
CROSSWORDS \$1



**LIGHT UP
THE DAWN**
THIS ANZAC DAY

Right now, our ANZAC spirit is more important than ever.

At 6am on ANZAC Day, let's light up the dawn at home to commemorate all those who have served and sacrificed for this nation.

rslanzacspirit.com.au



RSL

THERE WILL BE NO SERVICES HELD AT SOUTHERN CROSS ON ANZAC DAY

Light a candle and stand at the end of your driveway to commemorate ANZAC Day on 25 April 2020

5.30am: A live broadcast of the National Memorial Service from the Australian War Memorial will be shown on ABCTV, iView, Radio and online.

This includes from around 6am, The Last Post and a minute of silence, where you can pay your respect at the same time as your local community.

Community members wishing to lay a personal wreath at the War Memorial can do so during the day. The Last Post will be played from the War Memorial at dawn, however there will be no public access to the War Memorial during this time.

The Crosswords is produced by the
Southern Cross CRC,
PO Box 178, Canopus St,
Southern Cross WA 6426

Phone: 08 9049 1688 Fax: 08 9049 1686

Email: crc@yilgarn.wa.gov.au

Crosswords Disclaimer:

The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

**Shire of Yilgarn
Emergency information hotline
Call (08) 9487 8777**

for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

Southern Cross Landfill Times

The Tip Shop will also be open during the below hours.

Monday	1:00pm to 4:00pm
Tuesday	1:00pm to 4:00pm
Wednesday	Closed
Thursday	Closed
Friday	1:00pm to 4:00pm
Saturday	10:00am to 4:00pm
Sunday	10:00am to 4:00pm

Crosswords Advertising Rates 2019/20 (as of 1 July 2019)

Business Advertisements

(Business premises outside of the Shire of Yilgarn)

	Black		Colour	
	No Typesetting	With Typesetting	No Typesetting	With Typesetting
Full Page (A4)	\$35.00	\$55.00	\$160.00	\$180.00
1/2 Page (A5)	\$20.00	\$30.00	\$90.00	\$100.00
1/4 Page	\$15.00	\$25.00	\$50.00	\$60.00

Local Business and Non-Profit Organisations Advertisements

(Business premises within the Shire of Yilgarn)

Full Page (A4)	\$30.00	\$50.00	\$130.00	\$160.00
1/2 Page (A5)	\$15.00	\$18.00	\$70.00	\$90.00
1/4 Page	\$10.00	\$15.00	\$35.00	\$40.00

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines)	\$8.00
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Advert size specifications for Crosswords (W x H)

1/4 page vertical	90mm x 120mm
1/4 page horizontal	180mm x 60mm
1/2 page vertical	90mm x 270mm
1/2 page horizontal	180mm x 120mm
A4 Full page	180mm x 270mm

A5 adverts which are not horizontal will be displayed in print on their side to ensure no modification to advertisements.



DON'T FORGET!
Crosswords' submissions
close every 2nd Tuesday at 12.00 noon

Church Notices / Updates



48 Altair Street, Southern Cross
SX Presbytery 9049 1049 (7 days)
Email:

matthew.hodgson@perthcatholic.org.au

2020 Publishing Dates

Deadline 12 noon	Publishing Date
28/04/2020	30/04/2020
12/05/2020	14/05/2020
26/05/2020	28/05/2020
9/06/2020	11/06/2020
23/06/2020	25/06/2020
7/07/2020	9/07/2020
21/07/2020	23/07/2020
4/08/2020	6/08/2020
18/08/2020	20/08/2020
1/09/2020	3/09/2020
15/09/2020	17/09/2020
29/09/2020	1/10/2020
13/10/2020	15/10/2020
27/10/2020	29/10/2020
10/11/2020	12/11/2020
24/11/2020	26/11/2020
8/12/2020	10/12/2020

In accordance with federal government directives concerning the COVID-19 pandemic, Our Lady of Montserrat church is now temporarily closed.

Weddings and funerals may still be celebrated in the church – in restricted formats. Please enquire with the priests of the parish if you would like either a wedding or a funeral celebrated in the church or a graveside funeral celebrated by a Catholic priest.

The Sacrament of Reconciliation is available on request. So too is the Sacrament of the Anointing of the Sick.

Mass will be celebrated in Our Lady of Montserrat church at the times below. Masses can be viewed on-demand on the parish's YouTube channel ("Yilgarn Westonia Catholic").

We are also in the process of setting up a live-stream service on the parish's FaceBook page ("Lucy Montserrat"). Please submit a friend request to the page to stay connected.

Every Sunday – 8:30am

SHIRE OF YILGARN

RESTRICTED BURNING PERIOD NOTICE OF EXTENSION UNTIL 30 APRIL 2020

On 31 March 2020, the Department of Fire and Emergency Services advised that the Bush Fire (Restricted Burning Times) Amendment Notice was gazetted which outlined that all 129 Local Governments in the southern half of the State will have their Restricted Burning Time extended to **Thursday, 30 April 2020**.

Fire and Emergency Services Commissioner Darren Klemm AFSM said in these uncertain times the new timeframe would help reduce the potential of out of control burns for volunteer firefighters.

"We are still in the grips of an active bushfire season, and this risk is not likely to ease for a number of weeks," Commissioner Klemm said.

