
CROSSWORDS \$1

The Yilgarn Young Entertainers Presents

Between the Lines

By Erica Glenn

Produced by special arrangement with Lazy Bee Scripts

Come along to the Southern Cross Community Centre on Saturday 29th June, and see what happens when our Young Entertainers go between the lines ...



Doors open at 6.30pm for a 7.00pm start.

Tickets are \$5.00 each with children under 5yo free.

Water, soft drinks and chips will be on sale.

Tea, coffee and Milo will be available.

The show will conclude at roughly 8.30pm.

The Crosswords is produced by the

Southern Cross CRC,

PO Box 178, Canopus St,

Southern Cross WA 6426

Phone: 08 9049 1688 Fax: 08 9049 1686

Email: crc@yilgarn.wa.gov.au

Crosswords Disclaimer:

The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

Shire of Yilgarn Emergency information hotline Call (08) 9487 8777

for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

Southern Cross Landfill Times

Monday	1:00pm to 4:00pm
Tuesday	1:00pm to 4:00pm
Wednesday	Closed
Thursday	Closed
Friday	1:00pm to 4:00pm
Saturday	10:00am to 4:00pm
Sunday	10:00am to 4:00pm

Crosswords Advertising Rates 2018/19 (as of 1 July 2018)

Business Advertisements

(Business premises outside of the Shire of Yilgarn)

	Black		Colour	
	No Typesetting	With Typesetting	No Typesetting	With Typesetting
Full Page (A4)	\$35.00	\$55.00	\$160.00	\$180.00
1/2 Page (A5)	\$20.00	\$30.00	\$90.00	\$100.00
1/4 Page	\$15.00	\$25.00	\$50.00	\$60.00

Local Business and Non-Profit Organisations Advertisements

(Business premises within the Shire of Yilgarn)

Full Page (A4)	\$30.00	\$50.00	\$130.00	\$160.00
1/2 Page (A5)	\$15.00	\$18.00	\$70.00	\$90.00
1/4 Page	\$10.00	\$15.00	\$35.00	\$40.00

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines)	\$8.00
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Advert size specifications for Crosswords (W x H)

1/4 page vertical 90mm x 120mm

1/4 page horizontal 180mm x 60mm

1/2 page vertical 90mm x 270mm

1/2 page horizontal 180mm x 120mm

A4 Full page 180mm x 270mm

A5 adverts which are not horizontal will be displayed in print on their side to ensure no modification to advertisements.



DON'T FORGET!
Crosswords' submissions
close every 2nd Tuesday at 12.00 noon

2019 Publishing Dates

Deadline 12 noon	Publishing Date
9/07/2019	11/07/2019
23/07/2019	25/07/2019
6/08/2019	8/08/2019
20/08/2019	22/08/2019
3/09/2019	5/09/2019
17/09/2019	19/09/2019
1/10/2019	3/10/2019
15/10/2019	17/10/2019
29/10/2019	31/10/2019
12/11/2019	14/11/2019
26/11/2019	28/11/2019
10/12/2019	12/12/2019

Crosswords for

FREE?!

If you wish to receive the Crosswords for free via email, send an email to crc@yilgarn.wa.gov.au to register.

Church Notices

Uniting Church

Service held 1st Sunday of the month.

Contact:

John McKane 9041 1117
 Mobile 0435 507 606
 Cheryl Auld 9049 8026
 Diane Della Bosca 9049 1149

Catholic Church

48 Altair Street, Southern Cross
 SX Presbytery 9049 1049 (Fri to Mon)
 Kalgoorlie Parish 9021 2100 (Tues to Thurs)
 Email: kalgoorlie@perthcatholic.org.au

On Sunday 27 October at 10:30am we will gather for our annual Community Mass. Refreshments will be offered immediately after Mass. This is always a fun day with people travelling from Kalgoorlie and Merredin to be part of the occasion. All are welcome.

Mass Times

From 1st Nov to 30th Apr From 1st May to 31st Oct
 Saturday 6:00pm Saturday 6:00pm
 Sunday 8:30am Sunday 9:30am

Anglican Church

2019 Month	Date
July	Saturday 20 th 11.00am
August	Saturday 17 th 11.00am
September	Saturday 21 st 11.00am
October	Saturday 19 th 11.00am
November	Saturday 16 th 11.00am
December	TBA- weekend of Carols by Candlelight

Antares Street, Southern Cross
 Enquiries: Leonie Gethin
 Ph.: (08) 9049 1222

SOUTHERN CROSS SWIMMING POOL

REDEVELOPMENT

Council at its June 2019 Ordinary meeting considered a Draft Concept Plan for the total redevelopment of the Southern Cross Swimming Pool. In endorsing the Plan, Council has now instructed its Architects to prepare fully costed designs for consideration and presentation to Council and the community for comment.

Upon receipt of the above design plans, Council will consult appropriately with residents to seek feedback on the overall designs.

At the above meeting Council also resolved to allocate an additional \$300,000 in the 2018/2019 Budget to the Recreation Reserve Fund for the Swimming Pool Project. With this injection of funds and also the anticipated contribution to the Reserve Fund in the 2019/2020 Budget, Council should have sufficient funds to meet the total cost for the project.

