

\$1

Crosswords

Volume 25

Issue 10

23 May 2024



nbn™ Local SCAMS AWARENESS WORKSHOP

**WED 5 JUNE, 10AM
SOUTHERN CROSS CRC**

Join Justine from nbn Local in learning all about scams - how to identify them, and what you can do to stay safe online.

Scams - topics include:

- ✓ A close look at online scams
- ✓ How to detect common scams
- ✓ What to expect from nbn
- ✓ Tips to stay safe - Become Scam Fit
- ✓ Helpful links

**PLEASE RSVP TO THE CRC FOR CATERING PURPOSES
BY TUESDAY 4 JUNE 2024.**

☎ 9049 1688

🌐 crc@yilgarn.wa.gov.au



The Crosswords is produced by the Southern Cross CRC,
 PO Box 178, Canopus St,
 Southern Cross WA 6426
 Phone: 08 9049 1688 Fax: 08 9049 1686
 Email: crc@yilgarn.wa.gov.au

**Shire of Yilgarn
 Emergency information hotline**

Call (08) 9487 8777
 for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

Southern Cross Landfill Times

The Tip Shop will also be open during the below hours. EFTPOS available for fee payment at Shire admin office.

Monday	1:00pm to 4:00pm
Tuesday	1:00pm to 4:00pm
Wednesday and Thursday	Closed
Friday	1:00pm to 4:00pm
Saturday	10:00am to 4:00pm
Sunday	10:00am to 4:00pm

Crosswords Disclaimer:
The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

Crosswords Advertising Rates 2023/24 (as of 1 July 2023)

Business Advertisements (Business premises outside of the Shire of Yilgarn)	Black		Colour	
	No Typesetting	With Typesetting	No Typesetting	With Typesetting
Full Page (A4)	\$35.00	\$55.00	\$160.00	\$180.00
1/2 Page (A5)	\$20.00	\$30.00	\$90.00	\$100.00
1/4 Page	\$15.00	\$25.00	\$50.00	\$60.00

Local Business and Non-Profit Organisations Advertisements

(Business premises within the Shire of Yilgarn)

Full Page (A4)	\$30.00	\$50.00	\$130.00	\$160.00
1/2 Page (A5)	\$15.00	\$18.00	\$70.00	\$90.00
1/4 Page	\$10.00	\$15.00	\$35.00	\$40.00

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines)	\$8.00
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Advert size specifications for Crosswords (W x H)

- 1/4 page vertical 90mm x 120mm
- 1/4 page horizontal 180mm x 60mm
- 1/2 page vertical 90mm x 270mm
- 1/2 page horizontal 180mm x 120mm
- A4 Full page 180mm x 270mm

A5 adverts which are not horizontal will be displayed in print on their side to ensure no modification to advertisements.



DON'T FORGET!
Crosswords' submissions
close every 2nd Tuesday at 12.00 noon

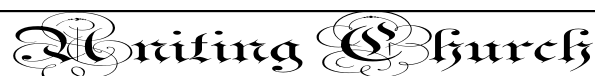
Church Notices / Updates



48 Altair Street, Southern Cross
 SX Presbytery: 9049 1049 (Sun to Mon)
 Bruce Rock Presbytery: 9061 1094 (Tues to Sat)
 Email: yilgarnwestoniacatholic@gmail.com
 Facebook: Yilgarn/Westonia Catholic Community
 YouTube: Yilgarn Westonia Catholic
CBH Grain Donations (SX): 40564452
Mass Times
 Saturday 6:00pm @ Bruce Rock Parish(**live-stream**)
 Sunday 5:30pm @ OLM church

2024 Publishing Dates

Deadline 12 noon	Publishing Date
4/06/2024	6/06/2024
18/06/2024	20/06/2024
2/07/2024	4/07/2024
16/07/2024	18/07/2024
30/07/2024	01/08/2024
13/08/2024	15/08/2024
27/08/2024	29/08/2024
10/09/2024	12/09/2024
24/09/2024	26/09/2024
8/10/2024	10/10/2024
22/10/2024	24/10/2024
5/11/2024	7/11/2024
19/11/2024	21/11/2024
3/12/2024	5/12/2024
17/12/2024	19/12/2024



Services for the Uniting Church are held on the first Sunday of each month.