"Over the past two years fire crews have faced significant bushfires across southern WA at this time of year, many of which were caused by private burns that got out of control."

Commissioner Klemm said by obtaining a permit, and therefore registering burning intentions with Local Government, land owners would be helping their communities easily and quickly identify fire activities in their area.

"These restrictions mean Local Governments can ensure land owners who need to undertake burns, such as those in the agricultural sector for primary production purposes, can continue to do so while not putting unnecessary pressure on our firefighters," he said.

Dependent on the circumstances of the offence, land owners who undertake burning without the required permit can face fines of up to \$10,000.

Landholders in the Shire of Yilgarn planning to burn on their properties **MUST** obtain a Permit from their local Fire Control Officer.

Peter Clarke
CHIEF EXECUTIVE OFFICER

SHIRE OF YILGARN

RURAL NUMBERING SYSTEM PROJECT UPDATE

Rural Owners/Residents will be starting to see Rural Number identifiers being placed at the driveway/entrances to properties where residences and sheds are located.

The erection of identifier numbers will take some time before all of the properties in the district have been included in this process.

Owners are not to commence use of the Rural Numbering System until they receive written notification from the Shire confirming the "live" date.

Peter Clarke
CHIEF EXECUTIVE OFFICER

FAMILY COUNSELLING SERVICE

WHEATBELT AGCARE

COMMUNITY SUPPORT
SERVICES INC.

FAMILY COUNSELLOR

*...helping rural people meet the
challenges of change*



Shires Serviced:

- ◆ Kellerberrin
- ◆ Merredin
- ◆ Mount Marshall
- ◆ Mukinbudin
- ◆ Nungarin
- ◆ Tammin
- ◆ Trayning
- ◆ Westonia
- ◆ Yilgarn

Contact: Kaye Bell
PO Box 101
Nungarin WA 6490
Phone: (08) 9046 5091
Fax: (08) 9046 5063
Mobile: 0488 465 081
Email: wheatbeltfamily@wn.com.au

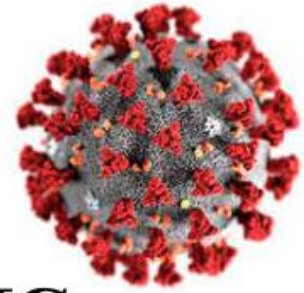
WHEATBELT AGCARE.

*.. "providing free, independent and
confidential family counselling for the Wheatbelt."*

*For Complaints Resolution
Contact in writing
Chairman
Wheatbelt Agcare
PO Box 101
Nungarin WA 6490
Envelope marked Confidential*



*Supported by the
Shire of Yilgarn*



COVID-19 MYTHS

DON'T BELIEVE EVERYTHING YOU READ/HEAR

All information referenced from the World Health Organisation and Australian Government Department of Health

There is currently **NO** evidence to support a direct link between use of ibuprofen (contained in Nurofen and anti inflammatory medications) and more severe infection with COVID-19. **Only use as directed.**

IBUPROFEN



MOSQUITOES



There is **NO** current evidence that COVID-19 can be transmitted through mosquitoes. **Mosquitoes can transmit other illnesses and should be avoided.**

Taking a hot bath **DOES NOT** prevent COVID-19. Taking a hot bath with extremely hot water can cause harm. **Washing regularly in warm water is good personal hygiene.**

HOT BATHS



ALCOHOL / CHLORINE



Alcohol / chlorine will NOT kill viruses which have already entered your blood stream. Do NOT spray alcohol or chlorine over your body - this can be very harmful and cause irritation.

EHA recommends using only approved products as per manufacturers guidelines.

VACCINES

There is NO vaccine against COVID-19 at this time; vaccines for pneumonia (such as pneumococcal / HIB) do not provide protection against new coronaviruses. **EHA encourages you to stay up to date with all vaccines.**



UV STERILISATION



UV lights should NOT be used to sterilise hands or other areas of skin as it may cause burns/irritation. **EHA recommends cleaning your hands regularly with soap and water or alcohol-based hand rubs**

ONLY THE ELDERLY

ALL age groups are being affected by COVID-19 and everyone should take steps to protect themselves and others. **EHA encourages physical distancing**



Our Environment, Our Health, Our Future

Community News

Expressions of interest wanted for future courses/training at the CRC!

The CRC are seeking expressions of interest for the following courses/training.

If we get enough numbers, we will look into organising training later this year.

- Forklift ticket
- Lunch & learn: Bookkeeping 101
- Afternoon session: Getting Paid on Time (business)
- Facebook Essentials for Small Business
- Microsoft Office training

If you have any other suggestions of training you might want to see offered in our area, or wish to register interest in the above training, please contact the CRC on crc@yilgarn.wa.gov.au

It is with great regret that due to the current circumstances we have decided to cancel the Cancer Council's Bullfinch Big Morning Tea that was due to be held on Sunday May 3rd.

I will however, still be ordering the coffee mugs and tea towels for those who would like to purchase them.

Thank you for your support, see you all safe and well in the future.

Regards,
Alyson Granville.

Work wanted
(short term/seeding)
Can operate mining and
farm machinery
Physically fit
Call Stuart
0428 491 778

Flashing Lights, Slow Down, Move Over

The start to 2020 has been unusual to say the least. With drought affected areas, bushfires, summer storms and car crashes keeping our emergency services volunteers incredibly busy, then there is COVID 19 to contend with.

