Bookings are essential by 16th November 2023 to the CRC on 9049 1688 or [crc@yilgarn.wa.gov.au](mailto:crc@yilgarn.wa.gov.au)

Cost: \$20 for new canvas purchase, or \$5 for your own project (or existing canvas)



## **EXPRESSIONS OF INTEREST WANTED**

### **BE A PART OF THE SENIORS GAMES TEAM FOR 2024**

*With the games being held in Southern Cross!*

The Southern Cross Seniors Games team, "The Southern Cross Stars" are looking for people 55 years and older who would be interested in joining the Seniors Games for 2024. Whether you've been a part of the Games team before, or this is your first time taking part, you're welcome to join!

The Seniors Games will be held Tuesday, 26th March 2024, and consists of modified games of basketball, volleyball, shuffleboard and golf. There is also a quiz of general knowledge for teams as well.

Training sessions will begin early 2024, and more information will be available shortly.

If you'd like to register your interest in being a part of the 2024 team, please contact Monica at the Shire office: call 9049 1001, email [crc@yilgarn.wa.gov.au](mailto:crc@yilgarn.wa.gov.au) or pop in to the Shire admin office to pop your name on the list.

# Packed with Goodness.

Come along to a FREE 90 minute session for tips and advice on how to pack a healthy lunchbox and choose healthy snacks!



**Date/Time:** Wednesday, 29th November 2023 at 10.00 am

**RSVP:** Friday, 24th November 2023

**Venue:** Southern Cross CRC, Canopus Street, Southern Cross



Crunch&Sip®





THE SOUTHERN CROSS CRC HAS RECENTLY INSTALLED PUBLIC WIFI INSIDE THE BUILDING, WITH A WIFI ENABLED PRINTER FOR OUR CUSTOMERS TO BE ABLE TO PRINT DOCUMENTS DIRECTLY FROM THEIR PHONES OR SMART DEVICES\*. WE ARE VERY APPRECIATIVE TO HAVE THIS NEW INFRASTRUCTURE, WHICH WAS PURCHASED AND INSTALLED USING FUNDS FROM A CRC TECHNOLOGY GRANT THE CRC RECEIVED FROM DPIRD.

\*PRINTING COSTS STILL APPLY FOR ANY PRINTING

PLEASE BE AWARE WE'RE STILL LEARNING HOW TO USE EVERYTHING, SO IF YOU NEED ASSISTANCE, PLEASE BE PATIENT WITH US!

"PROUDLY SUPPORTED BY THE DEPARTMENT OF PRIMARY INDUSTRIES AND REGIONAL DEVELOPMENT."



Department of  
Primary Industries and  
Regional Development



# AFTER SCHOOL LEGO® CLUB

**MONDAYS**

(SCHOOL DAYS ONLY)

**3:15 PM - 4:30 PM**

**FREE!**



**CAN YOU BUILD THE WEEKLY LEGO® CHALLENGE?**

**\*complete it each week to get an entry into a monthly prize draw!! Four chances each month!**



## SOUTHERN CROSS CRC



Department of  
Primary Industries and  
Regional Development

PARENTS/GUARDIANS ARE REQUIRED TO STAY WITH THEIR CHILD/CHILDREN  
ATTENDING THE AFTER SCHOOL LEGO® CLUB.  
TEA AND COFFEE (FOR THE ADULTS!) AND JUICE BOXES WILL BE PROVIDED.



