

"good country for hardy people"



Come and celebrate on
Thursday 26 January 2017
at 8.00am in Rotary Park
with a free community breakfast

Premier's Active Citizenship Awards
Shark Attack Waterslide
Combination Bouncy Castle
Airborne Inflatable

Swimming pool from 11am
Pool inflatables
Cricket & Basketball

Everyone is welcome to attend.





The Crosswords is produced by the Southern Cross CRC,
PO Box 178, Canopus St,
Southern Cross WA 6426

Phone: 08 9049 1688 Fax: 08 9049 1686 Email: crc@yilgarn.wa.gov.au

Crosswords Disclaimer:

The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

Local Weather Update



Southern Cross AP year to date

Average rainfall to Jan	31.4mm	4.3 days
Total for 2017	2.2mm	1 day
Total to this day 2017	43.4mm	7 days
Wettest day	2.2mm	Jan 17
Lowest temperature	12.9°C	Jan 1
Highest temperature	44.6°C	Jan 5

Moon Phases									
Last Quarter	New Moon	First Quarter	Full Moon						
Sun Feb 19	Sat Jan 28	Sat Feb 4	Sat Feb 11						

Crosswords Advertising Rates 2016/17 (as of 1 July 2016)

Business Advertisements (Business premises outside of the Shire	Bla	ack	Col	our	
of Yilgarn)	No Typesetting	With Typesetting	No Typesetting	With Typesetting	
Full Page (A4)	\$35.00	\$55.00	\$160.00	\$180.00	
1/2 Page (A5)	\$20.00	\$30.00	\$90.00	\$100.00	
1/4 Page	\$15.00	\$25.00	\$50.00	\$60.00	

Local Business and Non-Profit Organisations Advertisements

(Business premises within the Shire of Yilgarn)

Full Page (A4)	\$30.00	\$50.00	\$130.00	\$160.00
1/2 Page (A5)	\$15.00	\$18.00	\$70.00	\$90.00
1/4 Page	\$10.00	\$15.00	\$35.00	\$40.00

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines)	\$8.00
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Advert size specifications for Crosswords (W x H)

1/4 page vertical90mm x 120mm1/4 page horizontal180mm x 60mm1/2 page vertical90mm x 270mm1/2 page horizontal190mm x 120mmA4 Full page180mm x 270mm



A5 adverts which are not horizontal will be displayed in print on their side to ensure no modification to advertisements.

DON'T FORGET!

Crosswords' submissions close every 2nd Tuesday at 12.00 noon

2017 Publishing Dates

2017 Publis	ning Dates
Deadline 12 noon	Publishing Date
7/02/2017	9/02/2017
21/02/2017	23/02/2017
7/03/2017	9/03/2017
21/03/2017	23/03/2017
4/04/2017	6/04/2017
18/04/2017	20/04/2017
2/05/2017	4/05/2017
16/05/2017	18/05/2017
30/05/2017	1/06/2017
13/06/2017	15/06/2017
27/06/2017	29/06/2017
11/07/2017	13/07/2017
25/07/2017	27/07/2017
8/08/2017	10/08/2017
22/08/2017	24/08/2017
5/09/2017	7/09/2017
19/09/2017	21/09/2017
3/10/2017	5/10/2017
17/10/2017	19/10/2017
31/10/2017	2/11/2017
14/11/2017	16/11/2017
28/11/2017	30/11/2017
12/12/2017	14/12/2017

Church Notices



Contact:

 John McKane
 90 411117

 Mobile
 0435 507 606

 Cheryl Auld
 90 498026

 Diane Della Bosca
 90 491149



48 Altair Street, Southern Cross. Phone: 9049 1049

Parish Priest Contacts

SX Presbytery 9049 1049 (Friday to Monday)

Kalgoorlie Parish: 9021 2100 (Tuesday to Thursday)

Email: kalgoorlie@perthcatholic.org.au

Fr Andrew Bowron

January Mass Timetable

Saturday No Mass Sunday 8:30am Monday No Mass



Antares Street, Southern Cross

Service Dates at 11am

Saturday 11th of February Saturday 11th of March

Saturday 8th of April (for Palm Sunday)

Saturday 13 of May

Saturday 10th of June

Saturday 8th of July

Saturday 12th of August

Saturday 9th September

Saturday 21st October (instead of the 14th)

Saturday 11th of November

Enquiries: Leonie Gethin Ph: (08) 9049 1222

Message from the CEO



Welcome to 2017 and hopefully you have all had an enjoyable and relaxing festive season.