Now that quarantine measures are in place, there should be much less traffic on our roads, so let us hope there will be a corresponding drop in road trauma.

However emergencies will happen, and it could be timely to remember that our emergency services volunteers are still out there performing their vital tasks. Please consider them when driving; there have been reports that these important community members have been put at risk by speeding cars passing them as they go about their work on the road side.

Toodyay RoadWise Committee chair Bob Neville said "We all have a role in keeping our Emergency Services volunteers and staff safe while they are responding to incidents on our roads. This is why WA State Government introduced the Slow Down, Move Over (SLOMO) law in 2018, to improve the road safety of people attending roadside emergencies in Western Australia."

"The law requires motorists to reduce speed to a maximum of 40km/h when passing incident response vehicles with flashing lights and, where possible and safe to do so, move to the next lane." Said Bob.

Moving forward to help educate the community about what they can do to help keep our Emergency Services safe, Toodyay RoadWise Committee will be encouraging Local Governments and community groups throughout the region to distribute information about the laws via their social media and newsletters.

More information about the reasons for the SLOMO laws and what is required on motorists can be found on the Road Safety Commission's website

<https://www.rsc.wa.gov.au/Rules-Penalties/Browse/Emergency-Vehicles>

Online resources for club committee and volunteers

The sport and recreation community is facing uncertain times. With no competition and training, many clubs, committees and volunteers are on a temporary break.

However, the current climate presents a perfect opportunity for clubs and committees to review their administration requirements, undertake training and start planning for the future.

Here are some useful links, resources and templates to prepare your club to return to action when the time is right!

Club planning

Browse the **Every Club Hub** online resources catalogue <https://www.dlgsc.wa.gov.au/sport-and-recreation/every-club-hub/how-to-guides>

Participate in Sport Community's **FREE Facility Redevelopment Planning** webinar <https://sportscommunity.com.au/webinar/facility-redevelopment-getting-your-club-shovel-ready-when-facility-redevelopments-start-again-2/>

Review, update or develop new **Policy and Procedure** templates <https://www.playbytherules.net.au/resources/templates>

Learn how your Club can be more **Socially Inclusive** <https://inclusionsolutions.org.au/social-inclusion-resource/>

Social media communications increasing? Find policy templates and useful information <https://www.playbytherules.net.au/got-an-issue/social-media>

Keep in touch or hold meetings online using **free video conference tools** such as **Skype** and **Zoom Basic**
<https://www.skype.com/en/free-conference-call/>
<https://zoom.us/>

Governance and compliance

Ensure your **Constitution** is up to date by completing the **Association Rules Checklist**
<https://www.commerce.wa.gov.au/sites/default/files/atoms/files/assocruleschecklist.pdf>

Need more time to hold your **Annual General Meeting** (AGM)? Request an extension <https://www.commerce.wa.gov.au/publications/application-requesting-further-time-hold-annual-general-meeting-agm>

Update your contact details and Club Information on **Associations Online**
<https://associations.commerce.wa.gov.au/associations/public/publicHomePage.aspx>

Validate **Working with Children Checks** (WWC) for your volunteers <https://workingwithchildren.wa.gov.au/card-validation>

Self-assessment

Ensure your Club is well prepared and keep your members up to date by following the **Covid-19 Committee Checklist**
<https://gscore.com.au/wp-content/uploads/2020/03/COVID-19-Checklist-for-Clubs.pdf>

Assess your current club operations by completing the **SPORTAUS Club Health Check**
https://www.sportaus.gov.au/club_development

Education and training opportunities

Every Club Hub – Video Resources
<https://www.dlgsc.wa.gov.au/sport-and-recreation/every-club-hub/training-and-workshops>

Play By The Rules – Online Training Courses
<https://www.playbytherules.net.au/online-courses>

Sports Community – Club and Committee Development Webinars
<https://sportscommunity.com.au/>

Funding

KidSport – Update your club information online
<https://www.dlgsc.wa.gov.au/funding/sport-and-recreation-funding/kidsport/information-for-clubs>

Regional funding – Review available funding opportunities
<https://www.dlgsc.wa.gov.au/funding/regional-funding>

COVID-19 Relief fund – Read the press release <https://www.mediastatements.wa.gov.au/Pages/McGowan/2020/03/159-million-dollar-COVID-19-Relief-Fund-to-provide-crisis-support.aspx> to see if you are eligible



Influenza Vaccination Program for 2020

Annual Influenza vaccination is the most important measure to prevent influenza and its complications.

Government funded under 65 year old influenza vaccines should be available in the clinic from **around mid to late April all being well.**

We already have stock of the over 65yo's. Appointments can be booked now for administration of the vaccine.

Please note: This year we have been advised that, vaccination can be done as soon as possible once we have stock of vaccines, no longer having to wait until May.

Eligibility for government funded influenza vaccines in WA in 2020 is unchanged from 2019.

The following individuals in WA are eligible to receive government funded vaccine:

- persons 65 years or older
- children 6 months to less than 10 years
- pregnant women (any trimester)
- Aboriginal people 6 months and older
- individuals 6 months and older with medical conditions that place them at risk for complications of influenza, including:
 - cardiac disease
 - chronic respiratory conditions
 - chronic neurological conditions
 - impaired immunity
 - diabetes and other metabolic disorders
 - renal disease
 - haematological disorders
 - children aged 6 months to 10 years receiving long term aspirin therapy.