# Community News

## AGM

Yilgarn Men's Shed AGM  
Thursday 9th November 2023, 10am  
Everyone Welcome

## Yilgarn Bowling Club

### Mens October 2023

Sat 14	Club Day @ Yilgarn with Westonia	
Sun 15	Civic Fours	<b>CANCELLED</b>
Sat 21	Bruce Rock v Yilgarn	Bruce Rock
Sun 22	Club Day	Southern Cross
Sat 28	Yilgarn v Corrigin	Southern Cross
Sun 29	Club Day	Southern Cross
	Corrigin Fours	Corrigin

### Ladies October 2023

Tue 17	Social Bowls	Southern Cross
Tue 24	Social Bowls	Southern Cross
Sun 29	Merredin Civic Carnival	Merredin
Tue 31	Social Bowls	Southern Cross



The CRC will be closed Wednesday 25 October 2023 due to staff training. Some secretarial services will be available at the Shire for this day. We will reopen on Thursday at 8.15am as normal. We apologise for any inconvenience.

## Birthday

### *Happy 30th Birthday Kayla Ellen Cuffe*

Dear Kayla,  
I hope you have a wonderful and very HAPPY 30TH BIRTHDAY on Tuesday 10th October. I am very proud of everything you have achieved and here's wishing you many more birthday's to come..  
All my love & best wishes,  
From Mum xo

# MOVING SALE

**EVERYTHING MUST GO!**

## 2 Draconis St

**Sun 29 October 23  
8am onwards**

**Tools, furniture, building  
supplies, plants and  
lots more!**

*No holds, cash only*

**Rod & Lib Taylor**

## Pioneers of Yilgarn

Stage 1.

**Citizens who built this district between years 1887 and 1914**

**Greaves, Richard:** Was one of the three-man party to find the first gold in Yilgarn during September 1887, leading to the development of the Eastern Goldfields. He became ill due drinking contaminated water.

Although holding off until the expedition finished, he spent a year in hospital and never fully recovered. His main claim to fame is writing a book on the party's exploits, which has become invaluable for historians. It was men like Greaves who built this State in the early years.

©Lance Stevens



**YILGARN  
SKELETON  
WEED**

## Yilgarn Skeleton Weed Local Action Group AGM

Our AGM will be held on **Wednesday 25<sup>th</sup> October 2023 7pm** at the Moorine Pub. Landholders are encouraged to attend.

\*BBQ dinner provided.

- ❖ The position of Chairperson for the Yilgarn Skeleton Weed Local Action Group will be available, for anyone interested or needing more information please feel free to get in contact.
- ❖ We have a new Skeleton Weed coordinator taking over as of December, who we have invited to come along and meet everyone.
- ❖ Search Season booklets will be handed out (anyone who needs new paddock search record books just let myself or Robbie know, and I will ensure it is added to your file).

Robbie Della Bosca, LAG Co-ordinator: 0427-791-135  
To RSVP/receive an Agenda: Tiarah Cotter, LAG Admin on  
0428546288 or email [YilgarnLAG@outlook.com](mailto:YilgarnLAG@outlook.com)







# *CWA – Southern Cross Branch*

## *2023 Yilgarn Ladies Long Lunch*

On Saturday 16 September 2023, the Southern Cross Branch of CWA hosted the annual Yilgarn Ladies Long Lunch at the Southern Cross Town Hall. This event had been long established by the Yilgarn Community Support Group, with numerous women attending over the years. In 2022, the Support Group reached out to the local CWA branch to take over the coordination of the event for 2023 and beyond. As our first year of hosting, we would like to recognise the Yilgarn Community Support Group for all their efforts. We thank them for all their past work, as well as the trust they have instilled in us to continue their legacy.

At the Yilgarn Ladies Long Lunch, we retrospectively celebrated International Women's Day's 2023 theme of unity and empowerment, symbolised by the colour purple. It was a magnificent day enjoyed by all, not just celebrating International Women's Day, but the remarkable women who make rural communities like ours thrive. We were simply overwhelmed by the wonderful feedback we have received from attendees.

The sell-out event welcomed just under 100 ladies to share in a vibrant occasion, made even more so by the live music from 'Brother & I'. Throughout the day, we also were also entertained by the stories and journeys of 3 inspiring women: Natalie Panizza, Kelly Oldfield and, Australian Author, Rachael Johns. Each guest speaker was captivating, giving many guests the opportunity to relate, reflect and engage in personal growth.