As an initial discussion point, the Draft Concept Plans are now displayed in the Shire of Yilgarn's Administration Offices for viewing and comments can be made or forwarded to Council's Manager Community Services, Jenny Gemund.

Peter Clarke
Chief Executive Officer

PUBLIC NOTICE

The Special Meeting of Council advertised for Friday 5th July 2019 has been postponed to a later date.

Further information and date to be advertised in the near future.

Shire of Yilgarn
LAND ADMINISTRATION ACT 1997
Section 58(5)

PROPOSED ROAD CLOSURE
PORTION OF BUTCHER ROAD, BODALLIN

It is hereby notified for public information that Council resolved at its meeting, held on the 20th June 2019 to undertake to have a portion of Butcher Road, Bodallin closed.

In accordance with Section 58(5) of the Land Administration Act, a 35 day comment and objection period is provided relating to the proposed closure. Comments and/or objections close with the undersigned at 5:00 pm Friday 2nd August 2019. For information on the closure contact Executive Manager Regulatory Services, Mr Nic Warren on 9049 1001.

Peter Clarke
Chief Executive Officer
Shire of Yilgarn
PO Box 86
Southern Cross WA 6426

Butchers Road, Bodallin - Proposed Closure



July 2019						
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December 2019						
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April 2020						
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June 2020						
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28	29	30				

 Marvel Loch, Moorine
 Rock & Bodallin Rubbish only
 Southern Cross
 Rubbish Only
 Southern Cross Rubbish
 & Recycling, Marvel Loch,
 Moorine Rock & Bodallin
 Recycling



WHAT CAN GO INTO YOUR RECYCLE BIN

- **Glass** - All glass and ceramics, whole and broken
- **Plastic** - All plastic containers (empty with lids off) excluding soft plastics
- **Paper** - All paper, junk mail and glossy magazines
- **Cardboard** - All cardboard products
- **Aluminium & Steel** - All metals, steel & aluminium excluding aerosol cans
- **Liquid Paperboard** - Milk, juice and laundry detergent cartons.

INFORMATION SESSIONS AT THE CRC

The **Department of Water and Environmental Regulation** (DWER) want to hear the community's ideas on reducing single-use plastics.

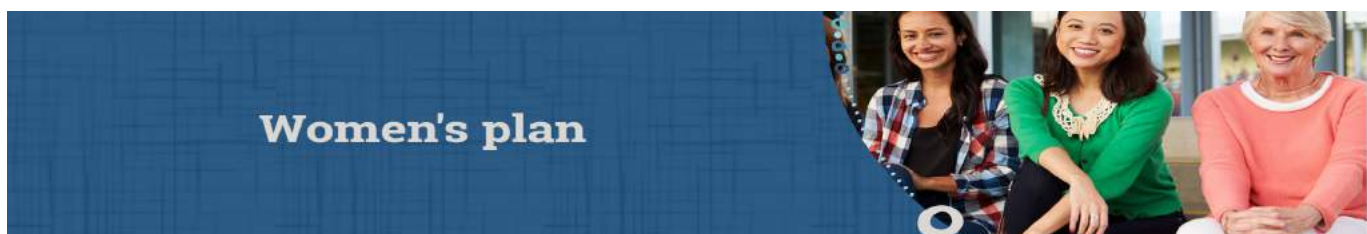
This session will go for 1.5 hours, with a chance to provide feedback and partake in an activity at the CRC to get your thoughts on reducing single-use plastics.

Date: Friday 28 June 2019

Time: 11am – 12:30pm

Location: Southern Cross CRC

If possible, please advise the CRC of your interest in attending the session prior to Friday 28th June.



The State Government is developing a plan to address gender inequality in Western Australia.

While significant advances have been made to remove barriers to women's full economic and social participation, there is still a long way to go to bring about lasting solutions.

This plan will provide a framework for coordinated action by government, businesses, organisations and individuals with practical steps to advance gender equality.

The plan will focus on four priority areas:

- health and wellbeing
- safety and justice
- economic independence
- leadership

The plan will be launched in 2020 and will set the agenda for achieving gender equality over the next 10 years.

HAVE YOUR SAY!

The Southern Cross CRC will be holding an information/consultation session regarding the Women's Plan with the opportunity for you to provide your say on issues facing women in Western Australia.

**27th June 2019
10:00am
Southern Cross CRC**



Southern Cross
Community Resource Centre

Beeswax Wraps

How to make them, and why you should
use them information session



Wednesday 17th July 2019
Senior Citizen's Centre
2:00pm
\$5.00



Please express your interest in attending to the Southern Cross CRC
on crc@yilgarn.wa.gov.au or 9049 1688.

CRC IT WORKSHOPS

“Facebook basics”

Learn how to start a facebook, add friends and how you can
communicate with them!



Southern Cross CRC
Friday 19 July 2019
10:00am
\$5.00





has come a long way....



Years ago
the Telecentre opened
in Southern Cross...



Years ago the building
was officially opened...

Help us celebrate!!!

WOOHOO!



Come join us at the CRC for an information session on what we do, how far we've grown and morning tea to help us celebrate this milestone...