Contact:
 Cheryl Auld 9049 8026
 Diane Della Bosca 9049 1149



Antares Street, Southern Cross
 Enquiries: Leonie Gethin
 Ph.: 0429 498 035

2024 Anglican Services Christ Church Southern Cross
 All services are held at 11.00am on Saturdays
 Everyone is invited
 Saturday 16th June 2024 (Annual Meeting follows)
 Saturday 17th August 2024
 Saturday 18th October 2024
 Saturday 14th December 2024 ("Christmas" service)

2025 Publishing Dates

Deadline 12 noon	Publishing Date
14/01/2025	16/01/2025
28/01/2025	30/01/2025
11/02/2025	13/02/2025
25/02/2025	27/02/2025
11/03/2025	13/03/2025
25/03/2025	27/03/2025
8/04/2025	10/04/2025
22/04/2025	24/04/2025
6/05/2025	8/05/2025
20/05/2025	22/05/2025

SX SPEEDWAY

MEETS 1ST TUESDAY EVERY SECOND MONTH AT SENIORS CENTRE, 6PM—ALL WELCOME
 COME AND SEE WHAT IS HAPPENING WITH THE SPEEDWAY AND ANY NEW IDEAS ARE WELCOME

July 2nd
 September 3rd
 November 5th



IMPOSITION OF 2024/2025 SCHEDULE OF FEES AND CHARGES

Pursuant to section 6.19 of the *Local Government Act 1995* notice is hereby given that Council, at their May 2024 meeting, resolved to impose a Schedule of Fees & Charges for the 2024/2025 Financial Year.

A copy of the 2024/2025 Schedule of Fees & Charges can be found on Council's website at www.yilgarn.wa.gov.au; or at the

Shire Administration

23 Antares Street
Southern Cross

Shire Library

Canopus Street
Southern Cross

The Fees and Charges for 2024/2025 will come into effect as of **Monday, 1st of July 2024**.

Nic Warren
Chief Executive Officer



NOTICE OF SPECIAL MEETING OF COUNCIL

In accordance with regulation 12(4) of the *Local Government (Administration) Regulations 1996*, notice is hereby given of the following Special Meetings of Council:

1. To be held on **Wednesday 29th May 2024, commencing at 6:00pm** in the Council Chamber at the Shire Administration Centre, 23 Antares Street, Southern Cross.

The purpose of the meeting is to consider submissions received and determine appropriate level of differential rates and to decide to seek ministerial approval for imposition of differential UV rates.

The meetings will be open to members of the public with the agenda being publicly available on Council's website 72 hours prior to the meeting date.

Nic Warren
Chief Executive Officer



Shire of Yilgarn Recycle Calendar 2024-2025

July 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2025

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

- Marvel Loch, Bodallin Moorine Rock Rubbish Only
- Southern Cross Rubbish Only
- Southern Cross Rubbish & Recycle. Marvel Loch, Bodallin and Moorine Rock recycle
- Christmas Day



WHAT CAN GO INTO YOUR RECYCLE BIN

- **Glass** - All glass and ceramics, whole and broken
- **Plastic** - All plastic containers and plastic wraps (empty with lids off)
- **Paper** - All paper, junk mail and glossy magazines
- **Cardboard** - All cardboard products
- **Aluminium & Steel** - All metals, steel & aluminium excluding aerosol cans
- **Liquid Paperboard** - Milk, juice and laundry detergent cartons.

There will be no changes to the service over the Christmas Period.



INVITATIONS TO THE SHIRE OF YILGARN

2024 SENIOR'S LUNCHEON HAVE BEEN SENT OUT.

IF YOU HAVE NOT RECEIVED YOUR INVITATION, ARE 60+ YEARS OF AGE
AND WOULD LIKE TO ATTEND PLEASE CONTACT THE SHIRE BEFORE
20TH JUNE 2024.

*TO RSVP TO THE EVENT PLEASE CONTACT JODIE AT THE CRC
BY NO LATER THAN 21ST JUNE 2024

PHONE: 9049 1688

OR

ASO@YILGARN.WA.GOV.AU





SAVE THE DATE

2024 YILGARN

Ladies Long Lunch

14.09.2024



Country Womens Association of WA Southern Cross Branch

Apr

19th - Meeting @
The Club Hotel

May

18th - SXFC Afternoon
Tea

Jun

23rd - An Italian
Cooking Experience
with Julie Nicoletti

Jul

26th - Swap Meet @
The Moorine Rock
Hotel

Aug

16th - CWA Cook Book
Tasting Evening @
The Senior Citizens
Centre

Sep

14th - Yilgarn Ladies
Long Lunch

Oct

13th - Pots &
Tangles
Macrame
Workshop

Nov

Dec

1st - Community
Christmas Tree
@ Rotary Park

2024 EXECUTIVE COMMITTEE

PRESIDENT: JESS STEPHEN
V/PRESIDENT: LISA POWELL
SECRETARY: LEAH GALE
TREASURER: EMMA WARREN

*New members are always
welcome. If you would
like to join or re-join,
please contact one of our
executive committee
members or reach out via
email & we will happily
assist you!*

cwa.sxbranch@outlook.com

Community News

Thank you

A big thank you to St Fireball for their generous donation to our club.
We appreciate it greatly.
Yilgarn Mens Shed Inc

We would like to thank St Fireball for their generous donation to our club.
We really appreciate it.
Yilgarn Motoring Enthusiasts Inc



The Yilgarn Community Support Group would like to ask our community to think about donating to our not for profit group via Containers for Change.

Our Scheme ID is:
C10321638

All donations received support our most vulnerable community members who need it the most.