In the midst of this, we were very fortunate to have Abi Farina and her team from 'The Farmhouse Kitchen' indulge us with an incredible menu. The morning began with entrée served to tables, followed by a gourmet lunch, which was a key highlight by many. Lunch was served as a buffet-style with a diverse range of cold meats, salads, condiments and home-made sauces, finished with a choice of dessert.

The 2023 Yilgarn Ladies Long Lunch was a unique opportunity to connect, share, and draw inspiration from one another's experiences. The event brought women together from all pockets of the Shire and it was so wonderful to see the enjoyment and networking that took place throughout the day, all of which was captured by one of our local photographers, Tanika Treloar.

We would like to take this opportunity to thank all the women who supported this event. I would especially like to extend a heartfelt thank you to my wonderful CWA subcommittee: Onida Truran, Carly Burton, Emma Warren, Jodie Cobden and Chrissy Lochhead. Their commitment to creating a memorable day shined through in every detail. We look forward to welcoming you all, and hopefully many more, back next year!



Finally, we would also like to take the time to thank the following local businesses for their contributions, allowing us to bring this event to life and provide an invaluable experience to the women of the Yilgarn. Without their support, it would not have been possible to create such a memorable event. We are very grateful to be part of such a supportive community and thank each of them for their ongoing assistance towards the events and initiatives of the Southern Cross CWA Branch.

## YILGARN LADIES

# Long Lunch

BROUGHT TO YOU BY THE  
SOUTHERN CROSS CWA



### GUEST PRESENTERS



### EVENT VENDORS



### MAJOR CONTRIBUTORS



BARTO GOLD MINING



### SPECIAL MENTIONS & THANK YOUS



Kind regards,  
Jess Stephen  
CWA – Southern Cross CWA President





# CWA – Southern Cross Branch

## 2023 Yilgarn Ladies Long Lunch







# CWA - Southern Cross Branch

## 2023 Yilgarn Ladies Long Lunch







# BASKETBALL

*YMBA would like to gather interest in a women's social competition. The association will require a minimum of 21 registrations for it to be viable to go ahead.*

*Season is 14 games including finals  
Start date will be Tuesday 10th of October  
Game time 7pm  
Fees - Full Season \$120  
- Shift/Harvest worker \$80*

*Registration is now open, if in the event we do not make the minimum numbers you will be offered to join the men on Thursday and continue with mixed games or a total refund*



**Juniors**

**OCT  
10TH**

**Ages 11**

**to 16**

# **BASKETBALL**

**Social Competition**

**Every Tuesday for 10 sessions**



**Fees \$80 per child**





# hit the HOOPS



Aussie Hoops is a fun, inclusive, structured introductory basketball program aimed at 5-10 year olds, with graded increases in competitiveness until participants are ready to transition to local WCBA competitions.

## TERM 4

## 10 Week Program

U 8's Time 3pm – 8-10 Time 4pm

## Southern Cross Complex Indoor

Tuesday 10th Oct 2023	Tuesday 14th Nov 2023
Tuesday 17th Oct 2023	Tuesday 21st Nov 2023
Tuesday 24th Oct 2023	Tuesday 28th Nov 2023
Tuesday 31st Oct 2023	Tuesday 5th Dec 2023
Tuesday 7th Nov 2023	Tuesday 12th Dec 2023



## COST:

\$80 New Participants

New Participant Pack \$55.99 includes:

Size 4 or 5 Spalding Basketball  
Personalized Aussie Hoops Singlet  
Personalized Aussie Hoops Backpack  
Sticker Sheet



# BASKET BALL

REGISTRATION NOW OPEN

**2023/2024 SEASON**

**OCT 12th**

**GAMES COMMENCING**  
**7pm**

**\$120 Full Season**  
**\$80 Shift/Harvest**

**Southern Cross Indoor Courts**

**<https://www.playhq.com/basketball-wa/register/80c153>**





## CAHDS PARENT AND SIBLING WORKSHOPS 2023

### Term 4

The Complex Attention Hyperactivity Disorders Service (CAHDS) are offering a series of parent workshops. These workshops are intended for parents with children/adolescents who experience significant attention difficulties, including a diagnosis of ADHD. These workshops are collaborative and invite discussion from participants.