When: Friday, 26th July 2019

Where: CRC Building, Canopus St, Southern Cross

Time: 9.30am





FREE SKIN CANCER SCREENING Southern Cross Community Resource Centre

As a joint project with

The Lions Cancer Institute Inc.

The team will conduct a **Free** Skin Cancer Screening in

Southern Cross
On Saturday 27th July 2019

At Rotary Park, Antares Street, Southern Cross

*If you are 20 years or older and can answer
‘YES’ to three (3) of the following you may be at risk.*

- A family member who has had a malignant melanoma. (Mother, Brother, Sister or Grandparents)
- Five or more moles (not freckles) on your forearms.
- Previously had moles removed that were not cancers
- Previously had skin cancer.
- A mole or freckle, which is changing, size, colour or shape
- Fair skin that always burns rather than tans
- Had blistering sunburn as a child enough to stay off school
- Any inflamed skin sores that do not heal

Please telephone 9049 1688 for an appointment.

Contact: Southern Cross Community Resource Centre



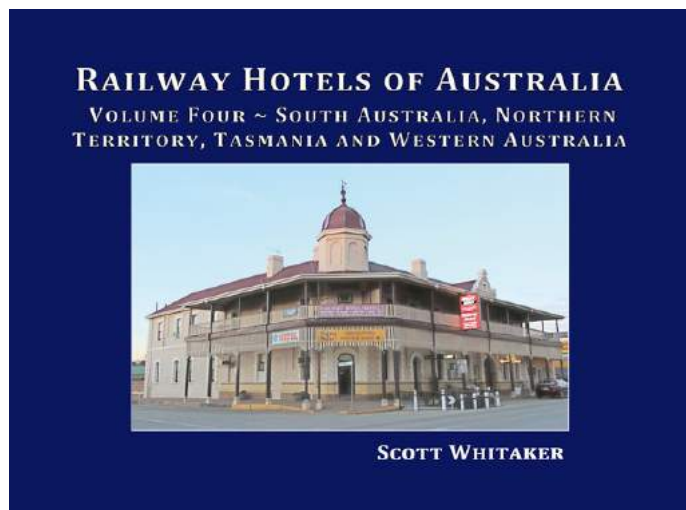
Southern Cross

Community Resource Centre

your local connection

AUTHOR TALK

SCOTT WHITAKER



SRW
PUBLISHING

Held at the Southern Cross Public Library

Monday 12th August 2019 at 2:00pm

Contact the CRC 9049 1688 or crc@yilgarn.wa.gov.au for more information.

About the Railway Hotels of Australia Author, Scott Whitaker

Scott Whitaker

Scott Whitaker grew up in Melbourne in the 1960s and 1970s before being transferred to Queensland with his employer Airservices, then Department of Aviation. After working in Air Traffic Control for over 30 years, he retired a few years ago.

Scott returned to Melbourne but has recently returned to QLD to soak up the sunshine at Bowen (northern region of the Whitsundays). He has two adult children.

His interests include railways, probably kindled by the stories told by his grandfather who was a locomotive fireman on steam engines during the Second World War, Australian history and travel.

It is these interests that Scott collectively seized upon at retirement as he entered the world of authorship, travelling around Australia, to explore the history of the Railway Hotels of Australia.

This all-ages talk lasts about an hour and covers many topics such as the coming of the railway, pub life, general history of the state – social, political and economic - over the past 170 years. Scott will also cover topics such as self-publishing and researching.

Community News

Death Notice

IRVING, George

Deepest sympathy is extended to the Irving family on the passing of George, a valued member of the Southern Cross Golf Club for many years and former Patron of the Club. George will be sorely missed.

The President and Members of the Southern Cross Golf Club

Thank you

The Mt Hampton Progress Association would like to sincerely thank the Shire of Yilgarn for their support via the Community Funding Program, allowing us to purchase a new fridge for our hall. Your sponsorship is greatly appreciated by all community and committee members, alike!

Biggest Morning Tea—Southern Cross

We held our morning tea on 30th May at the Seniors Centre. Thank you to the Yilgarn Shire Council and to the seniors for letting us use your beautiful venue.

Thanks to everyone who attended the morning tea and to everyone who donated cakes slices etc and to those who donated raffles.

Thanks to Lynn Emmett for the beautiful sculpture which we raffled on the day.

Thankyou to our 2 year 6 students from St Joseph's Sienna and Joeross who helped us on the day along with Rikka they are a credit to their school and their families and we enjoyed their enthusiasm.

Thanks to Bev, Sue, Anna, Karin, Glenys, Skeeta, Chauvonne and Dale for all the hard work from setting up to cleaning up and everything between. Thanks to Dale for buying a load of wood and donating it to us to raffle.

Once again thanks to everyone who helped or donated in any way without you we wouldn't be able to raise the money we do.

This year we raised \$2367.60.

Lynne

MOORINE ROCK P&C FOOTY TIPPING RESULTS

Round 13 - Sponsored with thanks by the McCrae Family.

Winner: JARVA

Overall Competition Leaderboard:

1st – JARVA 76pts

2nd - RRJ/David/Sarah 73pts

3rd - TrevorWard/1938Colin 72pts

Round 14 - Sponsored by R2K Contracting with thanks to Richard Kovac.