Private influenza vaccinations:

We will be offering private flu vaccines for a small cost to those who do not meet the above criteria, and also for those companies who wish to have their employees vaccinated. Please contact the practice on 9049 1147 for appointment scheduling and further information.

Help stop flu from spreading

Good hygiene practices, such as washing your hands thoroughly with soap and warm water can assist with reducing the risk of infection.

COVID-19 (Corona Virus)

In light of current events relating to the COVID-19 situation, please maintain social distancing when you come to the clinic. The amount of people in the waiting room area at any time will only be 2, so please be prepared to be waiting outside, seats available, or waiting in your car parked outside the clinic.

Anyone with cold/flu like symptoms will be asked to wait in your car or seated outside. Please do not enter the clinic. You can pop your head in the door to let us know you have arrived or give us a call to say you are waiting.

Those people who have travelled overseas in the last 14 days, and, or have come into contact with someone who has tested positive to COVID-19 is asked to stay at home, isolate. Our doctor is happy to then carry out a phone consultation.

We hope to keep everyone safe and healthy as possible during this difficult time.

Thank you for your understanding.

Crosswords for

FREE?!

If you wish to receive the Crosswords for free via email, send an email to crc@yilgarn.wa.gov.au to register.

WANT TO PLACE A RENTAL OR HOUSE FOR SALE ADVERT?

Contact the CRC on 9049 1688 or crc@yilgarn.wa.gov.au to organise your ad to appear in our next edition!

Did You Know?

Did you know the Catholic's have been active in Southern Cross since 1891? Father Aloysius Martelli was the first to preach at Southern Cross as part of his circuit, the first service held on 8th June 1891 in Cohn's billiard room. Father Duff from Coolgardie also paid occasional visits. Bishop Gibney then visited the town to see if a parish should be established. The township had recently been surveyed and Bishop Gibney asked for lots 57 and 58. The tardiness of the Catholics in building a church immediately, allowed the Wesleyans to gain a strong foothold in the town.

The Anglicans were also active. In 1894 a committee was formed to build a Catholic church/school with two roomed cottage attached. Father William Prendegast was the first resident catholic priest and took up in 1895. He lived in a tent pending the presbytery being built and was not afraid to preach wherever he could command a crowd, including the Railway Hotel. This was the start of the catholic faith in Southern Cross.

Did you know that Garratt Siding between Moorine and Southern Cross was named after Jack Garratt, who had once been a sailor? On leaving the seas he went to Norseman looking for gold. With a couple of good crushings he purchased sheep and took them to Moorine Rocks where he established a pastoral lease. This was in 1912/1913. However the pastoral lease was full of poison, leading to Jack moving to land he leased at Doongin, six miles west of Southern Cross, and here he set up his headquarters. Dingoes were plentiful and it was necessary to yard the sheep each night.

He battled until the 1920's, when the government cancelled his lease, and turned the area into thousand acre farms for returning soldiers from the Great War. Jack then tried his hand as a market gardener. In later years the Doongin district was renamed Garrett in honour of its first resident.

©Lance Stevens



No Scaredy Cats Parent Course

Reducing anxiety and building resilience skills in 2 -12 year old's

LIVE AND INTERACTIVE WEBINAR

Friday 8th, 15th & 22nd May 2020

3 x 90min sessions 10.30am - 12.30pm

(participants will have password access to a recording of each webinar)

To register - jpapes@wanslea.asn.au OR 0447 622 736

PARENTS WILL LEARN

- An overview of how a well-honed theory of parenting (what you need to repeatedly do) can assist parents to manage children's worries.
- Coverage of how some misguided policies are making parents and children more anxious.
- The brain, including how the pre-frontal middle cortex and the amygdala operate, and where fear and anxiety originates.
- Commonly misused phrases and cognitive distortions used by children and their peers.
- A helicopter view of what risks we can allow and which require us to keep children safe.
- 'Traps and trip wires': what to do when a child's amygdala starts to play-up.
- Memorable strengthening sayings, questioning strategies and mindfulness exercises.



Supported by



Government of **Western Australia**
Department of **Communities**





behaviour[®] tonics presents

1-2-3 Magic[™] and Emotion Coaching

To help parents manage difficult behaviour in 2 - 12 year olds

Facilitated by Brad Williams who will provide a **humorous** look at parenting and a **serious** look at discipline!

LIVE AND INTERACTIVE WEBINAR

Wednesday 22nd, 29th April & 6th May 2020

3 x 90min sessions 7- 8.30pm

(participants will have password access to a recording of each webinar)

To register - jpapes@wanslea.asn.au OR 0447 622 736

You will learn:

- The two approaches to parenting.
- How to discipline without arguing, yelling or smacking.
- How to handle kids testing behaviour.
- How to teach and encourage positive behaviour, social skills and independence.
- How to control obnoxious behaviour.
- How to show empathy while developing emotional intelligence in your child.
- How to strengthen the relationship with your child.

What people are saying...

- "An end to the yelling and arguing!"
- "It saved our lives"
- "Simple, sane, effective"
- "What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember at those times when memory is the first thing to go."