All workshops are stand-alone, and parents can attend any of the workshops upon registration, although numbers are limited for each workshop. Our parent workshops will be run **Online** from approximately **10:00am - 1:00pm** and details regarding access will be sent to parents prior to each session. There is no cost to attend these workshops. Our Sibling workshop will be offered as an expression of interest (numbers permitting) for a face-to-face group at Perth Children's Hospital on a day during the school holidays.

Prior to the beginning of each school term (February, April, July, and October) CAHDS will send out a timetable of the information sessions available for the following three-month period. At this time if parents are interested in attending any of the workshops, they will need to register with CAHDS by contacting **6456 0214** or by email [CAMHS.CAHDS@health.wa.gov.au](mailto:CAMHS.CAHDS@health.wa.gov.au).

Once workshops are full, they will be closed for the cycle.

**Please note due to the interactive nature of our workshops recording of the sessions is not permitted.**

Yours sincerely  
The CAHDS Team

## CAHDS PARENT INFORMATION SESSIONS

TOPIC	DESCRIPTION	Dates - Confirmed each term
<b>Executive Functioning</b>	<p><b>Presented by CAHDS Clinical Neuropsychologist and Registrar.</b></p> <p>Executive Functioning difficulties are common in children with ADHD. Executive functioning is a group of mental processes that helps us perform our daily activities such as planning and organising your day and tasks and problem-solving.</p> <p>This workshop aims to:</p> <ul style="list-style-type: none"> <li>• help parents understand what executive functioning is</li> <li>• outline types of executive function</li> <li>• look at what can impact on being able to use these skills effectively</li> <li>• help you identify if your child is struggling with their executive functioning</li> <li>• identify some general strategies to help your child with their executive functioning</li> </ul>	<p><b>Thursday 19<sup>th</sup> October</b></p>
<b>Family self-care/stress management for parents (including the impact of ADHD/ challenging behaviours on the family)</b>	<p><b>Presented by CAHDS Clinical Nurse Specialists</b></p> <p>This information session looks at the impact stress has on the family unit and how families can enhance their self-care including:</p> <ul style="list-style-type: none"> <li>• why family self-care is important</li> <li>• what are some of the positives and challenges of caring for your child?</li> <li>• the body's response to stress</li> <li>• the impact of stress</li> <li>• Stress management strategies.</li> </ul> <p>Participants will come away with a better understanding of the importance of self-care and how you can realistically achieve this in your family.</p>	<p><b>Thursday 26<sup>th</sup> October</b></p>

## CAHDS PARENT INFORMATION SESSIONS

<b>ADHD and Sleep</b>	<p><b>Presented by CAHDS Clinicians</b></p> <p>Sleep difficulties are common for children and adolescents with ADHD. They often have difficulty in getting to sleep, and staying asleep, amongst other sleep difficulties.</p> <p>The ADHD and Sleep workshop aims to help parents with:</p> <ul style="list-style-type: none"> <li>• Providing an understanding of sleep and what might interfere with a good night's sleep.</li> <li>• Behavioural strategies to help with sleep</li> <li>• Identifying resources and services that can help with complex sleep difficulties</li> </ul>	<b>Thursday 2<sup>nd</sup> November</b>
<b>Communication</b>	<p><b>Presented by CAHDS Speech Pathologists</b></p> <p>Providing information on communication difficulties (verbal, written and social) as related to ADHD and the impact of difficulties both diagnosed and undiagnosed. Social connectedness refers to the relationships people have with others. Social connectedness is integral to wellbeing. People are defined by their social roles, whether as partners, parents, children, friends, caregivers, teammates, staff or employers, or many other roles. We are connected by the way we communicate with others, including our use of social media and technologies. Communication skills, both verbal and written, are needed for individuals to build and maintain relationships with others. Developmental language difficulties/disorders and specific learning difficulties/disorders are common in individuals diagnosed with ADHD but are often undiagnosed. Difficulties can lead to or be a part of attentional, behavioural, emotional, and academic difficulties.</p>	<b>Thursday 9<sup>th</sup> November</b>