Shire Staff

The Shire of Yilgarn employs 36 full-time staff and 14 part-time and casual staff.

We have recently farewelled two long term members of our works crew who retired during the latter part of 2016, being:

- ✓ Malcolm Teale, who worked for the Shire for 19 years and
- ✓ Gerald Collins, who worked for the Shire for 44 years.

In February our loyal Works Supervisor Noel Teale will also be retiring after 26 years of service.

We are most grateful for their dedicated service to the Shire and we wish them all many happy years of retirement.

We have recently employed two trainees, being Kayla Cuffe and Chloe Eatts, who both started in December 2016. Rather than have one trainee at the CRC and one trainee at the Shire Office, both trainees will alternate between the two workplaces and be trained accordingly. This will provide flexibility in regards to relief staff and add variation to both positions.

At the end of January we farewell Ellie Gerick who has completed her 12 month traineeship. Ellie has been an exceptional employee and will be missed by all at the Shire. We wish her well for the future.

I also wish to convey our congratulations to Harrison Coutis who has recently completed his trade certificate.

One of the joys of my position is being able to give new employees an opportunity and help them learn and grow in the workplace. The Council's initiative in employing trainees and an apprentice Carpenter and apprentice Mechanic is to be congratulated as it provides local youth with a genuine opportunity to get into the work force.

Community Events

The Shire is keen to continue to organise community events for the benefit of our community. Last year we hosted the shows Trash Test Dummies (41 adults & 50 children attended) and Hypnolicious (41 attendees), both held at the Community Centre in May.

We are currently organising a movie night in March and have booked the movie "Last Cab to Darwin".

It is important that the community supports these events as they cost money and time to organise. The more people that attend these community events the lower is the per head expense, which helps in justifying the cost and ensuring Council continues to allocate funds for community events in the future. As they say if you don't use it you lose it.

Our Manager Community Services (Jenny), will soon be emailing local Clubs to ascertain interest in being a part of the movie night as an opportunity for fundraising (running the Bar and Food etc). We encourage local Clubs to positively consider this opportunity and to get involved in ensuring these events are enjoyed by as many people as possible.

Brian Jones
Chief Executive Officer



Friday 24 February 2017, 6.30pm Southern Cross Community Centre

Bookings: Shire of Yilgarn www.yilgarn.wa.gov.au
Locally presented by Shire of Yilgarn



















Tour coordination by Country Arts WA



Computer & IT workshops

A Facebook for Business workshop will be held 17 March at 2pm, and Intermediate Word & Excel workshops will be held in March & April.

To register your interest, please contact the CRC on crc@yilgarn.wa.gov.au or phone 9049 1688.

Limit of 6 people per workshop, so get in quick!







BUSINESS BASICS WORKSHOP

Tuesday 28 February 2017 | 10.30am - 12.30pm Southern Cross CRC, Canopus Street

Are you thinking about starting a business, but don't know where to start? Business Basics is a FREE two-hour workshop that will introduce you to the first steps in establishing a small business; from an initial assessment – which looks at your suitability to run a business – to financing your business idea, and identifying initial and on-going sales opportunities.

This workshop will also provide you with an overview of all the key points you need to consider, along with hints and tips on where to find more detailed information and advice.

As part of the session you will also receive a practical workbook which can be used as the foundation of your business plan.

For more details or to register contact Julie Flockart at julie.flockart@rsm.com.au or 0409 647 594 or Southern Cross CRC at crc@yilgarn.wa.gov.au or 9049 1688.

Business Local

To secure a place please register by 23 February 2017, 4.30pm

A Small Business Development Corporation service funded by the Government of Western Australia



Have you been curious about yoga but don't know where to start? Then this workshop is for you!

This workshop held by experienced yoga teacher Nina McGellin will introduce you in a welcoming and non-intimidating environment to yoga with focus on poses, alignment and breathing.

By the end of the workshop you will feel right at home on the mat.

So put your prejudices aside, get those loud leggings out and join us!

Date: Sat 18 February 2017

Times: 8.45am ~ 12pm

Location: Southern Cross Rec Centre lounge

Cost: \$40 upfront (minimum of 10 participants)

Wear: Comfortable clothes that allow you to move

Hair tied up

Bring: Yoga or exercise mat (some mats can be provided)

Towel, water bottle

Healthy share plate for morning tea

Program

8.45am Arrival

9.00am Start Yoga Workshop

10.30am Guided Meditation

11.00am Morning tea

11.30am Talk about Yoga

12.00pm Finish



Nina McGellin Massage and Yoga Therapist Bruce Rock Western Australia 6418

0459 490 053

Nina,McGellin@hotmail.com

Relax the mind, Renew the body, Revive the soul.