Supported by



Government of **Western Australia**
Department of **Communities**

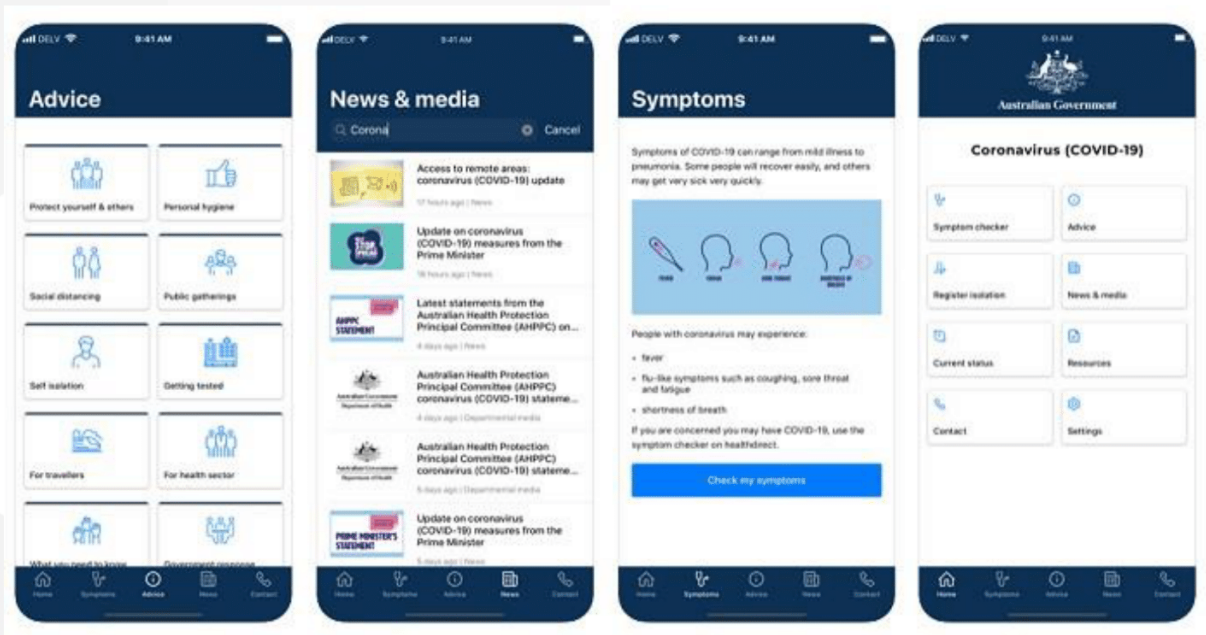




Coronavirus (COVID-19) Australia App

The Australian Government has released an official app with the information that you need to know about COVID-19. This is a one-stop-shop which is a trusted source of information.

1. You can download the official government Coronavirus Australia app in the [Apple App Store](#) or [Google Play](#).



The app has the most up to date information on:

2. symptoms
3. advice
4. isolation
5. news and media
6. current status (case numbers etc.)
7. resources
8. where to go for more information - coronavirus helpline.

WhatsApp

The Australian Government WhatsApp account acts like a messenger bot and provides you with the latest information based on the number or emoji that you send. Here's a step by step guide to using the [Coronavirus Australia WhatsApp service](#):

1. Download WhatsApp onto your phone or tablet.
2. Add the government's WhatsApp number into your WhatsApp contacts. The number is **+61 400 253 787**.
3. Send the WhatsApp account a message.
4. You will receive a message back.
5. Follow the instructions to get the information you need.

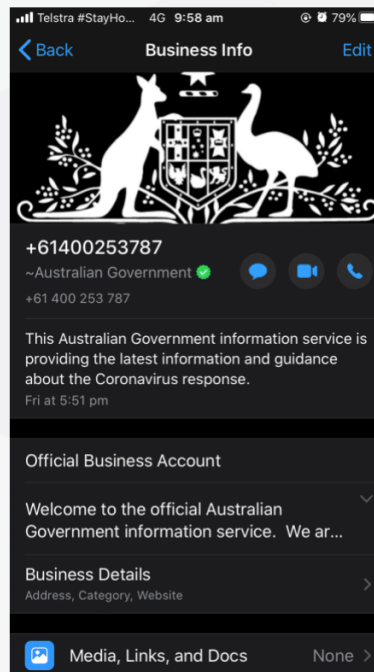
A visual guide of the above steps

Step 1: If you don't already have it, download WhatsApp onto your phone or tablet.

You can do this via [Apple App Store](#) or [Google Play](#) or visit [Coronavirus Australia WhatsApp service](#)

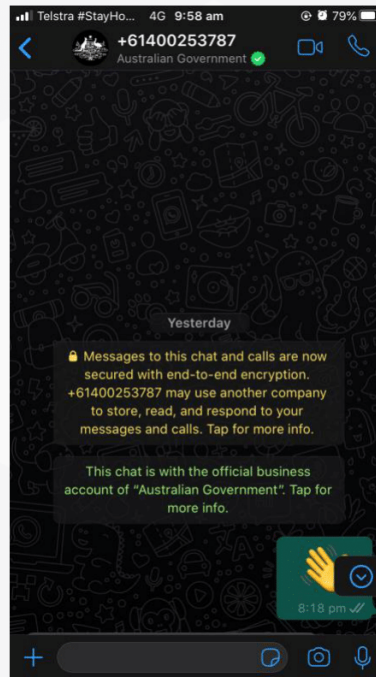


Step 2: Add the government's WhatsApp number into your WhatsApp contacts. The number is **+61 400 253 787**.