## CAHDS PARENT INFORMATION SESSIONS

<b>Emotional Dysregulation</b>	<p><b>Presented by CAHDS Clinicians</b></p> <p>Emotional dysregulation is a term used to describe an emotional response that is poorly regulated and does not fall within the traditionally accepted range of emotional reaction. It may also be referred to as marked fluctuation of mood, mood swings, or labile mood. In short it is when our level of emotions outstrips our ability to manage them or utilise the strategies previously employed to manage them – we are emotionally overwhelmed.</p> <p>Introducing emotional dysregulation models, this session we will look at -</p> <ul style="list-style-type: none"> <li>• What is Emotional Dysregulation</li> <li>• Co-regulation and self-regulation</li> <li>• Developing self-regulation</li> <li>• Managing Emotional Dysregulation</li> </ul>	<b>Thursday 16<sup>th</sup> November</b>
<b>Sensory Processing for children with ADHD</b>	<p><b>Presented by CAHDS Senior Occupational Therapists</b></p> <p>This workshop aims to help parents of children who:</p> <ul style="list-style-type: none"> <li>• Fidget or struggle to sit still.</li> <li>• Are very distractible.</li> <li>• Are easily upset by noise, activity, or touch.</li> </ul> <p>At the end of the session, it is hoped that parents will gain a better understanding of their child's unique sensory processing patterns as well as an awareness of sensory strategies that will support their child's self-regulation.</p>	<b>Monday 20<sup>th</sup> November</b>

## CAHDS PARENT INFORMATION SESSIONS

Understanding your child's behaviour (including reasons for behaviour and impact of other factors on children's behaviour)	<p><b>Presented by CAHDS Clinical Nurse Specialists</b></p> <p>This information session aims to help parents look at behaviour management from a slightly different perspective. Participants will be given information to help them identify some of the possible drivers for their child's behaviour. The session encourages discussions guided by topics such as: -</p> <ul style="list-style-type: none"> <li>• What is meant by behaviour?</li> <li>• What is the behaviour communicating?</li> <li>• Goals of misbehaviour.</li> <li>• The use of punishment vs consequences</li> </ul> <p>At the end of the session, it is hoped participants gain a better understanding of the reasons for their child's behaviour so as to help their child achieve their need/goals for now and into the future, rather than being given a list of generic behaviour management strategies.</p>	Friday 1 <sup>st</sup> December
Medication and ADHD	<p><b>Presented by CAHDS Consultant Psychiatrist</b></p> <p><b>Medication component:</b> -Providing information on medications commonly prescribed for ADHD.</p> <p>The format of this session is interactive, and parents are welcome to ask any questions about the diagnosis and treatment of ADHD.</p>	Friday 8 <sup>th</sup> December
<p><b>Sibling – Expressions of Interest</b></p> <p>(A face-to-face workshop for siblings of children diagnosed with ADHD)</p>	<p><b>Presented by CAHDS Clinicians</b></p> <p>This workshop aims to provide siblings of children diagnosed with ADHD a better understanding of what ADHD is. It explores how ADHD impacts on them, their sibling and family. It also helps them to identify strategies to help when feeling overwhelmed.</p>	EOI – Child's Name and age required

## Government services—closer than you think!

At the Southern Cross CRC you can access Centrelink, Medicare and other government programs and services.

We are an Australian Government Agency of Services Australia Access Point.