Please register and pay at the CRC by Thursday 16 Feb 2017

Nina also offers massages after the workshop please contact the CRC for more information. Ph: 9049 1688, Email: crc@yilgarn.wa.gov.au



PROGRAM GUIDE

MINI

February 2017

Released 16 January 2017

Opera in the Park – UVE	Celebrate West Australian Opera's 50th Anniversary LIVE from the beautiful setting of	f Supreme
Presented by WA Opera	Court Gardens. Experience the power of the human voice in this special gala concert thrilling program of highlights from the operatic treasury, presented by Australian and the West Australian Opera Chorus and the West Australian Symphony Orchestra concept and Cohen. Exclusive LIVE Simulsant on Woodlink Satellite TV Channel 802	tists, with
	SATURDAY Feb 4 - 8pm	3 hours
Citizens Advice Bureau	Session 1: Enduring Power of Attorney & Guardianship & When Someone Dies. Session 2: Wills & Family Law.	
	TUESDAY Feb 7,14,21 & 28 – 10:30am	
	THURSDAY Feb 1 & FRIDAY Feb 2 - 7:35pm	30 mins
Cover to Cover	Join Meri Fatin as we rediscover the entertaining and informative discussions she had about West Australian books during 2016.	s had
Michelle Michau-Crawford:	Feb 1 – 10:30am & 7pm	
Yasmin Abdel-Magied:	Feb 2 - 10:30am & 7pm	
Natasha Lester:	Feb 3 - 10:30am & 7pm	
Sam Carmody:	Feb 16 - 10:30am	
Pat Lowe:	Feb 23 - 10:30am	
Small Things by Mel Tregonning	Feb 1, 15 & 18 - 8:00pm; Feb 2 & 16 - 12:30pm;	
	Feb 3 & 17 - 4:30pm; Feb 5 & 19 - 2:00pm	
Rashida Murphy	PREMIERE	
Control of the Contro	Rashida Murphy discusses her debut novel, "The Historian's Daughter". In this s	tory.
	Hanna pieces together silences, observations and events to make sense of her li	
	find truth. In this rich debut novel, Rashida Murphy tackles themes of family, trus	
	and migration.	
	Feb 22 & 25 - 8pm	
	Feb 23 - 12:30pm	
	Feb 24 - 4:30pm	
	Feb 26 - 2pm	
Farming for the Future	In association with the University of Western Australia's "Future Farm 2050 Program Community Resource Centres, Westlink presents, Farming for the Future. In this serie Grieve interviews UWA research scientists on how they are working on ways to prepar farming in 2050 and how farmers can implement some of the ideas today. FRIDAY Feb 3 - 11am & 8pm	es, Owen
Rural In Reach	A STATE OF THE STA	
Shimmy & Shake	Presenter Tanja Luck (Health & Well-being Officer, WHFS) introduces the ancient art dancing as a fun safe way of exercising. Feel free to watch with a sarong or shim my b Suitable for women of all ages.	2000-000 PO-10-
Parenting Across the Age Span	MONDAY Feb 6, 13, 20 & 27 - 10:30am The Rural in Reach panel from the Women's Health & Family Services program Kids in discusses parenting across various ages. They will also explore attachment and suggi	10072-10072-10072
	of maintaining this with your children during life's challenges such as separation, tra alcohol and other drug misuse.	
	FRIDAY Feb 10, 17 & 25- 10: 30am	40 mins
Saving the Turtles of Port Hedland	This Care for Hedland Environmental Association produced film is engaging viewing how they save the turtles in Port Hedland.	as you see
	WEDNESDAY Feb 1 – 7:30pm; WEDNESDAY Feb 8, 15 & 22 - 10:30am	
	THURSDAY Feb 2 - 11am & 8pm	30 mins





Come and work with us in March 2017!

The Western Australian Electoral Commission is seeking enthusiastic and motivated people to work at the March 2017 State election.

Casual employment opportunities may include:

- Work in a polling place on election day, Saturday 11 March 2017
- · Being part of a mobile polling team leading up to election day
- Work in a vote processing/count centre in the weeks before and after election night.

Register your interest at elections.wa.gov.au. Registrations open November 2016.



Community News

Blast from the past

Never-Never 8-9-59 Sports News: Football

Determination on the part of the Loch was very evident in the third quarter. Star back line player, Bob Panizza was brought to the forward line in an effort to bridge the score difference. Inaccurate kicking would definitely be the reason why the Loch were still 2 points behind at lemons. The Loch were able to add 8.7, while the Cross added 2.1. It was really pleasing to see each member of their team playing so well.