Winner: Ian

Overall Competition Leaderboard:

1st – JARVA 79pts

2nd - RRJ 78pts

3rd - David/Sarah 77pts



Southern Cross Football Club

HOME GAMES 2019

Liberty Fuels Round 9

Saturday 6th July

Southern Cross v Burracoppin

Hannaford Round 11

Saturday 27th July

Southern Cross v Corrigin

Elders Round 13

Saturday 10th August

Southern Cross v Narembeen

Southern Cross Golf Club

Mens

Sat 29

Railway Tavern Trophy

18 Hole Stroke

1st Round Championships

Sat 30

Della Bosca Cup Westonia

July

6 & 7

Southern Cross Open Weekend

18 Hole Stableford

Ladies

Sat 29

Railway Tavern Trophy

18 Hole Stroke

2nd Round Championship

28/29/30

Rural Bronze Tournament Moora

July

6 & 7

Southern Cross Open Weekend

18 Hole Stableford

2019 YSSSA Winter Carnival

On Friday 21st June at the Southern Cross Sporting Complex, Southern Cross District High School, Moorine Rock Primary School and St Joseph's Catholic School students participated in the YSSSA Lightning Carnival. This included students having the option to participate in two sports, Netball or Football.

The Netball was great! Everyone showed sportsmanship and everyone tried their best. We had six games in total being played throughout the day. The 4 teams were Doves, Smurfs, Mighty Turtles and Yellow and they rotated playing indoors and outdoors against each other. For the last of the games, students were split into two groups for the afternoon games. At the end of the day we had some presentations to congratulate the helpers on the day. I would like to thank Tammy Collins and Miss Robbins for umpiring and a big thank you to the coaches and teachers. We also awarded a Fairest and Best to each team. Congratulations to Ekam Guleria, Claire Birtles, Keira Thirlwell and Crystal White for being the Fairest and Best for their teams.

There were also four teams for Football who were coached by Mr Nind, Mrs Beaton, Mrs Kent and Mrs Auld. Round 1 saw Team 4 beat Team 1 by 7 points and Team 2 beat Team 3 by 2 points. After our first game, we all sat down to have 'crunch and sip'. Round 2 saw Team 1 beat Team 2 and Team 4 beat Team 3. After round 2, we then had the chance to have recess before going into round 3 which saw Team 1 beat Team 3 and Team 4 beat Team 2. After having lunch, the students were split into older and younger fields to play a fun round with students that were closer to their age. At the end of the day, we all sat down to award the Best and Fairest players from the Football games. Congratulations to Marcus Hodson, Ben Martin, Jayden Furnell and Harlem Hepi who were all awarded this for their teams. I would also like to give a big thank you to the people who participated on the day and also a bigger thank you to the people who coached the teams and Chris Martin and Corey Holdem who umpired the games. You should all be proud of yourselves.

Written by Sophie Hilder and Myles Anthony

SCDHS 2019 Sport Captains



YOU'RE FEATURED IN OUR CRYPTIC WA NAME GAME

BROUGHT
TO YOU BY



WIN *a trip to*
BROOME



Identify all 50 answers to be featured in our **Nifty Fifty Club**, and go in the draw to **WIN** a trip to Broome.

There are **50 answers** hidden in this cryptic image puzzle!

48 are names of locations within Western Australia and **2** are not-for-profit organisations we are associated with.

CSBP. Discover more.

To play the CSBP WA Name Game and view T&Cs visit:

wanamegame.com.au



MEDIA RELEASE

18 June 2019

Southern Cross Hospital's "first born" returns to celebrate a 50 year milestone

Officially opening on 30 May 1969, Southern Cross Hospital has recently celebrated its half century milestone with Raelene Blair, the first baby born in the hospital, returning to partake in the anniversary celebrations.

Raelene was the first of 494 babies born in Southern Cross Hospital between 1969 and 2011 when obstetric services ceased.

"I received an official invitation in the mail asking me to celebrate the hospital's anniversary and to cut the cake.

"I'm sentimental at heart and was really chuffed," Ms Blair said.

"I enjoy having an excuse to head to Southern Cross and loved hearing the stories of times past at the celebrations," she added.

Now 91, former Southern Cross Hospital GP Dr Stephen Dale also attended the birthday celebrations and relayed stories from his time when the facility first opened. He even re-met some of the local residents who he had help deliver almost 50 years before.

Approximately 50 people attended the celebrations and were invited on a tour of the hospital.

Diane Dixon, the WA Country Health Service Health Service Manager, Southern Cross said that the hospital had seen a number of changes over its 50 years.

"Carinaville Lodge, our aged care facility, became part of the hospital in 1998 and there are now six permanent residents living there," Mrs Dixon said.

"Two years ago we received an upgraded emergency department including a new resuscitation bay and dedicated consultation rooms for outpatients.

"I work with a wonderful bunch of people, including one employee who has been employed by the hospital for nearly 30 years," she added.



Raelene Blair (first person born in the hospital), cutting the celebratory cake with Diane Dixon – Health Service Manager.



Changes to the Scheme

- ♦ The 'first and last mile' special RAV access arrangements have been finalised.
- ♦ HMMS will continue, however will revert to its original intent as a mass management scheme.