Using our computer, you can log in to your MyGov account and do your business on the spot.

There is a phone for you to access phone self-service or speak to an agency service officer.

If you would rather use your mobile phone or tablet, we have free Wi-Fi available 24/7.

You do not need a password so you can get online straight away.

You can also use the Wi-Fi to download and install the Express Plus mobile apps.

Our staff will even certify your identity documents for you.

So next time you need to do some government business, drop in and see us.

We are open Monday & Tuesday 8.15am-12.30pm, and 1.30pm–4.30pm, and Wednesday to Friday 8.15am-12.30pm at the CRC building on Canopus Street, Southern Cross.



OUR LADY OF MONTSERRAT PARISH & ST JOSEPH'S SCHOOL

INVITES YOU TO OUR

# Community Mass

Sunday 29 October 2023

Following Mass join us for light refreshments at St Joseph's School.  
Tours of the school are available and children are more than welcome  
as the Playground will be open.

**11.00am**

Community Mass @ Our  
Lady of Montserrat Church  
48 Altair Street,  
Southern Cross

**12.30pm**

Light lunch @ St Joseph's  
School.  
51 Altair Street,  
Southern Cross

If you are able to bring a Plate of food to share it would be much appreciated.

Everyone  
is  
Welcome



## Be breast aware this October!



### October is Breast Cancer Awareness Month

so it's an important time to shine a light on the impact that breast cancer has on many Australians. It's also important for people to get to know common breast cancer symptoms.

Women from regional Western Australia (WA) are known to delay going to a medical clinic when they were experiencing symptoms, with many experiencing self-doubt about the existence of the symptom. In 2019, 1,899 women in WA were diagnosed with breast cancer, and 259 women lost their lives to it.

If you're unsure about a possible symptom, you should make an appointment to discuss the change with your doctor, clinic nurse or Aboriginal health worker as soon as possible. This is particularly important if it's been more than four weeks since you first noticed the change. Cancer treatments have improved in recent years, and it is much easier to successfully treat breast cancer if it is found early. The more it spreads, the harder it is to treat. So, we must Find Cancer Early.

Everyone's breasts are different. It is important that you get to know what your breasts look and feel like, so you know what is normal for you. There is no right or wrong way to check your breasts.

### Common symptoms of breast cancer include:

- A lump or hard area in your breast or underarm, especially if it is only on one side
- A change in the size, shape or feel of your breast
- Change in the look of your breast, including redness, rash, or your skin looks like the skin of an orange, or is wrinkling in small folds
- Changes to the nipple, like it's pulled inwards, leaking, itchy or has a sore that won't heal
- Breast pain or discomfort, especially if it is only on one side
- An area of the breast that feels different to the rest

You can give yourself the best chance to Find Cancer Early, by going to see a doctor, clinic nurse or Aboriginal health worker straight away if you have any of the symptoms above. The benefits to Finding Cancer Early is that treatment is easier, and you can be around longer to do the things you love doing with the people you love.

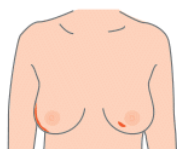
For more information about breast cancer symptoms, visit [www.findcancerearly.com.au](http://www.findcancerearly.com.au) or call the Cancer Council Information and Support Line on 13 11 20.



# BREAST CANCER

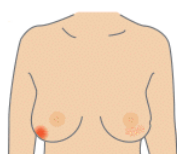
Find  
Cancer  
Early

## Common symptoms:



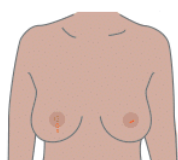
### Lumps and bumps

A lump or hard area in your breast or underarm, especially if it is only on one side.



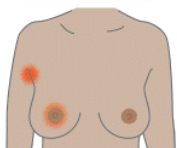
### Unusual dimpling or rashes

Change in the look of your breast, like: your skin looks like the skin of an orange, your skin looks and feels different in one area, redness or rash.