Starring in their positions were, F. Blackeston, G. Kent, R. Kennedy, P. Guerini, F. Capelli, P. Panizza. A small score difference gave Marvel Loch supporters, small hopes of winning this important game.

Even greater determination by both sides in the last quarter was very noticeable. For the first ten minutes the ball seesawed between the half forward lines and umpire Boyd had to repeatedly call the game and bounce the ball, as a result of too many players on the ball.

Right up to the final bell, with both sides playing desperately, the Cross were able to maintain a slender two point lead.

Quarter scores

	M.L	S.C
1st	4.5	2.1
2nd	4.6	6.7
3rd	7.12	8.8
4th	8.14	9.10

Goal kickers: F. Capelli, J. Pasini, G. Kent, W. Day, F Casserly.

Best Players: Every player!

The association fairest and best was won by A. Gardiner (Towns) on a count back from E. Willis (Rovers), with R. Kennedy (Marvel Loch) third. A very good effort, Red.

Wanted - Carer Casual or full-time Ring Gordon 0476 903 016

The RAILWAY TAVERN
Would like to advise the community
that due to unforeseen circumstances
Powertrain will not be performing on
the 26th & 27th of January.
We apologise for the inconvenience.

Instead, Just4Kix will be performing from 7pm on Australia Day, we hope to see you there!

Birthday notices

Belated Happy 82nd Birthday

Ellen Alice Cuffe Tuesday 3/1/2017

Drear Mum And Nana,

We hope you had a wonderfully and happy 82nd birthday on Tuesday 03/01/2017. I am sorry this message is late but as they say better late than never (haha).

We hope you have many more memorable birthdays to come....

All our love and best wishes From Ursula, Colin and Kayla



Do you have items for sale?

Advertise in the Crosswords! Only \$8 for a lineage ad. For more information please email crc@yilgarn.wa.gov.au.

Community News

Looking to get involved?

There are many local groups you can join.

Art Group

Country Women's Association

H.A.Y. committee

P & C Organisations

P & F Organisation

Playgroup

Scrapbooking

Senior Citizen's Centre activities Southern Cross Historical Society Southern Cross Hospital Auxiliary

Southern Cross Singers

Southern Cross St Johns Ambulance

Southern Cross Vol. Fire & Rescue

Volunteer Bush Fire Brigade

Yilgarn Agricultural Society

Yilgarn Entertainers

Yilgarn Motoring Enthusiasts

Sporting groups including:

Basketball

Darts

Football

Golf

Lawn Bowls

Motorcycle Club

Netball

Shooting

Tennis

AGM

CWA Southern Cross

AGM

Wednesday 15th February 10:30am

Senior's Centre, Southern Cross Everyone welcome.

Contact Carol Truran 90491272 or Judy Guerini 90491283

Meetings

Shire of Yilgarn

Council meetings are held on the third Thursday of each month at 4.00pm in the council chamber in the Shire office.

Local Emergency Management Committee

Please see website for details.

Visit our website for more:

www.vilgarn.wa.gov.au

CWA Meetings

Held third Wednesday each Month. Contact Judy Guerini 0427 904 912

Sporting fixtures

Moorine Rock Tennis Club

28/01/17 Social Tennis

3pm start

BBQ tea, pooled salads

5/02/17 Social Tennis

3pm start

Pizza tea

11/02/17 Mens & Ladies Doubles Tournament

Nicholson & Lapsley Shields

Sponsored by C.S.B.P.

Round Robin own partners

3pm start

Entries to David or Lib by 9/2/17.

Seafood & salad tea

Shire of Yilgarn Emergency information hotline Call (08)9487 8777

for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

For Sale

Landcruiser GX 1989 Engine 3FG Cylinder Petrol 6 months rego \$3000.00 ONO 90491546



2005 paramount poptop caravan

Ensuite. Lge fridge freezer. Oven cooktop. Microwave. TV & DVD player. Radio & CD player. Queen sized innerspring mattress. Duel battery's. 180Lts on board water. Excellent condition. Licenced till July 2017.