Southern Cross Golf Club

MAY 2024

Sun 26th McIntosh & Sons Bisque Par

JUNE 2024

Sat 1st EDGA 4's Championship Canadian
SX 4's Championship

Sun 9th SX Hardware Stroke
1st Round Championships

Sat 15th Rhys Della Bosca Memorial 2 Person
Day, Own Partners Ambrose

Sun 23rd Old Aprelia Day 2 Person
Own Partners Ambrose

Sun 30th 3SIXT Auto Stroke

Containers for Change

We have a large amount of returned customer bags at the CRC ready for collection—if you have picked up bags from other outlets (not from the CRC), please visit the CRC to see if any of your bags have been returned.

Alternatively you can call the CRC on 9049 1688, and we will look through the pile for you to let you know.

Southern Cross Football Club & Yilgarn Netball Association



SOUTHERN CROSS COMBINED WINTER SPORTS FIXTURES 2024



DATE/ ROUND	SPONSOR	HOME/ AWAY	EVENT	NETBALL JUNIORS	FOOTBALL COLTS	FOOTBALL RESERVES	NETBALL 4 GRADE	FOOTBALL LEAGUE
25/05/24 ROUND 7	APACHE INVESTMENTS	AWAY		10:00AM V BURRACOPPIN (ROUND ROBIN)	11:30AM V BURRACOPPIN	12:45PM V BURRACOPPIN	1:00PM V BURRACOPPIN	2:15PM V BURRACOPPIN
01/06/24	BYE - NETBALL ASSOCIATION CHAMPIONSHIPS							
08/06/24 ROUND 8	STEPHEN TRANSPORT	HOME	RACES NIGHT	10:00AM V BRUCE ROCK (ROUND ROBIN)	11:30AM V BRUCE ROCK	12:45PM V BRUCE ROCK	1:00PM V BRUCE ROCK	2:15PM V BRUCE ROCK
15/06/24	BYE (LONG WEEKEND) - GREAT SOUTHERN COLTS CARNIVAL & NETBALL ASSOCIATION CHAMPIONSHIPS							
22/06/24 ROUND 9	WA SALT	AWAY (KULIN)		10:00AM SOUTHERN CROSS 1 V KULIN SOUTHERN CROSS 2 V KONDININ	11:30AM V KULIN KONDININ	12:45PM V KULIN KONDININ	1:00PM V KULIN	2:15PM V KULIN KONDININ
29/06/24 ROUND 10	PALACE HOTEL	AWAY		10:00AM SOUTHERN CROSS 1 V NAREMBEEN 1 SOUTHERN CROSS 2 V NAREMBEEN 2	11:30AM V NAREMBEEN	12:45PM V NAREMBEEN	1:00PM V NAREMBEEN	2:15PM V NAREMBEEN
06/07/24 ROUND 11	FOODWORKS	AWAY		10:00AM V CORRIGIN (ROUND ROBIN)	11:30AM V CORRIGIN	12:45PM V CORRIGIN	1:00PM V CORRIGIN	2:15PM V CORRIGIN
13/07/24	BYE - COUNTRY WEEK FOOTBALL							
20/07/24 ROUND 12	OLD APRELIA POLL MERINO STUD	HOME		10:00AM V NUKARNI (ROUND ROBIN)	BYE		1:00PM V NUKARNI	BYE
27/07/24 ROUND 13	DELLA BOSCA TRANSPORT	HOME		10:00AM SOUTHERN CROSS 1 V NAREMBEEN 1 SOUTHERN CROSS 2 V NAREMBEEN 2	11:30AM V NAREMBEEN	12:45PM V NAREMBEEN	1:00PM V NAREMBEEN	2:15PM V NAREMBEEN
03/08/24 ROUND 14	PORTACRETE	HOME	BEER PONG COMP	10:00AM SOUTHERN CROSS 1 V KULIN SOUTHERN CROSS 2 V KONDININ	11:30AM V KULIN KONDININ	11:30AM V KULIN KONDININ	1:00PM V KULIN	2:15PM V KULIN KONDININ
10/08/24 FOOTBALL ROUND 12 MAKE-UP ROUND & NETBALL SEMI FINAL	OLD APRELIA POLL MERINO STUD	FOOTBALL HOME NETBALL TBA	2004 RESERVES GRAND FINAL REUNION	N/A	11:30AM V NUKARNI	12:45PM V NUKARNI	TBA	2:15PM V NUKARNI
18/08/2024 FOOTBALL SEMI FINAL NETBALL PRELIMINARY FINAL	N/A	TBA	N/A	N/A	N/A	TBA	TBA	TBA
25/08/24 FOOTBALL PRELIMINARY FINAL NETBALL GRAND FINAL	N/A	TBA	N/A	N/A	N/A	TBA	TBA	TBA
01/09/24 FOOTBALL GRAND FINAL	N/A	BURRACOPPIN	N/A	N/A	N/A	TBA	TBA	TBA

National 20-26 MAY 2024
Volunteer
Something for Everyone Week

Thank you

Southern Cross Sub Centre Volunteers 2024

*Bryan Close, Sandy Close, Karin Day, Rohan Day,
Amanda Eiffler, Shona Gordon Glassford, Lisa Granich,
Clint Jones, Clarissa Panizza, Steph Smylie and Josh Thomson.*

**To our current and past serving regional St John WA Volunteers,
as well as their friends, families and employers who support them,
we just wanted to say.....**

Thank you for the strength you give to the communities across WA.