Access Update

- ♦ 1053 roads were endorsed under HMMS Road Lists for the 2018-19 harvest period.
- ♦ Onsite assessments are underway with the intent to add these endorsed roads to the relevant RAV Networks prior to the upcoming harvest period.
- ♦ This eliminates the need for future special access arrangements under HMMS.



Key Points

- ♦ No changes to the HMMS mass provisions.
- ♦ Apply for new RAV access early, allowing up to 12 weeks.
- ♦ HMMS access is now via RAV Networks or Restricted Local Access Permits.

Harvest Mass Management Scheme

What you need to know for 2019-2020 Harvest Period



Register for HMMS

- ♦ If you wish to participate in HMMS, continue to register your vehicles with a participating Grain Receiver.
- ♦ Familiarise yourself with the HMMS Business Rules, available on the Harvest Mass Management Scheme page of our website.
- ♦ DO NOT submit a HMMS Road List to Main Roads.



New RAV Access

- ♦ If there are additional roads you need, for an upcoming harvest period, which are not approved for RAV access and you did not apply for them under HMMS last season, you will need to apply to Main Roads to have the roads assessed via the standard RAV application process.



RAV Access Options

- ♦ Use a Category 1 RAV vehicle combination that is 20 m or less in length and 50 t or less in gross mass on any road.
- ♦ Use a RAV that is greater than a Category 1 RAV vehicle combination on approved RAV Network roads.

For more information about HMMS contact our Heavy Vehicle Help Desk on 138 486 or visit the Harvest Mass Management Scheme page on our website at www.mainroads.wa.gov.au

Harvest Mass Management Scheme 4 Step Guide

Follow these four steps to ensure you are ready for the 2019-20 HMMS harvest period:

Confirm RAV Network

- Transport operators and farmers need to ensure all roads they use are approved for the particular RAV combination being used. This information is available on the RAV Mapping Tool. Roads endorsed under a HMMS Road List in 2018-19 will be approved if they meet the minimum safety standards. If the roads requested do not meet the minimum standards, the applicant will be contacted by Main Roads and advised accordingly.

New RAV Access is Required

- If additional roads are required, the transport operator or farmer needs to apply for new RAV access via the standard RAV application process. DO NOT submit a HMMS Road List to Main Roads. Further information and application form is available on the Road Access page of our website.

Register for HMMS

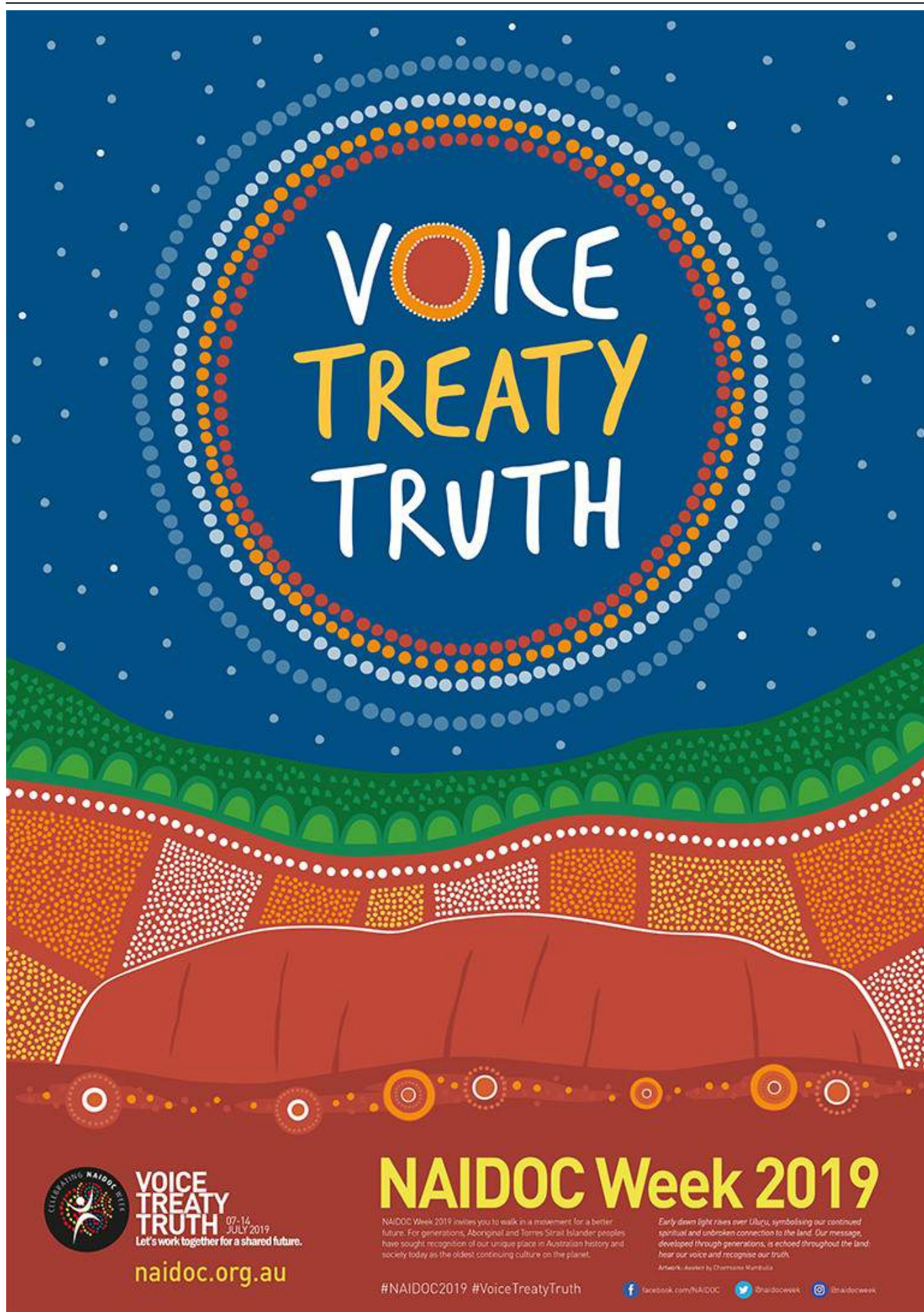
- The transport operator must register their vehicles with a registered Grain Receiver. They should also familiarise themselves with the Business Rules available on the Harvest Mass Management Scheme page of our website.