\$24,000 Phone Leonie on 0400915610



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Open for lunch every Friday & Saturday.

~~~

Just4Kix will be performing from 7pm on Australia Day, we hope to see you there!

9049 1030

SAND & WADGYL NEEDS WESTONIA MAGNESITE

Mg13% Fe7.3% Ca5% K0.16% Mn0.13% Cu46ppm Zn63ppm Co60ppm P30ppm

It's LOCAL Pickup from Westonia 100% NATURAL A mineral rich dirt It WORKS Used for 20+ years

It's CHEAP! \$15 / tonne incl GST Stocks available for pickup NOW Call Edd on 0428 467766 True Story

Geffro rang me b4 Xmas, TOTALLY STOKED! The best results EVER on previously crappy wadgyl. No drive to Lancelin, No queue, No big bucks for Calcium, No Hassle! Wessie Magnesite Neutralises and Fertilises, it's LOCAL, it's NATURAL it WORKS & it's Available NOW!

Laubman&Pank

Eyecare • Eyewear



Laubman & Pank will be visiting Southern Cross on

Monday 6 February 2017

For appointments please call the Southern Cross Pharmacy on 90491056

Appointments will be seen at the Hospital.

Real Estate

FOR SALE

54 ALTAIR STREET, SOUTHERN CROSS

- * 4 Bedroom, 2 Bathroom
- * Open Kitchen/Dining/Lounge Area
- * Large Walk in Pantry, Dishwasher, Microwave
- * Brand New Wall Oven & Hot Plate
- * Large Self Cleaning Ducted Air-Con, Large Tile Fire with Fan
- * Brand New Instantaneous Hot Water System, Pink Batts
- * Outdoor Laundry with Toilet, Patio with Built in BBQ Connected to House Gas
- * Large Underground Salt Water Swimming Pool with Pool Cover and new Kreepy Krawley
- * Double Carport, Powered Workshop with Tile Fire, Rear Lane Access
- * Back Garden Shed, Wood Shed, Bird/Chook Cage, Cubby House, Rain Water tank.
- * Close to Shops and Schools, 1011msq Block. Currently Rented.

For pictures, find it on gumtree!

Price Negotiable shanekylie@westnet.com.au SHANE 044 874 0527

For Sale Hobby Farm

2kms from Southern Cross
70 acres
4 bedrooms, 2 bathrooms
Workers shower
Office
Alfresco BN BBQ
60 x 30 shed
Pig yards
Horse yard
Fruit trees
And many more

Ph 0427 972 446



Excavator, Bobcat, Drain Machine, Tipper Truck, Backflow Testing

f/yilgarnplumbing matt@yilgarnplumbing.com.au

19 January 2017

Attn: Southern Cross Residents



Hanking Gold Mining to undertake drilling at its Golden Pig mine

Hanking Gold Mining (Hanking) will be conducting drilling at its Golden Pig mine adjacent to Southern Cross in the near future. Drilling will be in close proximity to Three Boys Road and will involve several stages over the next couple of months. The first stage will be RC drilling only on a single day shift basis. At a later stage diamond drilling will commence on a 24-hour double shift.

Hanking has taken measures to minimize the impact on members of the public. Land disturbances will be rehabilitated when the work has been completed. Hanking has also put in place the following practices to minimize the potential for noise and dust disturbance to the surrounding area:

- -RC drill rig with dust suppression system on board;
- -Diamond drill rig with engine noise control system on board;
- -Water truck to wet the area if necessary.

If you have any queries please use the contact details below.

Jack Drzymulski

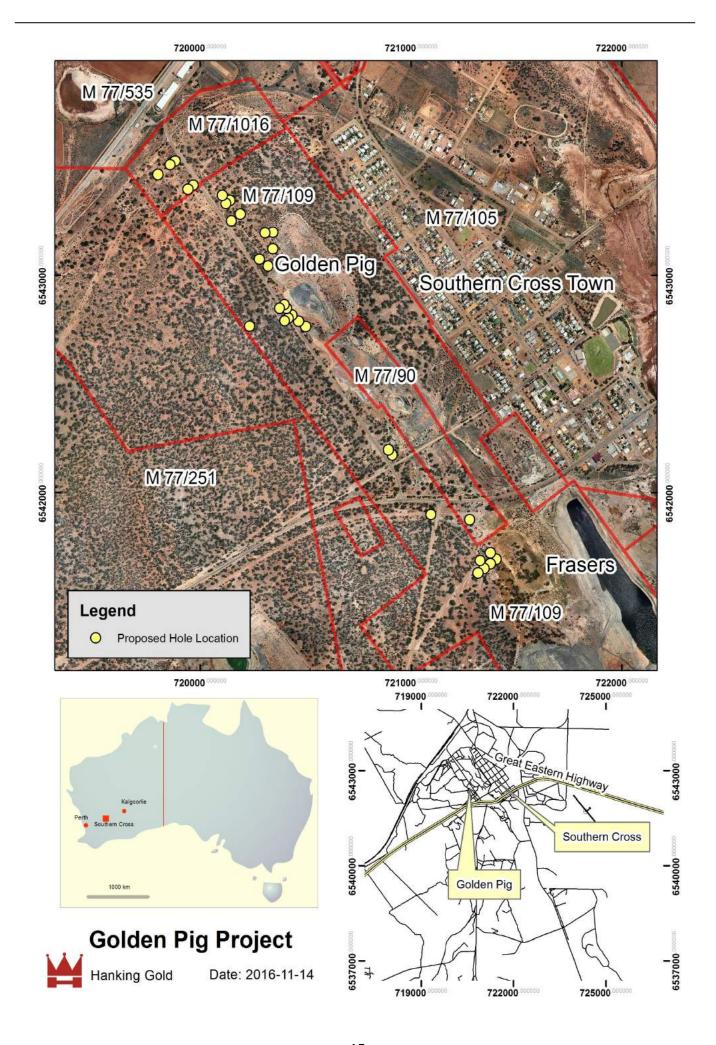
Geology Manager Mobile: 0428 398 811

E-mail: Jack.Drzymulski@hanking.com.au

Fan Wu

Geology Superintendent Mobile: 0408 534 001

E-mail: Fan.Wu@hanking.com.au





HURRY! RUN OUT DEALS ACROSS THE D-MAX & MU-X RANGE!