### Changes to the nipple

Changes to the nipple, like: it's pulled inwards, leaking, itchy or has a sore that won't heal.



### Pain or swelling

Breast pain or discomfort, especially if it is only on one side.



### A change in size

A change in the size, shape or feel of your breast.

**Get to know your breasts and what is normal for you. If you notice any of these symptoms or unusual changes, talk to a doctor, clinic nurse or Aboriginal health worker without delay.**

If you have a symptom, it does not mean you have breast cancer. Often these symptoms turn out to be something less serious. However, it is important to get these symptoms or any unusual changes in your body checked out just in case.

For further information visit [findcancerearly.com.au](http://findcancerearly.com.au) or call 13 11 20.



Government of Western Australia  
Department of Health





# YILGARN HISTORY MUSEUM



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[yilgarnhistorymuseumsoutherncross](http://yilgarnhistorymuseumsoutherncross)

## Some More History of The Noongaar School

By Laurel Blyth (nee Sherlock)

I was the first teacher to open Noongaar School in the Hall which had been moved there from Wheatley near Southern Cross. When a teacher was needed in 1935 I was approached by the District School Inspector and asked if I would open the school there, during that year and about the middle of the year. As I had not any teaching experience, I had to attend Bodallin school each day for one term and was instructed in the work and had to work at the school as a junior teacher.

Mr Robinson's article is quite right in saying that local families had to board the teacher and also raise some money to pay her, as Noongaar was an Assisted School, the parents had to assist with some payment towards the teacher's salary. I was at the school there and boarded with Mrs West for several months and then with Mrs Dean to the end of the term. I resigned then as I had applied to go to Teachers College in the following year—1936. I do not remember the names of all the children that I taught at Noongaar but some of the children were Lionel Birtles, Basil Birtles, Cynthia Dean and John West.

I remember teaching in the hall and had to clear everything away on Friday afternoons as the hall was used for dances on Saturdays and I completed one term (3rd term) in those days and another farm girl was approached to carry on teaching in 1936.

Above: Article written by Mrs Laurel Blyth (date unknown). Provided by Buddy Kent.

Right: Gribbles Food Markets newspaper advert from the Merredin Mercury paper in 1970. Provided by Geoff Metzke.

*You could buy that for what  
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Plastic 26oz. <b>17¢</b>	PEACHES & PEARS 29oz. <b>29¢</b>	DOUBLE STRENGTH 1lb. <b>29¢</b>	8 FLAVOURS 5oz. <b>15¢</b>
NESTLE'S MILK 14oz. <b>18¢</b>	16 oz. <b>30¢</b>	20oz. <b>25¢</b>	Also Pineapple & Orange 30 oz. <b>20¢</b>
49¢	33¢	27¢	29¢
37¢	29¢	24¢	16¢
29¢	29¢	29¢	32¢



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\*YOU WILL RECEIVE A SMS WITH A LINK TO COMPLETE YOUR REGISTRATION (BY PROVIDING YOUR NAME AND EMAIL DETAILS).  
THIS IS NOT ESSENTIAL (YOUR REGISTRATION WILL STILL BE REGISTERED) BUT MAKES IT EASIER FOR US TO UPDATE DETAILS IF NEEDED.

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Discover more about people's lives in the Central Goldfields of Western Australia or explore more about the history of places in this vast region. FREE resources and information for all family and local history researchers.



An online place where the men and women of Western Australia who have lost their lives in the mining industry, can be remembered and honoured for their supreme sacrifice.