Commence Operating

- Once the roads you require are all approved for the relevant RAV combination being used, your vehicles are registered with a Grain Receiver, and you are familiar with the Business Rules, you are ready to start carting for the harvest season.

For more information about HMMS contact our Heavy Vehicle Help Desk on 138 486 or visit the Harvest Mass Management Scheme page of our website at www.mainroads.wa.gov.au





The 2019 National NAIDOC Poster was designed by Charmaine Mumbulla, a Kurna/Narungga woman.

WHEATBELT CANCER SUPPORT.

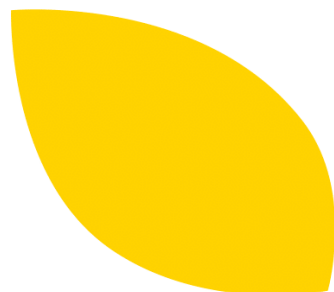
**Are you affected by cancer, or do you care for someone who is?
Would you like an opportunity to talk to someone about what
support is available?**

Barbara Brennan from Cancer Council WA is an experienced health professional who is the Cancer Support Coordinator for the Wheatbelt Region.

Barbara can connect you and your family to Cancer Council WA and other community services available in your area.

Please call **Barbara on 08 9621 1810** if you would like to discuss:

- information on all aspects of cancer
- accommodation during treatment in Perth
- practical and financial assistance
- emotional support



We're your compass through cancer
call us on 13 11 20



FAMILY COUNSELLING SERVICE
WHEATBELT AGCARE
COMMUNITY SUPPORT
SERVICES INC.

FAMILY COUNSELLOR

*...helping rural people meet the
challenges of change*



Shires Serviced:

- ♦ Kellerberrin
- ♦ Merredin
- ♦ Mount Marshall
- ♦ Mukinbudin
- ♦ Nungarin
- ♦ Tammin
- ♦ Trayning
- ♦ Westonia
- ♦ Yilgarn

Contact: Kaye Bell
PO Box 101
Nungarin WA 6490
Phone: (08) 9046 5091
Fax: (08) 9046 5063
Mobile: 0488 465 081
Email: wheatbeltfamily@wn.com.au

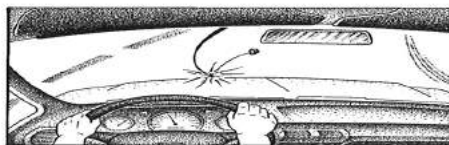
WHEATBELT AGCARE.

.. "providing free, independent and
confidential family counselling for the Wheatbelt."

*For Complaints Resolution
Contact in writing
Chairman
Wheatbelt Agcare
PO Box 101
Nungarin WA 6490
Envelope marked Confidential*



"good country for hardy people"
Supported by the
Shire of Yilgarn



**Coming to Southern Cross
Motor Mart**

Eastern Districts Panel Beaters **Merredin's Windscreens O'Brien Authorized Dealer**

will be in **SOUTHERN CROSS** on the

17th July, 21st August, 18th September,
16th October, 20th November and 18th December.

- Auto Glass—Front, Rear & Side for all Makes & Models
- All Fleet & Insurance Work with Direct Billing
- Trucks & Heavy Machinery
- Chip Repairs
- 24hr Tilt-Tray Towing



Eastern Districts Panel Beaters
PO Box 247, Barrack Street East
MERREDIN WA 6415
Email: edpb@bigpond.com

PH: 08 9041 1592
MBL: 0407 020 413
FAX: 08 9041 1149

FOR ALL BOOKINGS PHONE GRANT DIRECT ON 9041 1592

Plus you can see **GRANT** for all your
Smash Repair Quotes, either Insurance or Private.