· OUTSTANDING 3.5T TOWING

• FUEL EFFICIENT 8.2L/100KM

EXCLUSIVE 3.0L ISUZU TURBO DIESEL

D-MAX 4X4 LS-M CREW CAB UTE MANUAL

EXCLUSIVE 3.0L ISUZU TURBO DIESEL

16" ALLOY WHEELS & FOG LIGHTS
 ADVANCED AUDIO w/ BLUETOOTH" & IPOD" CONNECTIVITY

- 17" ALLOY WHEELS, FOG LIGHTS, SIDE STEPS & ROOF RAILS
 8" TOUCHSCREEN DISPLAY AUDIO SYSTEM & 10" DVD ROOF MONITOR
- PASSIVE ENTRY & START SYSTEM



LIMITED STOCK



D-MAX 4X2 SX SINGLE CAB CHASSIS MANUAL

EXCLUSIVE 3.0L ISUZU TURBO DIESEL

- ADVANCED AUDIO w/ BLUETOOTH® & IPOD® CONNECTIVITY
- FLIEL FEFICIENT 8 OL/100KM^e
- CRUISE CONTROL & POWER WINDOWS



MU-X 4X2 LS-M 7 SEAT AUTO

EXCLUSIVE 3.OL ISUZU TURBO DIESEL

- ADVANCED AUDIO w/ BLUETOOTH® & IPOD® CONNECTIVITY
 FUEL EFFICIENT 8.1L/100KM²
- OUTSTANDING 3 OT TOWING



VISIT MERREDIN ISUZU UTE TODAY

EAST BARRACK STREET MERREDIN WA 6415 PH: 08 9041 4444 www.northamiu.com.au

ISUZU UTE

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NEW YEAR. NEW CAR.



It's a whole new feeling!





BONUS \$2,000 WORTH OF FITTED TOYOTA GENUINE ACCESSORIES ACROSS THE 2016 PRADO, RAV4, FORTUNER & KLUGER RANGES

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Offer applicable for Private, Bronze and Silver fleet customers, and primary producers only at participating dealers. Offer available on vehicles purchased by 28/2/17 unless extended. Accessories must be ordered at time of purchase unless other wilse agreed Dealer. Total bonus includes cost of dealer filment for accessories. Certain grades of vehicle may be subject to Lucury (zer law. Boyota Genuine Accessories are not applicable to all models/grades. Consider the mass of your load to ensure you will not excess maximum allowable includual aske capacity. Grass Vehicle Hoss and/or Gross Schielch Hoss of the vehicle. Accessories to return a visit www.toyota.com.aufor details on warranty and toyota. Common the subject of the surface of the purchase of the vehicle surface of the purchase of T2016-006052

First returned puzzle to Sandy at the Police Station receives a mystery bag of goodies!



GURD COMPETITION MEGA WORD SLEUTH







							_					-						
	B	A	S	K	E	Т	В	A	L	L	H	1	0	Н	H	R	X	
	E	K	E	R	S	R	S	U	R	F	1	N	G	A	L	K	B	
	A	N	e	I	K	A	G	D	Н	E	H	E	A	L	T	Н	S	
	N	B	N	L	1	V	E	R	X	M	1	K	B	L	Y	E	W	
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ALCOHOL DRIVE	F	G	U	R	Þ	L	D	N	N	Т	W	0	S	c	J	R	M	THC SELL
PUBLIC PLACE	M	L	Q	E	S	J	K	K	s	0	J	R	D	1	C	N	U	POSSESS
DRUG TEST	A	E	E	S	Т	A	N	D	A	R	D	A	0	N	S	Z	L	ILLICIT
PRUG CJ	R	D	s	E	0	L	L	R	S	C	E	T	Н	A	N	0	L	HEALTH Gr o g
COURT	1	G	N	D	В	Н	1	1	F	F	P	K	N	Т	Н	e	K	TAR
CONSEQUENCES	J	R	0	D	A	E	R	٧	0	0	R	S	N	1	0	В	G	PROOF OF AGE Marijuana
TOBACCO EIGHTEEN	U	D	c	R	c	A	N	E	U	s	E	D	F	0	K	L,	M	MEMORY
BASKETBALL	A	E	A	U	c	R	E	D	R	D	S	E	W	N	1	0	J	SURFING
TRAVEL FUN	N	ı	N	G	0	J	E	S	N	S	S	E	s	S	0	P	J	TWO FOUR
GURD	A	F	N	U	J	K	т	D	J	В	A	D	1	0	K	N-	D	LIVER
PRINK	M	L	A	R	P	F	Н	K	N	٧	N	G	D	Н	J	К	L	TIME
DRUNK NEENA	E	В	В	D	R	U	G	T	E	S	T	N	E	R	A	P	J	ETHANOL DEPRESSANT
BEANO	M	K	Ī	Н	0	N	1	J	E	G	Н	J	В	C	F	R	Т	STANDARD
PARENTS	0	S	S	0	0	E	E	N	N	T	T	C	x	D	0	1	J	MULL
LEDG CANNABIS	R	J	u	1	F	Н	U	K	A	0	Ì	K	N	u	R	D	0	HALLUCINATIONS
	Y	A	L	c	0	Н	0	L	u	T	c	1	J	K	G	N	В	
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	B	W	J	K	E	6	A	Ba	-	6	1	Ba	B	9		-	-	

NAME:		AGE:	
ADDRESS:			
CHRIIDR.	D/E:	PH:	

GURD SAYS: "REMEMBER DUDES, THERE ARE MORE FUN WAYS TO GO OFF THAN DOING DRUGS OR ALCOHOL."