Thank you for your resilient, courageous actions.

Thank you for always helping those in need.

Thank you for the vital role you play in building a stronger WA.



Wheatbelt Regional Office Team

St John volunteers are living legends
are we're looking for more. Join Us.

 [St John Volunteer](#)



Department of
Health

**Free influenza
vaccines in
May and June**

**Book your
appointment
now**



The influenza vaccine is free in May and June in 2024 for everyone in Western Australia – book your appointment now.

Southern Cross General Practice
90491147

Southern Cross Community

As you may be aware the Pharmacy has been on the market for the past 12 months due to John's health.

As there has been no interested buyers the unfortunate decision has been made to permanently close the business.

This decision has not been made lightly and understand the community is most at loss.

I would like to personally thank Maureen and team for their service along with the entire community for their support.

The Pharmacy will continue to trade until the end of the financial year **30th June 2024**.

Sincere apologies.

Jordan Hall.



Yilgarn Agricultural Society

To help you prepare your entries for this year's show, we will be publishing some of the sections you can enter into the Crosswords over the coming weeks.

SECTION E – HORTICULTURE

Exhibitors Please Note

- ★ All exhibits must have been grown by the exhibitor, except classes 24 - 25
 - ★ Every exhibit **MUST** have a removable label affixed, with section, class, & exhibitors name.
 - ★ Where not specified container may be of any size, shape or material
 - ★ VASE – is taller than it is wide, BOWL – is wider than it is tall
 - ★ STEM means a stem with only buds removed
 - ★ **Flower arrangements MUST be done by the exhibitors, BEFORE 10.00am**
- DISTINCT means different from each other as in variety and/or colour
A COLLECTION means 3 or more varieties

CUT FLOWERS

CLASS:

1. Daffodils, 3 stems
2. Violets in a vase (with leaves)
3. Sweet peas, any colour in vase
4. Pansies, 3 distinct colours, displayed on paper collar in containers
5. Stocks, collection

6. Geranium 1 cut

7. Geraniums, 3 distinct colours (ivy, geranium or pelargonium)
8. Gerbera, 1 cut
9. Iceland Poppies, 6 stems
10. Calendula, 3 stems
11. Collection of bulbs, corms, rhizomes, etc
12. Collection of mixed garden flowers
13. Container of cultivated flowering garden shrub, 1 variety
14. Container of Daisies
15. Container of native shrub, 1 variety
16. Climber, 1 stem

17. Fern, 1 stem each of 3 distinct varieties

18. Specimen vase, 1 stem, foliage optional

FLORAL ART

CLASS:

19. Arrangement, any one variety
20. Arrangement, mixed fresh flowers
21. Arrangement, foliage only

FLORAL ART (cont.)

CLASS:

22. Arrangement, weeds
23. Arrangement, not to exceed 10cm overall
24. Arrangement, dry
25. Arrangement, with stated theme (e.g.; golden wedding)
26. Any floral arrangement in an unusual container
27. Floral arrangement in a basket (fresh flowers)

28. Floating Bowl

POT PLANTS/HANGING BASKETS

CLASS:

29. Fern, any variety
30. Orchid in bloom
31. Pot Plant Bulbs in bloom, corm tuber etc

32. Pot Plant in bloom, not bulbs
33. Pot Plant not in bloom
34. Cactus or succulent, 1 variety only in pot/container
35. Cactus and/or succulent, more than 1 variety in a pot/container
36. Potted Herbs
37. Trailing/climbing plant
38. Fern, hanging basket
39. Hanging container in bloom
40. Hanging container not in bloom

SECTION F- FRUIT AND VEGETABLES

Exhibitors Please Note

- ★ All exhibits MUST have been grown by the exhibitor.
- ★ All root vegetables MUST be complete with tops and roots.
- ★ Cauliflower and broccoli MUST have leaves on.
- ★ All citrus & other fruit/veg MUST have part of stalk attached

CLASS:

1. Collection of vegetables, not less than 4 kinds
2. Pumpkin, large
3. Pumpkin, Butternut
4. Cabbage, large
5. Cabbage, dwarf
6. Cauliflower
7. Carrots, bunch of 6
8. Lettuce, 1 head
9. Beetroot, bunch of 3
10. Turnips, any variety, bunch of 3
11. Swedes, bunch of 3
12. Green peas, 12 pods
13. Snow peas, 12 pods

14. Broad beans, 12 pods

15. Potatoes, any variety, 5 on plate
16. Onions, bunch of 3, brown or white

17. Broccoli 1 Head
18. Parsnips, bunch of 3
19. Silver Beet, 5 stalks, can be in jar of water
20. Silver Beet, coloured stalks