For all your Maintenance & Repairs

Harvester / Tractor
Chaser / Field Bin
Truck / Trailer
Mechanical / Hydraulic / Electrical

Located in the Yilgarn – We Come to You

Contact Kristian today: T 0429 498 492
E kristian@boronamechanical.com.au
W boronamechanical.com.au



Domestic and Commercial

- ~Pre-purchase Inspections
- ~Spiders
- ~Termite Control
- ~Ants
- ~Rodents
- ~Cockroaches
- ~Other Household Pests

***LOCALLY OWNED AND OPERATED
SERVICING THE WHEATBELT***

Phone Deon or Leah King
Phone/Fax: 9041 2018
Mobile: 0428 412 018
PO Box 313, MERREDIN WA 6415
PHD License No 311

MERREDIN VETERINARY CLINIC & HOSPITAL

LOUISE FRENCH PTY. LTD. ABN 46 661 403 944



DR LOUISE FRENCH B.V.SC (HONS)
& ASSOCIATES
VETERINARY SURGEONS
& PHYSICIANS

PO Box 388,
29 TODD STREET MERREDIN 6415
PHONE: 9041 1734 FAX: 9041 2791

NEXT VISITING DATE

WEDNESDAY JULY 10

**PLEASE CONTACT OUR OFFICE ON
9041 1734 TO MAKE APPOINTMENTS**

SOUTHERN CROSS CLINIC DATES 2019

LOCATION: Always Side Football Change Rooms Rec. Grounds

August 7th

September 4th
October 2nd

October 30th
November 27th

Eastern Districts Petfood **BULLFINCH** regular deliveries to **SOUTHERN CROSS**

camel, roo, beef, rabbit, roo tails

Injured or un-stock removed!
Fencing contractor available.
Feral dog control.

NOW BUYING IN KANGAROO CARCASSES ONLY FROM LICENCED SHOOTERS WITH DEC

Kangaroos under 20kg not accepted.

Also buying in beef & horse for dog bait purposes.

Drop off by appointment only.

Encouraging local farmers to get on board.

PROFESSIONAL. Police clearances available on request. **LICENSED** and **INSURED.**

Phone Andrew or Tyler Now

9049 5317



MOBILE VET

Dr Andrea Roberts

PO Box 543 MERREDIN WA 6415

Phone 0428212945 ABN 23036138418

2019 SOUTHERN CROSS

MOBILE VETERINARIAN VISIT DATES

Tuesday 2nd July

Thursday 1st August

Tuesday 27th August

Thursday 26th September

Tuesday 22nd October

Thursday 21st November

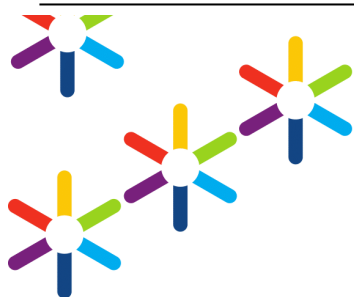
Tuesday 17th December

Please ring or text Andrea on 0428212945 for an appointment

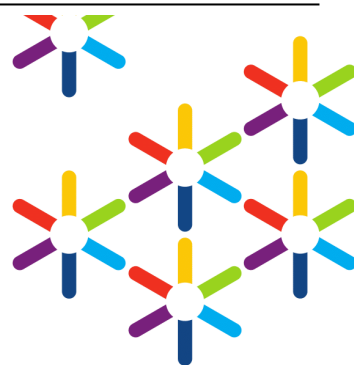


Mentally Healthy WA

**being active, having a
sense of belonging and
having a purpose in life all
contribute to happiness
and good mental health**



Mental health in Western Australia



What's happening?

In Western Australia:

One person dies every day by suicide. That's more than the road toll.

Nearly 3 out of 4 deaths by suicide are male.

WA's suicide rate was approx 20 per cent higher than the national average in 2016.

A big risk factor for suicide and self-harm is having a mental health issue.

We can reduce the risk of suicide by treating mental health issues early, by building resilience, and improving the overall mental health and wellbeing of Western Australians.



1 IN 5 AUSTRALIANS WILL HAVE A MENTAL HEALTH ISSUE EACH YEAR



\$9.0 BILLION

WAS SPENT ON MENTAL HEALTH SERVICES IN AUSTRALIA IN 2015-2016



Where to get help?

If you or someone you know is in a life threatening situation, or is at risk of harm to themselves or others, call 000.

Getting help early can make a difference. A good place to start is:

- Talk to your GP or someone you trust.
- Call a support line.
- Contact a support service.
- Try the Think Mental Health check-up tool.

Looking after your mental health and wellbeing

Looking after your mental health and wellbeing is just as important as looking after your physical health.

It's normal to have ups and downs in life, it happens to all of us. Looking after your mental health enables you to function well and be able to cope when things aren't going so well.

Little things you can do include:



SPEND TIME WITH FRIENDS, LOVED ONES & PEOPLE YOU TRUST



GET ENOUGH SLEEP



TAKE TIME OUT & ENJOY YOUR HOBBIES



KEEP ACTIVE & EAT WELL



TALK ABOUT OR EXPRESS YOUR FEELINGS REGULARLY



REDUCE ALCOHOL CONSUMPTION



AVOID ILLICIT DRUG USE



Signs and symptoms of mental health issues

- ✱ Noticeable change in usual behaviour.
- ✱ Feeling down for some time and not getting better.
- ✱ Problems sleeping.
- ✱ Lack of energy and motivation to do everyday things.