Harvest Maintenance & Repairs

Now's the time to make sure your equipment is ready

Harvester / Tractor
Chaser / Field Bin
Truck / Trailer
Mechanical / Hydraulic / Electrical

Located in the Yilgarn!

Contact Kristian today: T 0429 498 492

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February is Ovarian Cancer Awareness Month

- Ovarian cancer is the growth of abnormal cells in one or both ovaries. Left untreated, ovarian cancer can spread to other parts of the body.
- Ovarian cancer is the 9th most common cancer affecting women in Australia and the leading cause of gynaecological cancer deaths in Australia. Each year in Australia, approx. 1300 women are diagnosed with ovarian cancer approx.1000 women die.
- 70% of women with ovarian cancer are diagnosed at an advanced stage of disease.
- Only 40% women with ovarian cancer survive five years beyond their diagnosis.

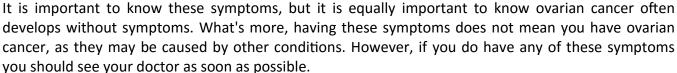
Risk factors

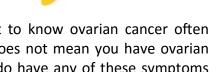
- \triangleright Getting older: women over 50 are more likely to develop ovarian cancer than younger women (average age at diagnosis is 63). However, ovarian cancer can affect women of all ages.
- \triangleright Inheriting a faulty gene (gene mutation) increases the risk of ovarian cancer.
- Having a strong family history of ovarian cancer, breast cancer, or some other cancers, including bowel and endometrial cancer. It is important to remember that only around 5-10% of all ovarian cancers are due to inherited factors.
- Endometriosis, when the tissue lining of the uterus (the endometrium) is found outside the uterus.
- Hormonal factors such as early puberty, late menopause or the long-term use of hormone replacement therapy (HRT).
- Your risk of ovarian cancer is increased if you smoke, are overweight or obese,_don't exercise, drink alcohol or have a poor diet.

Symptoms

Ovarian cancer can be difficult to diagnose in its early stages as symptoms can be non-specific or similar to those of other diseases. Symptoms include:

- A swollen, bloated abdomen.
- Pressure, discomfort or pain in the abdomen.
- \triangleright Heartburn, nausea and bloating.
- Changes in toilet habits (e.g. constipation, diarrhoea, frequent urination due to pressure, increased flatulence).
- Tiredness and loss of appetite.
- Unexplained weight loss or weight gain.
- Changes in your menstrual pattern or postmenopausal bleeding.
- Pain during sex.





For more information and/or to book a talk about the prevention of cancer for your community please ring 9574 5392

> Karen Hansen, | Regional Education Officer Wheatbelt | Cancer Council WA khansen@cancerwa.asn.au

An invitation Hon Mia Davies MLA from Member for Central Wheatbelt

Mia and Colin de Grussa, candidate for Agricultural Region, invite you to join them for a chat ahead of the March 11 State election.

Tuesday 31 January Southern Cross Bowling Club 5:30pm - 7:30pm RSVP to heather.giles@nationalswa.com or 0429 441 020 by 27 January Light food & refreshments, cash bar





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ENATIONALS
for Regional WA

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SXFC 2017 PRE-SEASON

2016 we did it differently, 2017 we'll do it better!! TRAINING WILL START WEDNESDAY 1ST OF FEB AT 6PM WITH A BBQ TO FOLLOW.