21. Celery, one head
22. Spring Onion, bunch of 3
23. Any other vegetable, not specified
24. Rhubarb, 3 stalks, any variety
25. Valencia Oranges, bowl of 5
26. Naval Oranges, bowl of 5
27. Mandarins, bowl of 5
28. Grapefruit, bowl of 5
29. Lemons, bowl of 5
30. Cumquats, bowl of 5
31. Any other fruit (other than citrus), not specified
32. Any other citrus, not specified
33. Salad vegetables, collection, 3 distinct varieties, 1 of each (not 3 types of tomato for example)
34. Soup vegetables, collection, 3 distinct varieties, 1 of each
35. Leek
36. Herbs, collection, picked, bunches, named – 3 or more varieties
37. Nuts, any variety
38. 1 carrot, unusual shape
39. Fruit Sculpting/Carving

SECTION G – PRESERVES AND PRODUCE

Exhibitors Please Note

- ★ All exhibits MUST have been made by the exhibitor.
- ★ All glass jars MUST have removable tops.
- ★ All entries MUST be dated, named & contents listed.
- ★ Every exhibit MUST have a removable label affixed, with section, class, & exhibitors name.
- ★ All exhibits from class 1 – 15 MUST be in **clear jars**, with **plain lids**, - No frilly covers, **NO advertising**
- ★ Exhibitors MUST use uniform sized jars for collection classes
- ★ Points allocated thus: **Flavour 50: Texture 30: Appearance 20: TOTAL= 100**

CLASS:

1. Fig Jam, 1 jar
2. Plum jam , 1 jar
3. Apricot Jam, 1 jar
4. Jams collection, 3 distinct varieties
5. Jelly, 1 jar
6. Marmalade, 1 jar
7. Marmalade collection, 3 varieties
8. Jam, 1 jar, not specified
9. Lemon Butter, 1 Jar
10. Pickled Onions, 1 jar
11. Pickled Olives, 1 jar
12. Mustard pickles, 1 jar
13. Any other Pickle, not specified
14. Chutney, 1 jar
15. Tomato Relish, 1 jar

CLASS:

16. Tomato Sauce, 1 bottle
- 16A. Chilli Sauce, 1 bottle
17. Sauce, sweet (eg, plum)
18. Preserved Fruit. 1 bottle
19. Preserves, any other in vinegar, 1 bottle
20. Preserves, any other in oil, 1 bottle
21. Condiment – ie herbs in vinegar or oil, 1 bottle
22. Dried fruit
23. Homemade cordial
24. Fruit Mince, 1 jar
25. Salad dressing made with oil
26. Mayonnaise, home-made
27. Duck Eggs, 6 in a carton
28. Hen Eggs, white, 6 in a carton
29. Hen Eggs, brown, 6 in a carton
30. Turkey Eggs, 6 in a carton
31. Eggs, hen, green (e.g. Araucana), 6 in a carton
32. Honey, 1 jar

Find Bowel Cancer Early



Living a healthy and fulfilling life is important to us all. But ignoring our health and not seeing a doctor if we have unusual symptoms could have a serious impact on our life and wellbeing. It is important to be aware of cancer symptoms and get checked out by a doctor, clinic nurse or Aboriginal health worker if you notice anything unusual.

Did you know?

Bowel cancer is one of the most common cancers affecting both women and men in Western Australia. Unfortunately, in 2019, more than 1,300 Western Australians were diagnosed with bowel cancer, and just over 400 people lost their lives from the disease. So, it is important to be aware of the common bowel cancer symptoms and to visit your doctor if you have any concerns. If it is bowel cancer, the earlier it's found, the greater the chance of successful treatment.

Common symptoms of bowel cancer include:

- blood in your poo (even just one time)

for more than four weeks:

- a new pain, lump or swelling in your tummy
- feeling tired, looking pale, losing weight without trying
- a change in normal bowel habits such as runny poo, pooing more often or finding it hard to poo.

If you have noticed unusual tell your doctor, clinic nurse or Aboriginal health worker without delay. It doesn't mean you've got bowel cancer – often these symptoms turn out to be something less serious, but it's important to tell your health professional and get checked out to be safe.

For more information about cancer symptoms, visit: www.findcancerearly.com.au or call the Cancer Council Information and Support Line on **13 11 20**.



Providing Health & Wellbeing Solutions

Your Mental Health Care is Important!

Amity Health Merredin is providing a visiting mental health counselling service to the following rural communities:

- + Beacon & Bencubbin**
Frequency: Fortnightly on Mondays
1 pm - 3 pm
- + Kellerberrin**
Frequency: Fortnightly on Tuesdays
10 am - 3 pm
- + Mukinbudin**
Frequency: Fortnightly on Mondays
9 am - 12 pm
- + Southern Cross**
Frequency: Fortnightly on Thursdays
10 am - 3 pm

If you have mild to moderate mental health challenges, please talk to your GP or health provider who can refer you to see our visiting mental health clinician, Nicola Granich.