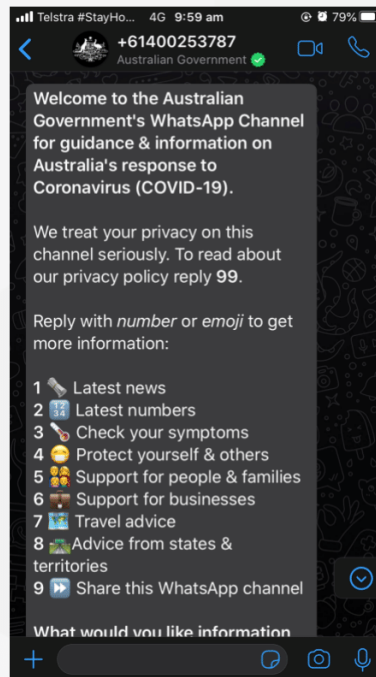
Step 3: Send the WhatsApp account a message.

(Don't forget this part. The bot will send you a message back so you know you have set it up properly).



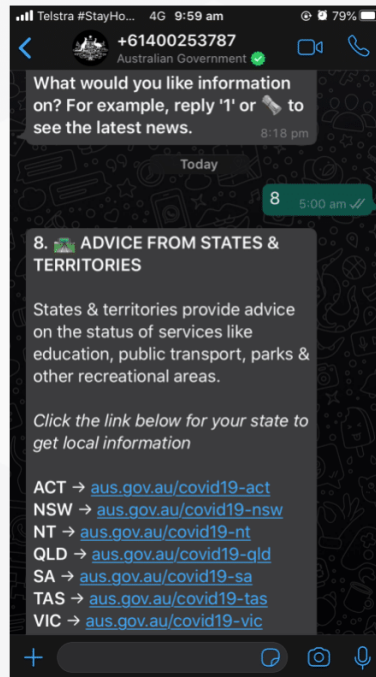
Step 4: You will receive a message back.

You can reply with numbers or emojis.



Step 5: Follow the instructions to get the information you need.

For example, pressing “8” for ‘advice from states and territories’ brings up specific information for each area as pictured.



You can press any number or emoji at any time and go back again. The image opposite shows what happens when “1” is pressed for the latest news.



WBN - COVID19 REGIONAL BUSINESS INFORMATION - 2

The Wheatbelt Business Network is a not-for-profit MEMBER BUSINESS ASSOCIATION. We are here to help Wheatbelt businesses of all sizes navigate through information and adapt to changing times.

To support the wider business community we have summarised information already available in the public domain. WBN members to date have received more detailed information and support.

NEW ANNOUNCEMENTS – AS AT 3 APRIL 2020

- The Federal Government has implemented an overseas travel ban.
- After Tuesday 31 March 2020, **Western Australians will not be allowed to travel outside their designated region.** The Wheatbelt is made up of 42 local governments. We have suggested to businesses to make available a letter or proof of reason to travel until the official State Government form is made available www.wheatbelt.wa.gov.au
- **As of Sunday, WA borders will close.** Previously people entering the state had to isolate for 14 days. Now they will be turned away unless they meet exemption criteria. The rule will also apply to West Australian residents returning home. Exemptions include healthcare workers, Emergency services workers, Transport freight and logistics, FIFO, People with specialist skills not available in WA, National or state security and governance, and Courts and judicial services.
- **Seasonal workers to self-isolate.** In an effort to prevent the virus from being inadvertently transferred from urban areas to the country, International visitors on working visas would have to **self-isolate for 14 days before moving to rural and regional areas to work.**
- A summary of **prohibited activities and venues** (applicable to business) is well summarised - <https://www.wa.gov.au/government/announcements/covid-19-information>
- Applications are now open for the Australian Government's small business wage subsidy to retain **apprentices and trainees.**
- New **COVID19 Relief Funding from Lotterywest** for crisis and relief funding, Event Cancellation Relief for Arts, Sports and Community Groups and Resilient Arts, Sports, Events and Community Groups.
- Further relief for **households experiencing financial hardship** due to COVID-19, including extension of the Energy Assistance Payment, no disconnections for power and water and additional support for Keystart customers
- \$502 million for small businesses including a **reduction in electricity bills, licences fees waived, and additional payroll tax relief**
- **Commercial landlords are to be forced to give rent reductions.** There has been agreement on a mandatory code for commercial landlords and tenants in financial distress. This will apply to tenants where they have a turnover of less than 50 million and are part of the JobKeeper program.
- New initiatives to apply until 30 September 2020. State Budget deferred until 8 October 2020 for Government to focus on COVID-19

STIMULUS PACKAGES FOR BUSINESS - FEDERAL - <https://treasury.gov.au/coronavirus/businesses>

Find financial assistance, eligibility and timing for the new government support for Australian businesses. Fact sheets are being updated regularly, so please check back frequently.