TRAINING WILL BE WEDNESDAYS AND FRIDAYS 6PM PLEASE BRING RUNNERS, BOOTS, TOWEL AND WATER BOTTLE ALL OLD AND NEW PLAYERS WELCOME ANY ENQUIRES PLEASE CALL LEAGUE COACH - Chayce Creedy 0439925310 RESERVES COACH - Ron Goodhill 0428498010





Farmsafe WA Alliance Media Statement

Farmsafe Safety is everyone's business

Many of us have had a 'close call' during our time at work – this can be magnified when working alone, at heights and with both sophisticated and also basic machinery which is the norm on many farms.

Farmsafe WA Alliance urges the farming industry and any visitors to farms to continue to "Think safe" and look for risky situations before acting during busy times and also at school holiday periods as many of accidents and fatalities seem to occur during school holiday periods.

It is important to note that risky and difficult situations can arise when the workplace — 'the farm' - is the same location as the family home and play areas for children. It appears that many of the tragic accidents that have occurred in the past might have been prevented.



Farmsafe WA Chairman Mike Norton said "On farm safety should never be underestimated. It needs to be front of mind at all times."

Mr Norton added "We urge people not to rush jobs and to be always thinking ahead about what might happen – particularly if you are on a quad bike or tractor and if you are unsure of terrain."

The Farmsafe WA Alliance focus will continue to be on supporting

the agriculture and food industry and service providers to the industry and we will continue to campaign for and on behalf of farm safety. There were less deaths in Western Australia in 2016 than other states, however even one fatality is one too many!

Mr Norton added "Death and injury on country roads and farms are a huge burden to all those directly affected – including family and friends and even the local ambulance volunteers. We all need to take personal responsibility to keep our farms and communities injury free"

Providing a safe workplace is an important and integral part of doing business on farms – and it is most importantly for everyone to realise its legislation. Farmsafe WA Alliance are continuing to work hard to provide effective solutions that are easy to implement and not complex.

"As an industry and globally Western Australians farmers are leaders in production and innovation in agriculture, it makes sense that we can also lead in regards to farm safety." Mr Norton added

For further information please contact Maree Gooch, Project Director on 0438 374 136 or by email: info@farmsafewa.org

January 2017

Calendar of Events

Thu 26th Jan	Australia Day celebrations
Thu 26th Jan	Just4Kix @ Railway Tavern 7pm
Tue 31st Jan	Nationals 'chat' @ Bowling Club 5.30pm—7.30pm
Thu 2nd Feb	Annual Electors' Meeting @ Council Chambers 4pm
Sat 18th Feb	Yoga Workshop @ Rec centre lounge 8.45am—12pm
Fri 24th Feb	Marty's Party @ Southern Cross Community Centre
Tue 28 Feb	Business Basics @ CRC, 10.30am—12.30pm





If you wish to receive the Crosswords for free via email, send an email to crc@yilgarn.wa.gov.au to register.

Don't forget!

HACC activities are on Mondays & Wednesdays
Fancy Feet is on Tuesdays at 9.30am
Art Group is on Tuesday at 11.00am
Carpet bowls is on Wednesday at 10.00am
Movers & Groovers is on Thursdays at 9.30am
Scrapbooking is on Thursdays 10am—3pm
Carpet bowls @ Seniors Citizen Centre every 2nd Friday

Recycling Days

January 27 February 10 February 24 March 10

Garfield by Jim Davis