For GPs and Health Providers, please forward patient referrals to:

Amity Health PO Box 5294 ALBANY WA 6332
f: 9842 2798 e: query@amityhealth.com.au

For more information please contact:

Visiting Mental Health Clinician - Nicola Granich
m: 0437 588 890 or Amity Health on 9842 2797

AH_0223

Amity Health acknowledges WA Primary Health Alliance (WAPHA) for providing funding in its role as the operator of the Country WA PHN.



Government of Western Australia
North Metropolitan Health Service
WA Cervical Cancer Prevention Program

NATIONAL
CERVICAL SCREENING
PROGRAM

A joint Australian, State and Territory Government Program

Self-care and cervical screening



**FREE
WOMEN'S
HEALTH
WEBINAR**

Join our guest speaker Renae to chat about the importance of cervical screening and the self-collection option.

Register to host a group of friends or colleagues and stream the webinar together to receive a package of free goodies, including lens cloths, pens, beauty mirrors and a host gift.



When: 2pm-3pm, Friday 31 May 2024

Where: Online. The link will be shared with you once you have registered.

Cost: Free but please RSVP so we can organise delivery of your goodie bag.

Scan to RSVP or register as a host



For more information,
email cervicalscreening@health.wa.gov.au
or call (08) 6458 1740

This event is hosted by the WA Cervical Cancer Prevention Program.



THE UNIVERSITY OF
MELBOURNE

BETTER MAN PROJECT

Are you worried about your partner's behaviour towards you?

BETTER MAN is a project aimed at helping men improve their behaviours in relationships. Follow the link or QR and see if BETTER MAN is right for the person you care about.

Before sharing this information with your partner please follow the link below-

www.saferfamilies.org.au/betterman-partners



This project has ethics approval from the University of Melbourne (HREC 22745)

My Aged Care



If you need some help around the house or think it's time to look into aged care homes, My Aged Care is here to help.

Visit the My Aged Care website (www.myagedcare.gov.au) to find information about how to access aged care services.

You can apply for an assessment online and search for local aged care providers that meet your needs.

You can also call 1800 200 422 Monday to Friday, 8 am to 8 pm, and Saturday, 10 am to 2 pm.

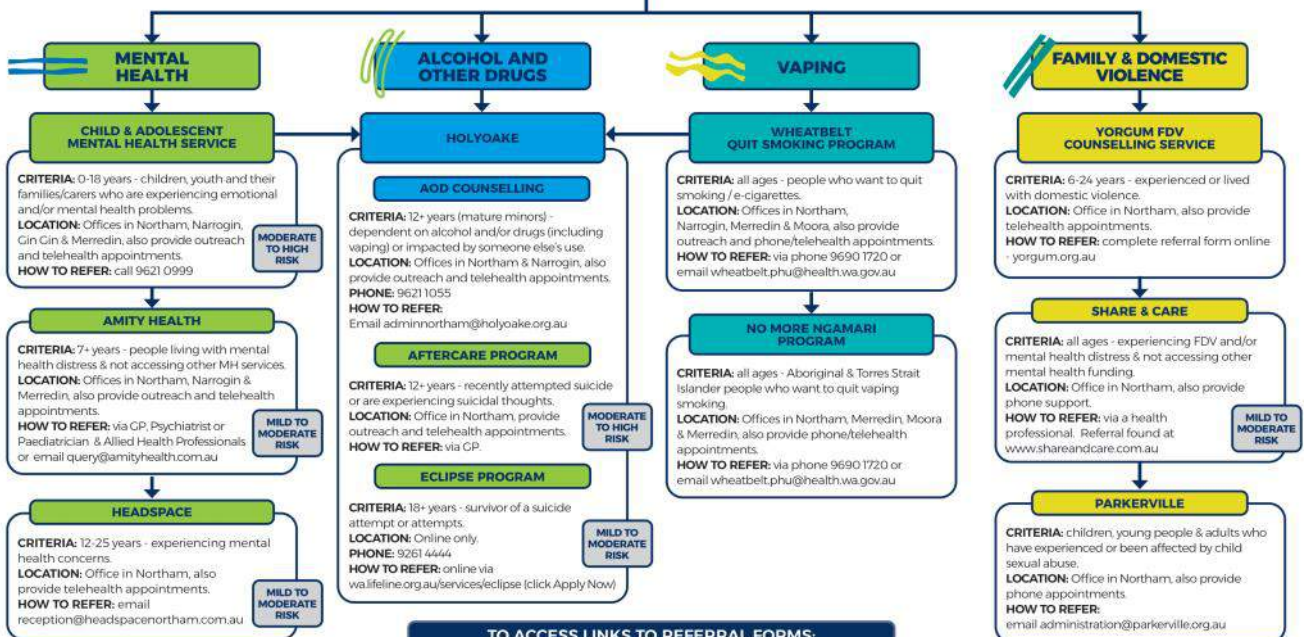
For assistance please contact Donna Newbury at Southern Cross Hospital on 0417921884 or 90812222.

WE ARE LOOKING FOR VOLUNTEERS!