The Outback Family History website:

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Our library of information and photographs

The Outback Family History blog:







[www.outbackfamilyhistoryblog.com](http://www.outbackfamilyhistoryblog.com)

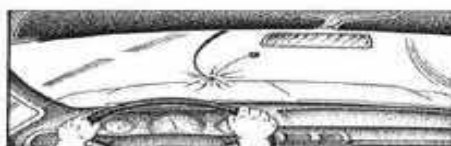
Stories of people and places

WA Virtual Miners Memorial website:

[www.wavmm.com](http://www.wavmm.com)

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 Authorised by Rick Wilson MP, Liberal Party of Australia, 101 Albany Highway, Albany WA 6330



Dr Andrea Roberts BVMS,  
 PO Box 543, MERREDIN WA 6415  
 Ph: 0428212945 ABN: 99774533081

**Southern Cross 2023 MOBILE VET  
 Visiting Dates**

Thursday 26 October  
 Thursday 23 November  
 Monday 11 December

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**Nungarin WA 6490**

Phone: (08) 9046 5091

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& Equipment Hire.

Find Us on Facebook!

# Calendar of Events

Thu 19 Oct	Shire of Yilgarn Council Meeting @ Mt Hampton Hall, 5.00pm
Thu 26 Oct	Pat & Chat Mobile Vet in town
Sun 29 Oct	Southern Cross Community Mass @ Our Lady of Montserrat Church, 11.00am
Sat 4 Nov	Visit the Southern Cross Skies Stargazing Event @ Golf Club
Wed 8 Nov	SX Speedway meeting @ Senior Centre 6.00pm
Thu 9 Nov	AGM: Yilgarn Men's Shed @ Men's Shed, 10am
Thu 16 Nov	Shire of Yilgarn Council Meeting @ Council Chambers, 5.00pm
Sat 18 Nov	Brush & Bubbles @ Senior Citizen's Centre, 6.30pm
Thu 23 Nov	Pat & Chat Mobile Vet in town
Wed 29 Nov	Packed with Goodness Parent Information Session @ CRC, 10.00am
Sun 3 Dec	The Yilgarn Community Christmas Tree, (live music, Santa visit, Carols by Candlelight, Lighting of the Tree, and Sausage Sizzle) @ Rotary Park, 5pm to late
Wed 6 Dec	St Joseph's Primary School End of Year Concert and Picnic
Fri 8 Dec	SCDHS Presentation Night—SAVE THE DATE!
Mon 11 Dec	Pat & Chat Mobile Vet in town
Thu 21 Dec	Shire of Yilgarn Council Meeting @ Council Chambers, 5.00pm
Sat 17 Feb 24	A Night under the Southern Cross Skies concert in the Park—SAVE THE DATE!
<i>Shire of Yilgarn Tourism Committee Meetings are held every 1st Wednesday of each month—please come along to share ideas and input to help support our towns of the Yilgarn!</i>	

## Looking to get involved in a group or club? There are many local groups you can join!

- |                                      |                                     |                                   |
|--------------------------------------|-------------------------------------|-----------------------------------|
| ✓ Art Group                          | ✓ Southern Cross St John Ambulance  | <i>Sporting groups including:</i> |
| ✓ Country Women's Association        | ✓ Southern Cross Vol. Fire & Rescue | ✓ Basketball                      |
| ✓ P & C / P & F Organisations        | ✓ Volunteer Bush Fire Brigade       | ✓ Darts                           |
| ✓ Patchworking                       | ✓ Yilgarn Agricultural Society      | ✓ Football                        |
| ✓ Progress Associations              | ✓ Yilgarn Community Support Group   | ✓ Golf                            |
| ✓ Scrapbooking                       | ✓ Yilgarn Entertainers              | ✓ Lawn Bowls                      |
| ✓ Senior Citizen's Centre activities | ✓ Yilgarn History Museum            | ✓ Motorcycle Club                 |
| ✓ Southern Cross Gardening Club      | ✓ Yilgarn Men's Shed                | ✓ Netball                         |
| ✓ Southern Cross Hospital Auxiliary  | ✓ Yilgarn Motoring Enthusiasts      | ✓ Shooting                        |
|                                      |                                     | ✓ Tennis                          |

## Recycling Days 2023

Oct 13

Oct 27

Nov 10

Nov 24