STIMULUS PACKAGE FOR BUSINESS – STATE

<https://www.smallbusiness.wa.gov.au/blog/coronavirus-stimulus-package-small-business>

ONLINE BUSINESS RESOURCES

Chamber of Commerce and Industry WA – COVID19 dedicated website

<https://covid19.cciwa.com>

- a COVID-19 Guide for Employers including answers to employee leave;
- an outline of the new COVID-19 subsidies for business;
- screening questionnaires for staff and external parties;
- a work-from-home OHS checklist; and
- an updated sample staff communication.

SMALL BUSINESS DEVELOPMENT CORPORATION

<https://www.smallbusiness.wa.gov.au/coronavirus>

- FREE online webinars – cash flow forecasting, managing employees
- Information for employers
- Health fact sheets

PUBLIC HEALTH INFORMATION FOR BUSINESSES

We recommend that you follow public authority advice in regard to health and hygiene measures as well as social distancing rules.

<https://www.wa.gov.au/government/coronavirus-covid-19>

EMOTIONAL SUPPORT

beyondblue and Ahead for Business have free online resources to help with emotional support. You can also seek help by phone: beyondblue 1300 224 636 / Lifeline 13 11 14

BECOME A WBN MEMBER

Business Hotline

WBN members can contact the WBN team at any time during business hours for clear, well-informed business support and information. Our priority is our members and helping them to adapt and continue well beyond the pandemic.

Employee Relations Advice

WBN small business members can access the employee relations phone service with the Chamber of Commerce and Industry WA to answer questions on managing staff during the pandemic.

Business Tools

During this time, WBN members will receive business planning tools and resources specifically designed for rural small business

Online Presence

WBN members receive a prominent listing in our online Wheatbelt Business Directory helping them be found. <https://www.wheatbeltbusinessnetwork.com.au/business-directory/>



SUPPORT SERVICES

000 (emergency)

Rural Link: 1800 552 002

Mental Health Emergency Response Line: 1300 555 788

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Lifeline Text Service: 0477 13 11 14 (only available 6:00 pm to 10:00 pm EST)

Beyond Blue: 1300 224 636

Kids Helpline: 1800 551 800

headspace (9am till 1am EST): 1800 650 890

Samaritans Crisis Line: 135 247

The Salvation Army: 1300 363 622

Crisis Care (Child Protection & Family Support): 1800 199 008

Reachout: www.reachout.com

Mensline: 1300 789 978

Grief Line (midday to 3am EST): 1300 845 745

Alcohol & Drug Support Line: 1800 198 024 or 9442 5000

Parent and Family Drug Support Line: 1800 653 203 or 9442 5050

Narrogin & Upper Great Southern Domestic Violence Helpline 1800 007 570

Wheatbelt Domestic Violence Helpline 1800 353 122

Women's Domestic Violence Helpline: 1800 007 339

Men's Domestic Violence Helpline: 1800 000 599

1800 RESPECT: 1800 737 732

Elder Abuse Helpline WA - 1300 724 679

Suicide Bereavement Service: 0474 076 849

Sexual Assault Referral Centre: 1800 199 888

HealthDirect: 1800 022 222

Holyoake

Northam: (08) 9621 1055

Narrogin: (08) 9881 1999

Merredin: (08) 9081 3396

Victoria Park: (08) 9416 4444

Midland: (08) 9274 7055

Freecall: 1800 447 172

WACHS Wheatbelt Mental Health Service – (08) 9621 0999



Eastern Districts Petfood
BULLFINCH
regular deliveries to
SOUTHERN CROSS

camel, roo, beef, rabbit, roo tails

Injured or un-stock removed!
Fencing contractor available.
Feral dog control.

NOW BUYING IN KANGAROO CARCASSES ONLY FROM LICENCED SHOOTERS WITH DEC

Kangaroos under 20kg not accepted.

Also buying in beef & horse for dog bait purposes.

Drop off by appointment only.

Encouraging local farmers to get on board.

PROFESSIONAL. Police clearances available on request. **LICENSED and INSURED.**

Phone Andrew or Tyler Now

9049 5317

Our Commitment to You

We believe that partnerships with the community are integral to our success.

This commitment is supported by us seeking your input into our business through surveys, customer feedback and our advisory groups who represent the community, specific interest groups and industry bodies.

For all concerns, suggestions or complaints regarding Great Eastern Highway, Marvel Loch Road and Bullfinch Road contact Main Roads.

Your suggestions... how can we improve?

We welcome any feedback you may have, including suggestions on how we can improve our services to you and your feedback on what we are doing well. Call 138 138 or email us at enquiries@mainroads.wa.gov.au.

We are also committed to an accessible, fair and equitable complaints handling process where we work together with you, our customers, to drive business decisions and improvements.

For more information on how to make a **complaint online** please visit

<https://www.mainroads.wa.gov.au/Pages/complaintsFeedback.aspx>

House for Sale

11 Omega Street, SX - \$100,000.00 or nearest offer.

A neat and tidy three bedroom, one bathroom home waiting for its new owners.

Built in 1987, this well-loved home features:

- Large sunroom / enclosed verandah with tile fire on the southern side of the house
- Ducted evaporative air conditioning
- Electric HWS
- Single car garage
- Large established trees in backyard
- Landscaped gardens at the front
- Near new stove
- Immaculate lounge room

A great house that would suit first home buyers, retirees, employee accommodation and young families.

Currently rented.