Are you interested in volunteering at the Yilgarn History Museum? We're looking for regular volunteers to open the Museum on Friday mornings, and on Saturdays.

Please contact Monica at the Shire if you're interested.

FREE COUNSELLING SERVICES FOR YOUNG PEOPLE IN THE WHEATBELT



Westonia Biggest Morning Tea

Australia's **Biggest Morning Tea**

Every dollar raised helps support those impacted by cancer.

When: Sunday 26th May 2024

Where: Westonia Old Miners Hall

Time: 10:00AM - 1:00PM

\$5 Entry

Raffles, Money Boards and a Bring and Buy table

Wood Raffle tickets \$2 each

Please note this is a cash only event

Contact Liz Richter on 0419 199 716 for more information

All donations and sponsorship is appreciated, this years awareness is Children's Cancers





Merredin Community Immunisation Drop In Clinic

- Pfizer COVID-19 vaccinations for ages 5 years and above* (eligible clients).

*Please note: Six month intervals are required between a COVID-19 immunisation and booster dose, or COVID-19 infection and either of the above.

If you have previously had a COVID-19 immunisation with the GP or pharmacy, please register your details on VaccinateWA website.

- School aged immunisations (for Yr 7 and Yr 10) and catch up for any childhood vaccinations.

Dates: Friday 24th May and Friday 28th June 2024

Time: 9:00am – 11:00am

Location: Merredin Hospital, Ambulatory Care

No appointment is needed

WA Country Health Service

Merredin Hospital

Kitchener Road
Merredin, Western Australia 6415

Telephone: 9081 3222

*To provide feedback on this publication email
wachscomms@health.wa.gov.au. Alternative formats can
be provided on request. © WA Country Health Service.*





MIA DAVIES MLA

MEMBER FOR CENTRAL WHEATBELT

Northam Office

171 Fitzgerald St
(PO Box 92)
Northam WA 6401
PH 08 9622 2871

Merredin Office

Old Town Hall
16 Mitchell St
Merredin WA 6415
PH 08 9041 1702

mia.davies@mp.wa.gov.au

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Authorised by M Davies, Northam Boulevard Shopping Centre, Fitzgerald Street, Northam

Pioneers of Yilgarn

Stage 1.

Citizens who built this district between years
1887 and 1914

Liddle, Fred: Came to Southern Cross in 1895 and worked on the mines. In the early 1900's in partnership with his brother-in-law Bill Domney, took up the May Queen mine 13 miles south of town. The partnership lasted 18 years.

Fred was a good footballer and frequently under notice in the local newspaper. Other sports included cricket and rifle shooting. Afterwards he helped his son in running a garage.

In retirement Fred spent so much time sitting on the corner step of the present Supermarket, that it became known as 'Liddle's Corner.' Fred died in 1948 and his wife in 1967. Descendants of the Liddle family still reside in Southern Cross. They have all been champion footballers who went on to represent Yilgarn with distinction.

©Lance Stevens



being active, having a sense of belonging and having a purpose in life all contribute to happiness and good mental health



Dr Andrea Roberts BVMS,
PO Box 543, MERREDIN WA 6415
Ph: 0428212945 ABN: 99774533081

Southern Cross 2024 MOBILE VET Visiting Dates

<u>Consulting</u>	<u>Surgery</u>
Thu 30 May, Thu 27 Jun,	Fri 14 Jun, Fri 26 Jul,
Thu 8 Aug, Thu 5 Sep,	Fri 23 Aug, Thu 19 Sep,
Thu 3 Oct, Thu 31 Oct,	Fri 18 Oct, Fri 15 Nov,
Thu 28 Nov	Fri 13 Dec

Please contact Dr Andrea Roberts on 0428212945 for a booking via text or phone call. Appointments for your pets and livestock right to your front door.

Coodanup Clontarf Academy



clontarf
foundation

All Star Game

Coodanup Clontarf

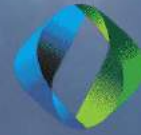
VS

Southern Cross All-Stars

Thursday 12th September

7:00pm

Southern Cross Outdoor Basketball Courts



BARTO GOLD MINING

Barto Gold

Community Sponsorship and Feedback

As a key member of the community of Southern Cross and Marvel Loch, Barto Gold takes our responsibilities to undertake safe and reliable operations while responsibly managing our community impacts seriously.

As part of this commitment, we welcome feedback to improve what we do and are keen to support local sponsorship of community events.

You can obtain feedback and sponsorship forms from the front desk at the Shire of Yilgarn offices, 23 Antares Street, Southern Cross.

You can also request electronic forms by contacting us directly using the details below.

We look forward to hearing from you!

For further details please contact:

Site Administration: 9081 1302

sxadmin@bartogold.com.au



The Online Hub for Family and Local History in the Central Goldfields of Western Australia



Discover more about people's lives in the Central Goldfields of Western Australia or explore more about the history of places in this vast region. FREE resources and information for all family and local history researchers.