- ✱ Major changes in eating habits.
- ✱ Withdrawal from friends and activities.
- ✱ Increased use of alcohol or other drugs.

think
MENTAL HEALTH

For more information visit
thinkmentalhealthwa.com.au

Real Estate

****FOR SALE****

Neat and tidy 4 Bedroom, 1 Bathroom, 2 toilet home on a large block with open kitchen/dining and kids' activity/office area. Ducted air-conditioning throughout as well as reverse cycle air-conditioning units in kitchen/dining, lounge area and all 4 bedrooms. Home also includes tile fire, 2 x powered sheds (large shed includes reverse cycle air-conditioning). Large outdoor areas with established lawn & gardens. Back area includes lawn as well as paving and kid's cubby house. Home situated at the end of a cul-de-sac in a safe, family friendly street in the quiet part of town.

House is currently rented.

For further information and more photo's please either contact owner on 0418 921 223 or see advert on Gumtree.

\$168,000.00 neg. All reasonable offers considered!!

FOR RENT **Self Contained** **Modern Unit** **Air Conditioned** **Partly Furnished**

Phone Bryan
0457001264

To Rent: \$200 per week

111A Altair St 3 x 1 duplex.
Gas cooking and hot water.
Evap A/C
Woodfire heater
Large back yard with garden shed
Large back patio and BBQ
Carport
Available End of February

Contact Chris Hanretty mb:
0424071760

Pioneers of Yilgarn

Stage 1.

**Citizens who built this district between
years 1887 and 1914**

Rogers, Joe: An early miner at Golden Valley who accompanied Hugh Fraser to Southern Cross when given the tip-off by Riseley, the finder.

He pegged alongside Fraser on behalf of his syndicate, his Central and Central Extended leases proving very rich.

Joe managed the Central Extended for some years. He was a good citizen but unsuccessful in his only attempt to win the parliamentary seat of Yilgarn.

©Lance Stevens

Services Listing

R.J.S Labour Services

Rob Southall

Home: 9049 5313

Mobile: 0487 834 002

www.rjslabourservices.com

Gardening Services

Handyman Services

And other services

Reasonable rates

7 days a week

8am—5.30pm



We specialise in All Types Of Pests

Deon & Leah King

0428 412 018

PO Box 313

Merredin WA 6415

Phone/Fax: 9041 2018

State Licence No. 4294

Registration No. 311

Services Listing space available!

Please contact the CRC for
further information.

9049 1688

crc@yilgarn.wa.gov.au

SOUTHERN CROSS MOTOR MART

**VEHICLE SERVICING
GENERAL MECHANICAL REPAIRS**

AUTO ACCESSORY SHOP

BELTS~BRAKES~SUSPENSION~EXHAUST~FILTERS~OILS

STIHL DEALER

24 HOUR

TILT TRAY TOWING SERVICE

ALL INSURANCE TOWING

LIC. MRB1159

RAC CONTRACTOR

ROADSIDE / BREAKDOWN ASSISTANCE

Phone 90491590

After Hours 0428491590

**14 Orion St. Southern Cross
(On the Highway)**



Southern Cross Tyre & Auto Services

License No: MRB5934 ARC Lic No: AU37376

8-10 Spica Street,

Southern Cross WA 6426

Ph: 9049 1172 Email: info@sxtas.com.au

Website: www.sxtas.com.au

Tyres; Car, 4WD, Truck, Agricultural &
Earthmoving

Hydraulics, Automotive Parts & Servicing,
Agriculture, Mining, Kalexpress Freight
Depo, BOC Gas & Elgas Agents, Vehicle
& Equipment Hire.

Find Us on Facebook!

Calendar of Events

Thu 27 Jun	Women's Plan Information/Consultation session @ CRC 10am
Fri 28 Jun	DWER single use plastics info session @ CRC 11am
Sat 29 Jun	Yilgarn Young Entertainers presents... Between the Lines @ Community Centre 6:30pm
Tue 2 Jul	Pat & Chat Mobile Vet in town
Wed 10 Jul	Merredin Veterinary Clinic in town @ change rooms at oval
Wed 17 Jul	Eastern Districts Panel Beaters in town @ Motor Mart carpark
Wed 17 Jul	Beeswax wraps info session @ Senior Citizen's Centre 2pm
Thu 18 Jul	Shire Council Meeting @ Council Chambers 4pm
Fri 19 Jul	Facebook Basics IT Workshop @ CRC 10am
Fri 26 Jul	CRC Anniversary Celebrations @ CRC 9:30am
Sat 27 Jul	Lions Skin Cancer Screening Van in town—Bookings made through the CRC
Mon 12 Aug	Author Talk @ the Library: Scott Whitaker—Railway Hotels of Australia V4 book - 2pm
Thu 15 Aug	Shire Council Meeting @ Council Chambers 4pm

Regular activities

HACC activities Mondays & Wednesdays @ SX Hospital

Happening at the Senior Citizen's Centre:

Art Group Tuesday, 11.00am
 Carpet bowls Wednesday & Friday, 10.00am
 Fancy Feet Tuesday, 9.30am
 Movers & Groovers Thursday, 9.30am
 Patchworking Tuesday, 6pm
 Scrapbooking Thursday, 10am—3pm
 Singing Wednesday, 7.30pm
 CWA Meetings Third Friday night of every month

Recycling Days

June 28
 July 12
 July 26
 August 9

Garfield by Jim Davis