Enquiries – Karen Teale:

(08) 90491 078

or

0428 491 079



Domestic and Commercial

- ~Pre-purchase Inspections
- ~Spiders
- ~Termite Control
- ~Ants
- ~Rodents
- ~Cockroaches
- ~Other Household Pests

***LOCALLY OWNED AND OPERATED
SERVICING THE WHEATBELT***

Phone Deon or Leah King

Phone/Fax: 9041 2018

Mobile: 0428 412 018

PO Box 313, MERREDIN WA 6415

PHD License No 311

Real Estate

For Sale \$98K/Rent \$180 per week

Quaint 3 x 1 Duplex

Come and take a look at this little Gem!

All you need to do is move in!

- Large Patio
- Built in BBQ
- Garden shed
- Huge shaded garden area
- Evap Air-con throughout
- Gas Instant Hot Water
- Gas Stove
- Fire Heater
- New Zinc alum Roof
- 526m2 secure block

Contact:

Chris Hanretty mb: 0424071760

Mick Hanretty mb: 0437338608

ARABLE LAND TO BUY

**We are cash buyers looking
for arable land of any size
between:**

**Southern Cross, Moorine
Rock,**

Bodallin, Westonia,

Bullfinch,

up to the mine

**(Koolyanobbing Road)
and surrounding areas.**

Tele: 0414 289 957

Services Listing

LOCAL PEST CONTROL

We specialise in All Types Of Pests

Deon & Leah King
0428 412 018

PO Box 313

Merredin WA 6415

State Licence No. 4294

Phone/Fax: 9041 2018

Registration No. 311

Services Listing space available!

Please contact the CRC for
further information.

9049 1688

crc@yilgarn.wa.gov.au

SOUTHERN CROSS MOTOR MART

VEHICLE SERVICING
GENERAL MECHANICAL REPAIRS

AUTO ACCESSORY SHOP

BELTS~BRAKES~SUSPENSION~EXHAUST~FILTERS~OILS

STIHL DEALER

24 HOUR

TILT TRAY TOWING SERVICE

ALL INSURANCE TOWING

LIC. MRB1159

RAC CONTRACTOR

ROADSIDE / BREAKDOWN ASSISTANCE

Phone 90491590

After Hours 0428491590

14 Orion St. Southern Cross

(On the Highway)



MOORINE ROCK
BUILDERS



Quality Work at Reasonable Prices

- 15 Year's Experience
- Repairs
- Renovations
- Maintenance
- Additions and Alterations
- Call for an estimate

Nick Walsh

Owner

Mobile - 0499 465 351

Address - 68 McInnes Street, Moorine Rock

Email - nick.mrbuilder@gmail.com



Southern Cross Tyre & Auto Services

License No: MRB5934 ARC Lic No: AU37376

8-10 Spica Street,

Southern Cross WA 6426

Ph: 9049 1172 Email: info@sxtas.com.au

Website: www.sxtas.com.au

Tyres; Car, 4WD, Truck, Agricultural &
Earthmoving

Hydraulics, Automotive Parts & Servicing,
Agriculture, Mining, Kalexpress Freight
Depo, BOC Gas & Elgas Agents, Vehicle
& Equipment Hire.

Find Us on Facebook!

Calendar of Events

Thu 16 Apr	Shire of Yilgarn Council Meeting
Fri 17 Apr	Pat & Chat Mobile Vet in town
Sat 25 Apr	ANZAC Day (Local services cancelled)
Mon 27 Apr	ANZAC Day Public Holiday
Thu 14 May	Pat & Chat Mobile Vet in town
Thu 21 May	Shire of Yilgarn Council Meeting

Looking after your mental health and wellbeing

Looking after your mental health and wellbeing is just as important as looking after your physical health, even when you are in self isolation.

It's normal and understandable to feel concerned about the Coronavirus; maintaining a regular routine each day helps.

Looking after your mental health enables you to function well and be able to cope when things aren't going so well. Some little things you can do include:



STAY CONNECTED WITH FAMILY AND FRIENDS THROUGH SOCIAL MEDIA AND BY PHONE



GET ENOUGH SLEEP



KEEP ACTIVE & GET OUT IN THE FRESH AIR BY EXERCISING IN YOUR GARDEN OR ON YOUR BALCONY



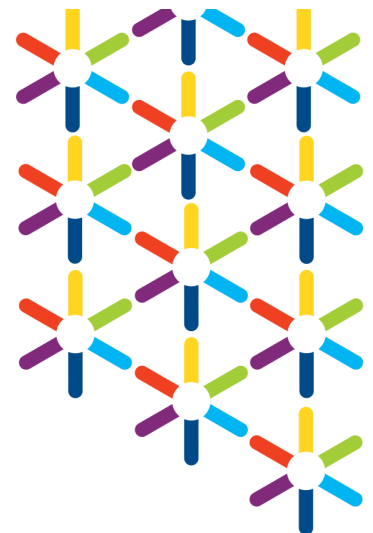
TALK ABOUT HOW YOU ARE FEELING WITH YOUR FRIENDS AND FAMILY REGULARLY



REDUCE ALCOHOL INTAKE



GET YOUR HOBBIES OUT TO KEEP BUSY



think
MENTAL HEALTH

Recycling Days

April 24
May 8
May 22
June 12
June 26

July 10
July 24
August 14
August 28