Western Australian Virtual Miners Memorial

An online place where the men and women of Western Australia who have lost their lives in the mining industry, can be remembered and honoured for their supreme sacrifice.

The Outback Family History website:
www.outbackfamilyhistory.com.au
 Our library of information and photographs

The Outback Family History blog:
www.outbackfamilyhistoryblog.com
 Stories of people and places

WA Virtual Miners Memorial website:
www.wavmm.com
 A profile page for every person







 @OutbackFamilyHistory | Email: moyasharp@westnet.com.au



SHIRE EMERGENCY INFORMATION SENT STRAIGHT TO YOUR PHONE

DO YOU WANT TO REGISTER FOR WHISPIR SMS?



TEXT THE WORD JOIN TO 0428 160 716.
 YOU WILL BE ADDED TO THE SMS LIST TO RECEIVE HARVEST & VEHICLE MOVEMENT BAN AND ROAD CLOSURE INFORMATION FOR THE SHIRE OF YILGARN.

*YOU WILL RECEIVE A SMS WITH A LINK TO COMPLETE YOUR REGISTRATION (BY PROVIDING YOUR NAME AND EMAIL DETAILS). THIS IS NOT ESSENTIAL (YOUR REGISTRATION WILL STILL BE REGISTERED) BUT MAKES IT EASIER FOR US TO UPDATE DETAILS IF NEEDED.

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FEDERAL MEMBER FOR O'CONNOR

Working hard for Yilgarn



345 Hannan Street (PO Box 10415), Kalgoorlie WA 6430 90212044

rick.wilson.mp@aph.gov.au rickwilson.com.au RickWilsonMP

Authorised by Rick Wilson MP, Liberal Party of Australia, 101 Albany Highway, Albany WA 6330.

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- ◆ Westonia
- ◆ Yilgarn



Supported by the Shire of Yilgarn

Contact: Melanie Meier

PO Box 101

Nungarin WA 6490

Phone: (08) 9046 5091

Mobile: 0488 465 081

Email:

wheatbeltagcare@hotmail.com

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Calendar of Events

Thu 30 May	Pat & Chat Mobile Vet in town—consulting day
Wed 5 Jun	nbnLocal Scams Awareness Workshop @ CRC, 10am
Fri 14 Jun	Pat & Chat Mobile Vet in town—surgery day
Thu 20 Jun	Shire of Yilgarn Council Meeting @ Council Chambers, 5.00pm
Thu 27 Jun	Pat & Chat Mobile Vet in town—consulting day
Sat 6 Jul	Senior's Luncheon @ Southern Cross Community Centre, 11.30am
Thu 18 Jul	Shire of Yilgarn Council Meeting @ Council Chambers, 5.00pm
Fri 26 Jul	Pat & Chat Mobile Vet in town—surgery day
Sun 4 Aug	Brush & Bubbles @ Senior Centre, 5:30 pm
Thu 8 Aug	Pat & Chat Mobile Vet in town—consulting day
Thu 15 Aug	Shire of Yilgarn Council Meeting @ Council Chambers, 5.00pm
Fri 23 Aug	Pat & Chat Mobile Vet in town—surgery day
Thu 5 Sep	Pat & Chat Mobile Vet in town—consulting day
SAVE THE DATE: Yilgarn Agricultural Show— Saturday, 31st August 2024!	
SAVE THE DATE: Yilgarn Ladies Long Lunch—Saturday, 14th September 2024	
SAVE THE DATE: Coodanup Clontarf vs Southern Cross All-Stars Basketball Game @ Outdoor Basketball Courts—Thursday, 12th September, 7pm	
SAVE THE DATE: Community Xmas Tree, Lighting of the Christmas Tree & Carols by Candlelight @ Rotary Park, Sunday 1st December.	
TBA	A Night under the Southern Cross Skies Concert in the Park—POSTPONED

Looking to get involved in a group or club? There are many local groups you can join!

- | | | |
|--------------------------------------|-------------------------------------|-----------------------------------|
| ✓ Art Group | ✓ Southern Cross Hospital Auxiliary | ✓ Yilgarn Men's Shed |
| ✓ Country Women's Association | ✓ Southern Cross St John Ambulance | ✓ Yilgarn Motoring Enthusiasts |
| ✓ P & C / P & F Organisations | ✓ Southern Cross Vol. Fire & Rescue | <i>Sporting groups including:</i> |
| ✓ Patchworking | ✓ Volunteer Bush Fire Brigade | ✓ Basketball |
| ✓ Progress Associations | ✓ Yilgarn Agricultural Society | ✓ Darts |
| ✓ Scrapbooking | ✓ Yilgarn Community Support Group | ✓ Football |
| ✓ Senior Citizen's Centre activities | ✓ Yilgarn History Museum | ✓ Golf |
| ✓ Southern Cross Gardening Club | | ✓ Lawn Bowls |
| | | ✓ Motorcycle Club |
| | | ✓ Netball |
| | | ✓ Shooting |

Recycling Days 2024

May 24

Jun 14

Jun 28

